Physical Fitness Stressed in Y's Program



Working At a V Rollup

Exercise is one of the most popular items for women on the winter program at the Torrance YWCA. Interpretive dance techniques are used to teach grace of movement and for silmming and trimming the body. Working at keeping physically fit as they do a V rollup are, from left, Mmes. Janet Camilli, Wayne Haslam, William Lipkowski, and Kenneth McClister.



Bel Canto Singing Method

Reciprocity

Planned By

Local Club Mrs. A. E. Glad, president Marina District 18, CFWC, will be among the honored

guests at the Reciprocity and Federation Tea given

by the Torrance Woman's Club on Wednesday, Jan. 17, at 1 p.m. at the clubhouse,

Officers of Marina Dis-trict 18 have been invited to this annual affair as well

as the presidents of the 27 clubs in the district.

clubs in the district.

Mrs. D. Boone Kirks, literature chairman, has planned the program, "Don't Take Greeting Cards for Granted." Mrs. Kirks is a professional versifier for several of the top name greeting card manufacturers. Members will participate in the program by

pate in the program by bringing cards they have re-

ceived or purchased, and awards will be given for the "funniest" and the "clever-

Mrs. Kirks will show slides of some of her greeting

"The Troubadors," a 15-member vocal group from Torrance High School, will complete the program. Mrs. H. R. Richards is

chairman of the tea which will be served at the close

of the afternoon.

1422 Engracia,

A rare opportunity to learn to sing is being offered at the YWCA where Adrian Rosati is teaching com-munity singing in the bel canto method. Bel canto which means "beautiful song" in Italian, stresses the development of voices through correct breathing, distinct enunciation and perfect control of the vowels in bringing out resonance and volume. Here, Vicki Cederquist, assistant program director at the Y, gets instructions from Rosati while Frank Meyer plays accompaniment

(Photos by Press-Herald)

Family Fun Sparks YW's Winter Agenda

Torrance YWCA announces that its winter session, now open for registration, has been designed for every member of the family, for self improvement, a new hobby, or fun. Special emphasis has been placed on physical fitness the fun way.

I're-school children's classes include tumbling, ballet, rhythm band and crafts, Designed to teach co-ordination and balance, the classes also help pre-school children prepare for a school situation.

For the elementary school student, besides the regular classes in ballet, tap dance, guitar and piano, the YWCA is featuring a session in magic for boys and girls, Mr. Scott Kinney, instructor, says that along with developing an exciting hobby, the child learns dexterity and ability to perform before an audience.

The teenagers and pre-teens are given classes in oil painting, guitar, bel canto singing, piano, charm and ballet. Special emphasis for both boys and girls is the Karate class, teaching the art of self defense. This class for teen agers meets Tuesdays from 7 to 8 p.m.

For women, a program is offered in physi-cal fitness, self improvement and hobbies. Mod-ern interpretive dance, exercise using dance techniques, teaches grace of movement as well as slimming and trimming the body. There are daytime and evening classes.

Stressing self-improvement, the YWCA is again offering popular classes in hairstyling and makeup, both evenings and daytime.

Both men and women are offered a program in bel canto singing, karate, bridge, guitar, oil painting, square dancing and popular

For adults, the YWCA is featuring two new classes, one in International Travel and the other in Vocational Guidance, for women the other in Vocational Guidance, for women interested in going back to work. The travel class will offer help with itinerary, different means of transportation, money exchange, new places to see, health suggestions, packing tips and basic foreign languages.

The Vocational Guidance and the second seco

The Vocational Guidance class, one night a week for eight weeks, includes testing, counseling, speakers in job opportunities, employment, interview and training opportunities.

* * A special feature for the young mother is the child care available at the YWCA, while she is enrolled in a daytime class.

To secure more information on time, day and fees for these activities, interested person may visit the YWCA at 2320 W. Carson or call the Y.

Look To The **Future**

New officers of the Altar Society of St. Margaret New officers of the Altar Society of St. Margaret Mary Catholic Church in Lomita, installed in ceremonies Jan. 10, show their plans for the future to Rev. Harold Cremmins, assistant pastor. They are, from left, Mmes. Harry Kersten, Jr., financial secretary; James L. Smith, first vice president, Pasquale Gallo president, talking with Father Cremmins, and Mrs. Warren Jones, secretary. Funds raised during the 1967 year under the direction of Mrs. William Irons, have been used to purchase equipment for the new parish hall nearing completion. Installation ceremonies were conducted by Mmes. Francis Orsini and J. D'Ambrosia.

(Press-Herald Photo)

(Press-Herald Photo)



Land of Fantasy While their mothers are participating in the activities at the Torrance YWCA, these youngsters are given a chance to use their creative abilities. In the craft class, children create all sorts of things from clay. Having fun are, from left, Lisa Haslam 4½, Elena Lipkowski 3, and Teri McGlister 3.

Press-Herald

Social World

JANUARY 14, 1968

Edna Cloyd, Editor

South Bay Concert Association

Elects Officers for Season

re-elected president of the South Bay Community Concert Association.

Serving with him during the coming year will be Mmes. Paul Yates, Manhattan Beach; Allen Hofferber, Rolling Hills Estates; Ronald Leon, Manhattan Beach; ronald Leon, Mannatian Beach, vice-presidents; Tallman Chit-tenden, Torrance, campaign and booking secretary; E. A. French, Manhattan Beach, corresponding secretary; and Rolland Pontius, Hermosa Beach, treasurer.

New chairmen announced are Mmes. Allen Hofferber, member-ship; Harold Batesole, Rolling ship; Harold Batesole, Rolling Hills, assistant membership; Paul Blake, Manhattan Beach area; F. C. Westerhout, Hermosa Beach area; William Mallory, Redondo Beach and Hollywood Riviera areas; Michael Paton, Torrance, Rolling Hills and Palos Verdes areas; Ronald Leon, concert

Others are Mmes. Lawrence Hewett, press; Norman Neblett, program; Robert Wilhelm, au-ditorium; Alan Cherry and Normen; and Mr. William Mallory, historian.

Newly-elected directors are Miss Doris Barr, Manhattan

Beach; Mmes. Harold Batesole, Rolling Hills, Alan Cherry, Palos Verdes; Ronald Leon, Manhattan Beach; Michael Paton, Torrance; and Mr. Robert Wilhelm, Man-hattan Beach. South Bay Community Con-

south Bay Community Con-cert Association, a non-profit or-ganization, is inter-community in scope and operated by volun-teers from each South Bay Com-

It provides top quality artists for a modest membership fee through the organized audience

through the organized audience plan. Admittance is by card only. The eighth annual membership drive will be conducted for one week, starting Feb. 26.

Three concerts remain in the 1967-68 series, Ella Lee, soprano, Jan. 26: Ruth Page International Ballet, Feb. 18; and David Barllan, pianist, March 9. All concerts are held in the Mira Costa school auditorium, 701 Peck St., Manhattan Beach. Manhattan Beach.

A Board of Directors meeting will be held Tuesday evening Jan. 16 at the home of President and Mrs. F. C. Westerhout.

For information regarding membership or the association Mrs. Michael Paton may be

'Gay 90s' Revue Set

Torrance Moose Lodge 785 and the Women of the Moose Chapter 44 will combine talents to stage their eighth annual "Gay 90s" Revue at the Moose Hall, 1744 W. Carson St., on Satur-

day, Jan. 20.

Headed by Jody Clay and Carl Fisher the cast includes Joe Powers, Bob Brown, Roy Smith, Tom Walls, Ray Adams and Red Finke Also, Jeanne Walls, Dottie Galinsky, Alice Wynn, and Caroline Stewart.

A Mexican dinner will be served at 6:30 followed by the show for which Mel Coates and Joanne Jetton will furnish the music. Elleen Coates and Gladys Finke are in charge of wardrobe and makeup. Dancing will follow the Revue.

Money raised from the event will go to Mooseheart and Moosehaven.