

TO PREPARE FOODS . . . Mrs. Niki Spelous of Torrance will delight the taste buds of persons visiting the Art for Fun(d)'s Sake this weekend at the Nortronics Research Park on the Palos Verdes Peninsula. Mrs. Spelous and her granddaughter, Dinae Cunningham, sample some of the Greek foods which will be featured at the annual fund-raising art and cultural show.

## **Greek Foods Featured** At Peninsula Art Show

be able to eat their fill at the Gourmet Food Secton of Art for Fun(d)'s Sake Art Festival this weekend on the grounds of the Nortronics Research Park on the Palos Verdes Peninsula.

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Mrs. Niki Spelous of Torrance will provide many of her Greek delicacies made from recipes she brought to this country from her native Athens 13 years ago.

When Mrs. Spelous lost her husband, she had four small children to raise — the youngest was a month old and the oldest was 7. She turned to what she did best, cooking. It is Greek custom to provide a dowry for mar-riagable daughters, and per-haps this fact (she has three daughters and a son) prompted her to come to the United States. She operated a Greek restaurant in the area until three years ago when the serious illness of

her mother caused her to give it up. HER CHILDREN are all

grown now and two are mar-ried, but Mrs. Spelous is still cooking. She supplies several a r e a restaurants her delcacies and also does catering.

Some of her menu items will be Pasticio, a hot dish will be Pasticio, a hot dish of macaroni cream, meat and cheese (sort of a Greek la-sagna); Doimades, grape leaves with rice, onions, mint and spices; Espaniko-pita, a spinach pie made wth fresh spinach, onion, eggs, two kinds of cheese and pas-try dough, Among the many try dough. Among the many desserts will be Baklava, a Greek - Turkish - Armenian-Jewish dessert of paper-

### Homeowners Incorporate

Papers incorporating the Southwood - Sunray H o me owners Association as a non-profit corporation have been filed with Secretary of State Frank M. Jordan.

Lovers of Greek food will thick pastry in layers with honey; yoghurt cake and Greek cookies.

Besides food and drink items of all kinds, the Fes-tival also features artists and craftsmen working at their specialties, ethnc folk dancing, a businessmen's band led by famed orchestra lead-er Stan Kenton, an art auc-tion and displays from several leading La Cienega art galleries. . . .

UNDER THE direction of professional artists, children will participate in artistic will participate in artistic endeavors of all kinds. Last year over 3,000 art projects were com pleted. High schools and colleges will ex-hibit arts and crafts and cartoons by Paul Conrad and Inter landi will be displayed. There should truly be something of interest to everyone at this year's Festival.

Mrs. Robert Coors is chair-man of the Festival, and Mrs. Lawrence Bayer is pres-ident of the Palos Verdes Community Arts Association.

Community Arts Association. Festival grounds will be open from 11 a.m. until 6 p.m. Proceeds from the fes-tival will go toward the building of a cultural center in Palos Verdes. Last year more than 10,000 people at-tended the Festival, and 15,000 are anticipated this year.



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# South Undergoes 68-69 Evaluation

traton, faculty and students will be evaluating the instructional program to re-new its accreditation during this school year. South High received maxi-

mum accreditation in 1964, approval of the instructional program for a five-year pe-riod by the Western Association of Schools and Colleges.

Dr. John B. Brinegar, Superintendent of the Clare-mont Unified School District,

Principal Dr. John A. of the Visiting Committee by Lucas has announced that committee members selected South High School adminis- the association He and other the association. He and other from throughout the state will study the evaluation report and visit the South High campus April 14 to 16 for final appraisal.

The Western Association of Schools and Colleges is the regional accreding asso-ciation. The roster of accred-ited schools, published by this association, becomes the official list to be used by those institutions and gov-

has been named Chairman ernmental agencies wshng to

recognize the accredited secschool is not only meeting ondary schools of this area. minimal standards but is ac-In addition, the certificate tively engaged in a continu-issued to the school signifies ous process of upgrading all to the Board of Trustees and aspects of its educational to the community that the program.

#### Teacher Serves On Area Board

man of the West High School Foreign Language Department, has been selected a member of the exeuctive board of the Spanish Section of the Modern Lan-

Mrs. Lynn LeFleur, chair- guage Association of South-

eern California. Mrs. LaFleur will serve 28 Mrs. Larieur Will serve as hospitality chairman and assist in planning the an-nual conferences and the Spanish Section meeting to be held in May.

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### 1,500 Schools Expected To Enter Essay Contest

Students from more than trip to Washington, D. C. 1,500 public and parochial schools in the area served by Vons Grocery Co. are exduring Inauguration Week next January.

pected to submit essays on the subject, "The President As a Leader" in an educational contest sponsored by Vons.

The contest is open to fifth through eighth grade stu-dents. Eight students, two from each of the eligible grades, will be awarded an all-expense paid three-day

Good Thru Oct. 13

Two teachers will be chosen from among the schools having winning students to

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serve as chaperones. While in Washington, the students will tour sights of historical interest, meet with highlevel government leaders, study Congress in action, and view the Inauguration Ceremonies



