

# Coffee Break

By Adeline Daley

Since I have always admonished my own children about the dangers of smoking, I'd be the last to be against the U. S. Surgeon General's ruling which requires cigarette packs to carry the printed warning they do. Although, come to think of it, when wasn't smoking considered unhealthy?

However, I can't help but think it's a little unfair, because I can think of a dozen other items used in this household which ought to include some sort of cautionary note, beginning with the candied apples on a stick I purchased earlier this week.

"Caution," it should have stated on the stick, "the caramel used in this candied apple has the consistency of a block of cement and may cause damage to the teeth, either by the loss of a molar, fillings, \$200 inlays and or both. Adults should be especially forewarned that any attempts to "start" one, that is, by biting into it first for a small child whose own teeth cannot penetrate the surface, is particularly hazardous.

And why shouldn't eggs be stamped with their cholesterol count? Not to omit the number of carbohydrate grams in other foods, the latest scourge. Then there are such obvious ones as cautioning those who like chocolate candy that it may cause zits besides adding extra pounds; and coffee causing possible loss of sleep.

Other cautionary statements I'd like to see would include these:

"This package of cereal contains a complicated, flimsy, plastic toy which may bring frustration, irritability and cause possible irrational acts when one attempts to assemble it."

"Although this refrigerator is advertised as 'frost-free,' care should be exercised when using pick-ax and blow torch when extracting trays of ice cubes and other items solidified in the freezing compartment."

"Opening this beverage can with the pull-out tab may cause lacerations of thumb and severe bleeding. It is advisable to have medical supplies handy."

"Users of this hair coloring preparation should be forewarned that they'll need another bottle in about three weeks. The manufacturer would also like to caution that although the company believes blondes have more fun, they may have to work harder at it than brunettes."

"Nota Bene: This ball point pen is guaranteed to write under water and on a buttered surface although not always in normal use."

"Once this plastic raincoat is removed from this small bag, you will never be able to fold it back again."

## Engagement Announced

Mr. and Mrs. Gerald Knoblauch of 22841 Kent Ave., Torrance, announce the engagement of their daughter, Nancy Joan, to Joe Franco, Jr., son of Mr. and Mrs. Joseph Franco of Pear Blossom, Calif.

Miss Knoblauch, a North High graduate, is attending California State College at Long Beach and is affiliated with Delta Zeta sorority. Her fiance, also a North High graduate, attended El Camino College and is now attending California State College at Long Beach.

The couple plans a January 1969 wedding.



MRS. HARLEY GRAY  
... Honored at Convention

## Local VFW Women Cited at Convention

Attending the recent Veterans of Foreign Wars Department Convention held at the Statler Hilton in Los Angeles were Mmes. Harley Gray, president of the Ladies Auxiliary, Lomita Post 1622, Lawrence Phelan, Jr., vice president; Ernest Hackett, secretary; and Daniel Wines, chaplain.

Mrs. Gray is serving her second year as president of the Lomita auxiliary. She has been installed as a guard in the Fourth District and during convention was installed as editor of "Echo," the official publication of the Ladies Auxiliary to the Veterans of Foreign Wars of the United States, Department of California.

Lomita Auxiliary was awarded 11 citations and a check from the California Department. The local auxiliary also received a national citation for Community Service activities and was given a check for achieving the highest percentage in membership gain in their division.

Representing the Lomita Post at the convention were Ernest Barratt, commander; Harry Armacost, junior past commander; Edwin Myers, junior vice commander;

John Wurm, blood-bank chairman; Donald MacPherson, quartermaster; and Harley Gray and Henry Myers, members. Harley Gray is junior vice commander of the 4th District, Department of California.

The Lomita Post also received a national citation for community service and took 6th place in the Buddy Poppy display competition.

## Visit Yellowstone

Mr. and Mrs. Joseph MacDonald, 1420 Acacia Ave., have returned from a two weeks trip to Yellowstone National Park.

## Pediatrician to Speak To Twins Mothers Club

Dr. Kenneth Zike, chief of the division of ambulatory pediatrics at Harbor General Hospital, will be the guest speaker at the meeting of the South Bay Mothers of Twins Club Monday evening, July 15, at 7:30 p.m. at Arturo's Restaurant in Harbor City.

Dr. Zike, who will be presented by Mrs. Jack McLaughlin, first vice president, is assistant professor of pediatrics at the UCLA School of Medicine and this summer will be conducting a study involving the visual discrimination in twins. He will explain the aims and procedures of the program at the meeting and encourage the mothers' participation in the study.

Mrs. Sydney Smith, who will be conducting her first meeting as president, will lead the discussion of the annual Family Picnic to be held at Holly Glenn Park in Hawthorne on July 21.

Mmes. Carl Sorenson, Torrance, and Charles Reddick, Redondo Beach, will serve as co-chairmen on their year's event.

Also featured will be the regularly monthly exchange table with Mrs. Samuel Plon, of Torrance, in charge.

Anyone interested in more information concerning the club may call Mrs. Bill Clements, Manhattan Beach, membership chairman.

## Entertains at Bridge Party

Mrs. Don Wolf entertained her club at a bridge-luncheon Monday at her home, 21804 Halldale Ave.

At the conclusion of the bridge games, high score was held by Mrs. D. P. Quinlivan and second by Mrs. Carol Albright.

Mrs. Wolf's guests were Mmes. Carol Albright, Allan Moore, D. P. Quinlivan, and D. Leighton.

Mrs. Albright will be the hostess to the club on July 15.

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