



NEW COUNCIL REPRESENTATIVES . . . Newly elected members of the Red Cross High School council from Southern Los Angeles communities met recently to make plans for this year's projects. Top, Rick Bradley, Banning High, Wilmington; bottom, left to right, Margaret Rabela and Jeff Jessop, San Pedro High; Lynette Bentley, South High; and Rosie Volch, Torrance High.

Around the World

with Stan Delaplane

"Any good restaurants you could recommend on our trip to Europe as you seem to enjoy good food . . ."

I am higher on the feeling than the cooking really. The best cooking in London is probably in the French restaurants. But I'm for the pub-style things in a pub atmosphere. Big crusty shepherd's pies. Where you pierce the brown crust top and the steamy smell of carrots and lamb comes rushing out.

Rules in Maiden Lane has the most of this. (Pheasant pie is what you want.) The Blue Post just off St. James's Street. Shepherd's in Shepherd's Market. Famous Simpson's is a gloomy place to my mind. And the excellence of the Savoy Grill is lost to me by the sheer elegance. I can stay home and get that.

None of the Michelin three-star restaurants of Paris are for me. By the time they get that third star, the place becomes a temple. And the owner a nervous priest, fearful that Michelin might defrock him next year.

There's a small cottage hidden in an alley off 30 rue Faubourg St. Honoré that looks like a Normandy inn. Small rooms. Low ceiling. No stars. Good food. (But there are dozens of fine, small restaurants in Paris.)

Since they closed Jammet's and the Old Bailey, I only go to dinner in Dublin because it's the custom. In Germany the best places are in the Black Forest. Venison with cranberries and tart white wine in dark-paneled rooms hung with antlers. Parkhotel Wehrle in Trierberg has it all.

Madrid is only so-so. Maybe it's the 11 o'clock dinner hour and everything drenched in olive oil. Lisbon's best are the fado places. Lisboa a Noite and A Severa are best. Stay with seafood and vinho verde—the white wine with just a touch of sparkle. Rome is best on the other side of the Tiber. In Trastevere. Romulo's in the garden in summer is one I like. And in Athens, the place to go is out by the harbor where a dozen restaurants are outdoors, side by side. Go across the street and point out your own lobster to be cooked. And have

a Greek salad — cucumbers, tomatoes and chunks of biting feta cheese — while you wait.

"We have heard so much about possible illness from food and water in Mexico we are almost afraid to go . . ."

I go to Mexico often. Lived in Mexico with small children. And none of us got sick. We eat salads, fruit, and drink the water. Now, we do eat in good restaurants or hotels. And at home we wash salad things in an antiseptic solution. Agreed there's some "Montezuma's revenge" around. But in Mexico, I think you just keep all the odds on your side. And stay cheerful and hopeful.

For some fine Mexican food, you must go to Las Mananitas in Guernavaca. A porch and garden setting. In Mexico City I often eat at Prendes in the old town. All Mexican. The waiters have been there a thousand years. I drink tequila and eat Mexican dishes I won't even mention here.

Dario Borzani who runs the elegant Rivoli, the BEST restaurant in Mexico City, thinks I'm out of my mind. I said: "Dario, I can't even get a tortilla in your place. It's a custom for me to go to Prendes."

For dinner anywhere around the world, the best atmosphere and grandest food fall flat if you have to dine alone. Japan's the place for the solo man. Your waitress or maid stays with you all during dinner. The Japanese have a sensible idea that it's shocking for a man to eat alone. Banzai to that!

"How can we make a present of a dinner in Europe to friends of ours? You wrote about this once . . ."

American Express has a service where such a present dinner is charged to your credit card. (There's an added \$5 service charge.) I think it's easier to buy \$20 worth of the money of the country—a number of banks package this attractively in a special folder. Put it in an envelop. Write the name of the restaurant you recommended on the outside.

Tartar Teen Talk

By Betsy Tomita

The Top 15 finalists for homecoming have been announced at a pep rally. The girls are Trudee Peterson, Barbara Moffit, Marilyn Denler, Barbra Le Grande, Jaimie Hines, Carmen Ricaurte, Diane Shigekuni, Linda Wilson, Phyllis Nancy, Patty Sharpe, Sandy Nourse, Marcia Wark, Claudia Pederson, Annette Villar, and Amata Navamarat, who is the AFS student chosen honorary member.

Torrance High placed fourth at the South Bay League Mathematics contest among 15 schools which participated. David Opstad won first place for the sophomores and Keith Marzello tied for third place for the sophomore award.

There were four topics in the meet, fractions, quadratics, Logi, and simultaneous equations. Each test lasted 10 minutes with three questions on each one.

THE VARSITY cross country team was a narrow victory over Palos Verdes with a score of 39-40. This marked the first time Palos

Verdes has ever been beaten on their home course in more than four years. The cross country team has so far gone undefeated and will meet Morningside today at Torrance.

Representatives from the Women League of Voters discussed proposition issues, coming up in the next election, with seniors in their government classes. After the representatives explained the purpose of the proposition along with the pros and cons of it, seniors could ask questions. The seniors were very curious about proposition A, which concerns rapid transit.

SENIORS were awarded \$75 for winning the PTA membership drive contest.

There are 13 Spanish speaking students at Torrance High from Cuba or Mexico. Only two of these students speak English. Preparations are being made to place these students in classes with Spanish speaking teachers and plans are under way for a tutoring service by Spanish speaking Tartars.

Visiting Nurses Service

Variety Marks Day For Visiting Nurse

(Editor's Note: This is the third in a series of articles about the agencies which receive help through the United Crusade. The Crusade curatorial fund drive with a goal of \$45,000 in the Harbor Area.)

The visiting nurse has a busy day ahead.

At 10 a.m. she'll meet with the family of a diabetic to teach them how to give his shots of insulin and to advise them on his diet. Next, she'll instruct a new mother, just home from the hospital, how to bathe and care for her newborn child. After that, an injection of Vitamin B to a patient with neuritis, followed by visits to patients with cancer, heart disease, allergies.

And always, in all the homes, she'll administer loving concern and human sympathy, concern for those who will soon be well and self-sufficient again; concern for those who will always be handicapped; counsel for those who are experiencing the joy of a new-born baby; counsel for those who have undergone a physical tragedy and whose lives will never be the same.

THE VISITING nurse is a special kind of person with

a special kind of responsibility. She can't tell a supervisor at her desk around the corner or the resident physician on the floor above. Once she is in the home, the decisions are hers to make, and hers alone.

All day long she sees her patients in their homes, in the environment where they live: homes of the poor, homes of the aged and infirm and homes where the newborn is yet to arrive and homes of all ages in between. In all these homes, she lessens pain, helps her patients to a better understanding of their problems, and awakens new hope for the future.

She stays as long as is necessary to give the prescribed treatment. Her visits may last an hour, or more, or perhaps less. Her fee is based on the actual cost of providing the service, for the Visiting Nurse Association is a non-profit organization. If a family is unable to pay all or part of the fee, United Crusade provides the remainder.

THE VISITING nurse works under supervision of the patients doctor and gives home nursing care, rehabilitative therapy, and health supervision to any person who needs skilled nursing care but does not have to be hospitalized. Her goal is to help each patient become as self-sufficient as possible, because she believes that the ability and opportunity to do as much as possible for one's self is a basic ingredient of human dignity.

The Visiting Nurse Association serves patients in more than 20 communities in the Harbor and Southwest areas.

When she enters a home, the visiting nurse is alert to all the needs of a family — additional needs which a visiting nurse could fill, or needs which could be served by another agency. While giving grandfather an injection for edema, she might advise a granddaughter

ter on prenatal care, or recommend a family service agency for a child with behavior problems.

BECAUSE its staff consists of physical therapist and home health aides as well as nurses, the Visiting Nurse Association is able to fill a wide scope of health needs. Therapists provide rehabilitative training for patients who have suffered disabling illnesses; home health aides assist patients with personal hygiene and offer help with eating and meal preparation.

Referrals to the Visiting Nurse Association come through a physician, a social service agency, a friend or neighbor, or direct from the family of the patient himself.

Anyone who wants the service of a visiting nurse, or who knows someone he feels could benefit from the service, may contact the Visiting Nurse Association.

Keep on Walking, CHP Says

What should you do when you're walking, half way across the street, and the signal suddenly says, "Don't Walk"?

"You should keep walking," Capt. P. J. Ford of South Los Angeles Area office of the California Highway Patrol says. "Some people panic when they're out there in traffic and they suddenly see 'Wait' or 'Don't Walk' in front of them. But they shouldn't worry. That signal is for people who haven't stepped off the curb yet, to let them know that there's not enough 'Walk' time left for them to get across the street. The walker on his way should continue."

MANY fatal accidents involve pedestrians, Captain Ford said, and it is as important for walkers to understand the signals as for drivers.

Whenever a traffic signal exhibiting the words "Walk" or "Wait" or "Don't Walk" is being used concurrently with regular green, amber and red light traffic signals, the pedestrian should watch for and obey the "Walk," "Wait," and "Don't Walk" signals. Drivers should obey the lights at all times, Captain Ford said.

Officers Elected By Choir

Mrs. Pat Byers, choral director, has announced the officers elected for the South High Concert Choir.

Elected to office were Joe Valentino, president; Bob Baxter, vice president; Ruth Phinney and Jill Dailey, secretaries; Paula Johnson and Donna Ramsey, librarians; Robin Flint, wardrobe manager; Gail Stohland, accompanist; and Vickie Greenberg, treasurer.

Concert Choir members plan for this year a campaign to provide additional monies for their uniform fund, the annual Christmas concert, various off-campus engagements, and an evening of "Music Under the Stars" scheduled for early June.

Choral repertoire includes such selections as Jerome Kern's "Themes from Showboat" to the 16th Century composer Thomas Luis Victoria's "Jesu Dulcis Memoria."

Square Dance Class to Begin

A class for beginning square dancers will be sponsored by the Beachnuts Square Dance Club starting Monday, Nov. 14, from 7:30 to 10 p.m. Classes will be held at Billy Mitchell School, 14429 Condon Ave., Lawndale. Instruction is by Lee Payne.

Donation of \$1 per lesson includes refreshments.

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AN OPEN LETTER

From The Committee To Prevent Alan Cranston From Representing California In The United States Senate.

Committee To Prevent Alan Cranston From Representing California In The United States Senate.

Dear Fellow Californians: Recent polls indicate the possibility of Alan Cranston becoming the winner in the present contest for the United States Senate.

If this were to occur, we firmly believe that it would be a tragedy both for the State and the Nation.

America today is facing the greatest crisis in her history. This crisis exists in our courts, which have usurped the power of the congress, issuing edicts that are clearly the prerogative of the legislature. They have overruled the traditional rules of law, and as a result have freed criminals, and encouraged pornographers, dope peddlers and anarchists.

It exists in our universities and our colleges, where the facilities of our finest educational institutions are being diverted to the teaching of revolution and anarchy. Recently, Ernest Mandel, the youth leader who is credited with starting the French revolt, which all but overthrew the government of France (who has since been banned from France), spoke on the campus of Rutgers University. He, together with a substantial group of the nation's educators, outlined a plan for the bringing about of a comparable revolution in America with the ultimate objective being the overthrow of our present government. Groups who openly advocate anarchy and the revolutionary overthrow of our government dictate to, and intimidate the administrators of our colleges by the most unbelievable kind of violence and coercion.

It exists now in our high schools where the chaos in our colleges is spilling over. Recent revelations show that a substantial number of our high school students are being subjected to the use of marijuana and other types of drugs.

It exists in virtually every phase of our society where the baser elements are taking over, encouraged by the permissiveness that has emanated from the federal government during the past decade. The federal government and the federal courts have not only failed to check this program of permissiveness but have actually interfered in the areas of local law enforcement.

This permissiveness has been made possible, in our opinion, by the influence of the ultra liberal left in our political society. They have been successful in defeating all efforts to contain this influence. We do not question the sincerity of many of these persons who call themselves liberals but they have permitted themselves to be influenced, and used by persons who are clearly aligned with our enemies. Their good intentions do not mitigate the damage that their bad judgement has created for our society. We, therefore, believe they have forfeited their right to any further confidence by the American people, and the people of California.

Mr. Cranston since entering politics in California has aligned himself with the ultra left in our state political structure. In 1953 he participated in the formation of the California Democratic Council and was elected its first president. The founders of CDC followed the demise of the Independent Progressive Party, which openly supported communist candidates for office in 1952. Thousands of the persons who were registered with the Independent Progressive Party became members of the CDC upon its formation.

Since its formation it has advocated an extreme leftist position on most issues. It has made no secret of the fact that its basic purpose was to bring pressure within the Democratic Party in California to get its position adopted by the Democratic Party and to get persons into office who would support and further its position. The following is a list of some of the programs and positions it has advocated over the years:

1. Admission of Red China into the United Nations
2. Amnesty for draft evaders
3. Release from prison of Communist conspirator Morton Sobel
4. Setting up of police review boards
5. Abolition of House Committee on Un-American Activities
6. Curtailment of United States sovereignty through creation of a World Government
7. Abolition of all Federal and State loyalty oaths
8. Stopping the bombing of North Vietnam and negotiate directly with the Viet Cong
9. Opposition to the Subversive Activities Control Act
10. Amnesty for all Californians convicted for civil rights demonstration offenses

Alan Cranston has been a leader of the California Democratic Council and an advocate of its policies since it was founded. He has never concealed his affinity for the ultra left position. He has approved and supported the program of permissiveness which is at the root of our problems in maintaining a decent and free society. Therefore, if the people of this State send him to the Senate they should know exactly what he will stand for — permissiveness in our domestic society, compromise and appeasement of our foreign enemies and a complete disregard of the subversives and the anarchists that are systematically and certainly destroying our free society. His present position on Vietnam is a case in point; namely, unconditional cessation of the bombing, thus, accommodating Hanoi's demands.

We believe that if the voters of California examine the facts they will overwhelmingly reject his candidacy.

We do not question his loyalty. We are not asking you to judge his motives. We do ask you to look at his record and ask yourself: DO YOU WANT THIS KIND OF A PROGRAM CONTINUED IN AMERICA?

We believe the answer is obvious. Please join us to see that California is not represented in the United States Senate by Alan Cranston.

Respectfully,
Committee To Prevent Alan Cranston From Representing California In The United States Senate,
Ben Roth, Chairman

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