

Three-year-old Torrance tot Pat Glines shows that he can hula with the best of them. Pat was a visitor at the recent Hula Hoop Championship finals sponsored by the Los Angeles Department of Recreation and Parks. Nearly 100 finalists churned, twisted, and gyrated for three hours be-fore judges chose the winners. Youngsters from all over the city participated.

Group of Men Learns **Exercising Does Work**

7:30 p.m.

Support

Your

Church

Participating in a 10-week rigorous exercise course including calisthenics, weight training, running, isometrics, and swimming, the 45 "old men" met twice weekly and kept close records on improvements. provements.

AMONG THE impressive March. statistics was an average weight loss of seven pounds per man, a lowered pulse rate of 12 counts per minute, a two-inch loss around the waist and an average gain in chest size of one and one-half

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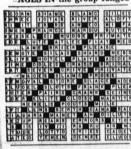
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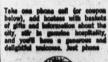
Additional records showed an average increase in sit-ups over the 10-week period was from 10 to a respectable 52. The number of pushups was

increased from 12 to 32 and the ability to run for endurance was raised to an average of 11/4 miles with the leader running 4¼ miles.

AGES IN the group ranged









Call 323-0882 MONA MARTIN

Law School Will Begin

heek program. They will be made by calling the school.

The school is approved for yeterans and credits earned may be applied toward the Juris Doctor degree and for admission to legal practice.

The conquest of light is the topic of Pacific Telephone's John Forbes before the Tornace Morman Church Boy Scouts Tuesday.

The 7:30 p.m. program will be held at 1818 W. 220th St.

Physical fitness seems to be at the back of everyone's minds these days.

But for 45 graduates of the Torrance Recreation Department physical fitness program, it was more than just a thought.

Participating in a 10-week rigorous exercise course in addition, three begin and addition, three begin and the last the process with the seems of the plot program was so successful that the oldest man improved at a rate higher class the higher of operation this month, participating in a 10-week rigorous exercise course in addition, three begin and cashing it.

The Law School of Pacific Coast University, Long Beach, will begin its 41st year of operation this month, process of the improved at a rate higher than the average.

Under the instruction of Chuck Gallicci, the group will begin an intermediate physical fitness class Tuesday.

In addition, three begin this month must file applications

Talk on Light



MOM'S PIE . . . Robert Warnock, manager of the Torrance Branch of Glendale Federal Savings and Loan Association, has extended an invitation to all area residents to visit the branch and enjoy a piece of MOM's apple pie. Mrs. Katie Downs and her son Andy show what's in store for those who visit the branch during the Month-O-Matic Jubilee, which runs through next Wednesday.

Garden Checklist

1. Lift gladiolus corms when the tops turn yellow. After they are dry, dust them with insecticide and store in a cool spot until ready to plant again.

2. Now is a good time to use a dormant spray to control overwintering pests and assuring you a beautiful spring garden. Your nurseryman can recommend the right product.

3. Prepare planting holes and soil for the new roses you pick up later this month and next at nurseries

4. Tie loose canes of climbing roses securely. Winter weather can cause loose canes to whip about and become damaged.

5. Wait another month before pruning roses. Fruit trees may be pruned any time from now through mid February.

Reagan Announces Plan To Honor Top Students

SACRAMENTO — High school seniors who have received no more than one "B" selected from entries submita
years of school would be presented a special governor's California Arts Commission
would at a submitation of the sented a special governor's california and the selected from entries submitations are sented as special governor's california and selected from entries submitations when the selected from t

sented a special governor's california Arts Commission award at graduation time under a plan advanced by Governor Ronald Reagan.

Reagan has sent a letter to the 58 county school supervide as much recognition as intendents in California, asking for their support in initiating a Governor's Scholars Program designed "to recog: an give students another innize our bright, hard working high school students who ather the school regularly and ademic achievement, thus tend school regularly and ademic achievement, thus consistently bring home outstanding grades in academic which tend to contribute to subjects."

The award presented to the scholastic mediocrity."

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CHURCH CALENDAR



For Listing Information Call DA 5-6060

NATIVITY CATHOLIC

CHURCH 1447 Engracia Ave., Torrance Phone: FA 8-2776 Rev. John P. Cremins, Pastor MASS SCHEDULE

MASS SCHEDULE
Sundays: 6, 7, 8, 9, 10:15, 11:15,
12:15 and 5 P.M.
St. Joseph's at 9:30 A.M.
BATURDAY CONFESSIONS
10:30 to 11:30 A.M.; 3:30 to 5:30
7:30 to 9 P.M.
St. Joseph's at 7:15 P.M.
BAPTISMS
Every Sunday at 1:45 P.M.

FIRST METHODIST CHURCH

Torrance
Carson and El Prado
Phone FA 8-3242
Rev. Arthur Nagel, pastor
Res. Phone FA 8-6281 SUNDAYS: Two Worship Service 9:30 and 11 A.M. Two Complete Church Schools 9:30 and 11 A.M. All ages—nursery through adults Fellowship Meeting 6:30 P.M.

BAPTIST CHURCH

4665 Sharynne Lane.
Townsee, Call
Pastor, E. C. Brumfield
Profiter 5-3457
Sunday School ... 9:48 A.M.
Church Services at 11.00 A...
—Junior and Primary Church
Baptist Tealning Union 6:00 P.M.
Evening Worship ... 7:00 P.M.
Wedneeday Prayer
Service ... 7:30 P.M.
Sursery and ... 7:30 P.M.
Sursery and ... 7:30 P.M. Services. Bus transportation services.

ST. ANDREWS EPISCOPAL CHURCH

EPISCOPAL CHURCH
1432 Engracls — FA 8-3731.
Rev. Hugh R. Percy.
B. A. B.D. Rector
7:30 A.M. Holy Communion.
9:15 A.M. Family Worship Service followed by Church School and Coffee Hour.
11:00 A.M. Morning Worship (Choral Eucharist on 1st and 3rd Sundays). Nursery provided (Child care 11 A.M. services).
Weekdays Holy Communion at 11 A.M. Thursdays and 6:30 A.M. on All Saint's Days.

ST. CATHERINE LABOURE CHURCH

Torrance.
Phone DAvis 3-8900.
Sunday Masses: 7, 8, 9, 10, 11, 12, Weekday Masses: 6:30 A.M. and S.15 A.M. 4:00 to 5:30.
7:30 to 9:00.

FIRST CHURCH OF

CHRIST, SCIENTIST

218th St. and Manuel Ave.
Torrance, Calif.
Church Services—11 A.M.
Wednesday Eve Meetings—8 P.M.
1515 A.M. and 11:00 A.M. Children
166 M. and 100 A.M. Children
167 Or enrollment, parent or guardiar
Reading Room—1406 companied by parent or guardian for enrollment.
Reading Room—1406 Cravens.
Dpen 10 A.M. to 5 P.M. daily ex-sept Sunday and Holidays. Also 7 to 9 Monday and Friday evenings.
All are welcome to attend our services and to use our Reading

FIRST LUTHERAN CHURCH FIRST LUTHERAN CHURCH
1725 Flower Street.
Phone 320-4181.
William J. Roleder, Pastor.
Phone FA 8-3249
Phillip C., Hiller, Assoc. Pastor.
Phone 679-7710.
Street Str

FIRST BAPTIST CHURCH

FIRST BAPTIST CHURCH
2118 Carson Street,
Torrance, California,
Phone: 328-5030.
Dr. Harold Fickett Sr.
Interim Pastor
SUNDAY
Two Morning Services
1:10 A.M. and 11:00 A.M.
1:30 A.M. Sunday School for All
Training Groups, 5:48 P.M.
Vanage WEDNISDAY
1:40 A.M. Sunday School Street
Vanage WEDNISDAY
1:50 A.M. Sunday School Street
1:50 A.M. Sunday School
Training Groups, 5:48 P.M.
Vanage Provided for All
Vanage Provided for All
Services.
Sound-proof Mothers' Room,
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(Disciples of Christ).

2938 El Dorado. FA 8-2820.

Rev. H. Milton Sippel, Minister.

Rev. Joseph Yong.

Rev. Joseph Yong.

Two Sessions of Church School and Morning Worsh.

Nursery provided at both sessions.

CHI RHO Fellowship.

5:30 F.M.

Christian Youth Fellowship.

7:00 P.M.

NARBONNE AVENUE SOUTHERN BAPTIST

CHURCH

24730 Narbonne Ave... Lomita
Phone DA 6-6029

Worship Service
- 7 P. M.
Church 10:50 A. M.
Sunday School 9:45 A. M.
Training Union 6 P. M. ...10:50 A.M. ...9:45 A.M.

DEL AMO SOUTHERN BAPTIST CHURCH

Collision

Snarls

Traffic

A three-car collision tied up traffic on Hawthorne Boulevard near Carson Street for a short time Tuesday.

The mishap occurred about 4:40 p.m. when a car driven by William H. Arensmeyer 73, of 1734 Juniper, hit th rear end of an automobile driven by Evelyn L. Sunshine of Lawndale, police said. The impact caused Mrs.
Sunshine's car to slam into
the rear end of an auto driv-

the rear end of an auto driven by Valerie A. Thomas of
Harbor City, according to
police reports.

Arensmeyer, unable to
make a statement of any
kind, was transporated to

Little Company of Mary Hospital for treatment of lacer ations and a possible concus

sion. His car sustained total damage.
Mrs. Sunshine's car sus-

tained major damage.

Tavern

Receipts

Embezzled

An employe of the Hi Ho Club, 1778 W. Carson, is sus-pected of embezzling \$2,000 and disappearing with his 10-year-old son.

Tavern officials told police that Paul E. Ryan, 39, of 525 Ave. G, Redondo Beach, had

heen entrusted with the club's holiday recipts, totaling \$1,800. Ryan is also suspect-ed of making out a \$200 com-pany check to himself and

BAPTIST CHURCH

3915 W. 226th at Ocean,
Torrance.
Sunday Praining Union—6 P.M.
Torship Service—11 A.M. 7 P.M.
Wednesday-Midweek Services,
G. A. & R. A. Auxillaries—
Teachers 7 P.M.
Prayer Service—735 P.M.
Choir Rehearial—3:36 P.M.
Choir Rehearial—3:36 P.M.
FR 8-7440—FR 1-3925
MORNING WORSHIP SERVICE

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FIRST CHURCH OF THE NAZARENE

R. Wallis Kornegay, Pastor Ph. FA 8-4080,

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Sunday Morning 10:30-11:30 A.M.
Worship ... 10:30-11:30 A.M.
Worship ... 10:30-11:30 A.M.
Delical Service 7:00 F.M.
Fellowship ... 7:30 F.M.
Fellowship ... 7:30 P.M.
Nursery Available
At All Services—

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1967 W. Redondo Beach Blvd.
Phone DA 4-1064.
Dr. R. Murray Jones Minister
1492 W. 153rd St. Gardena.
Studes Worship Service—10 A.M.
Suday Worship Service—10 A.M.
Suday Church Sepoci—10 A.M.
Senior Hi Pellowship and
Junior High Pellowship
Sundays at 7:00 P.M.

ST. LAWRENCE CATHOLIC CHURCH

0 Prospect Ave., Redondo B Monsignor Daniel P. Collins. Mass 7. 8, 9, 10, 11:15, 12:15. Phone 378-9329

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