



# Enjoy The Quality, Freshness And Variety Of Foods Co. Meats



USDA CHOICE TENDER AGED STEER BEEF FULL CUT

**ROUND STEAK**  
**73<sup>c</sup>** lb.

USDA CHOICE STEER BEEF

**RUMP ROAST**

**73<sup>c</sup>** LB.

USDA CHOICE STEER BEEF BONELESS ROUND STEAK

**87<sup>c</sup>** LB.

USDA CHOICE TENDER AGED BEEF INDIVIDUAL SIZE  
**SPENCER STEAKS** ..... **\$1<sup>89</sup>** LB.  
 USDA CHOICE STEER BEEF **BREAKFAST and BUTTER STEAKS** .. **\$1<sup>19</sup>** LB.  
 FRESH EXTRA LEAN **GROUND ROUND** ..... **73<sup>c</sup>** LB.  
 BRISKET OR ROUND **SHENSON'S CORNED BEEF** TRIMMED & FLAVORED TO PERFECTIO<sup>n</sup> **89<sup>c</sup>** LB.

USDA CHOICE STEER BEEF **BONELESS**  
 • TOP & BOTTOM ROUND  
 • CUBE • CHICKEN FRY and • RIB  
**STEAK**  
**95<sup>c</sup>** LB.



USDA CHOICE AGED STEER BEEF **ROLLED SIRLOIN TIP ROAST**  
**\$1<sup>09</sup>** LB.



FRESH GRAIN FED **EASTERN PORK PORK LOIN ROAST**  
 3-LB. AVG. WT. **49<sup>c</sup>** LB.

PRE-CARVED--2 to 3-LB. AVG. WT. **PORK ROAST** **59<sup>c</sup>** LB.

BAKE OR BBQ • MEATY COUNTRY STYLE **RIBS** **65<sup>c</sup>** LB.

HORMEL RED LABEL **BACON** SLICED 1-LB. Pkg. **59<sup>c</sup>**

RATH PORK **SAUSAGE** 1 lb. Roll **39<sup>c</sup>**

HORMEL BROWN & SERVE **LINK SAUSAGE** 8-oz. Pkg. **59<sup>c</sup>**

**FRESH EASTERN PORK CHOPS**  
 LEAN BLADE CUT CHOPS **59<sup>c</sup>** LB.  
 FAMILY PAK Selected CHOPS **69<sup>c</sup>** LB.  
 CENTER CUT RIB CHOPS **79<sup>c</sup>** LB.  
 FRESH LOIN PORK CHOPS **89<sup>c</sup>** LB.  
 STUFFED PORK CHOPS **98<sup>c</sup>** LB.  
Stuffed with our own special dressing  
 WAFFER-THIN PORK CHOPS **\$1<sup>09</sup>** LB.

**TASTE O'SEA seafood**  
 BREADED-READY TO HEAT & EAT  
**FLOUNDER** . . . **89<sup>c</sup>**  
**PERCH** . . . . . **69<sup>c</sup>**  
**SHRIMP CAKES** **79<sup>c</sup>**  
 FISH STICKS and CAKES **59<sup>c</sup>** LB. **CRAB CAKES** **89<sup>c</sup>** LB.

USDA INSPECTED **PLUMP EASTERN DUCKS**  
 4-5 LB. AVG. WT. **49<sup>c</sup>** LB.

