

Around the World

with
Stan Delaplane

On a bright, blue, breezy day, Suva is one of the finest places in the South Pacific. It is a neat and clean typical town. A British Crown Colony. Trim green lawns. Gardens splashed with red and gold hibiscus.

Great shade trees spread giant umbrellas over the roads. A cool trade wind rustles the coconut palms.

On boat days, the Army band comes marching down to the ship (Suva does this first-class) Trumpets blaring. Drums rolling. Crimson jackets above the snow-white wraparound sulus. Bushy Melanesian hair and skin the color of coffee-and-cream.

Suva is the jump-off for the undiscovered islands — some 300 of them in the Fiji and Lau group. The hotel groups haven't come in here yet, but

there are a couple of modest places. Maybe worth finding before everybody finds them.

You can inquire at the shipping company offices. Or down at the dock where the little schooners are loading for strange ports marked on the blackboard: Moce and Levuka, Savusavu, Lautoka and the villages of the firewalkers on Beqa.

"We have never had an island vacation but are able to take four or possibly five weeks this year. Cost would be a factor . . ."

It costs a little to fly to Fiji, but these are wonderful islands. (Better hotels and food in Tahiti, but it's touristy.) I took a house in Suva. I estimate living costs at half U.S. prices.

There's one good meat market. Two supermarkets. The native market by the wharf is the wonderful place for daily shopping. Live squirming crabs and lobsters sold in green baskets of woven coconut leaf. Banana leaf piled with shrimp and fresh caught fish.

All kinds of spices — Fiji is half East Indian. Green and red pepper in little piles. Course ground salt. Brown Curry powder. Then you have the best fresh produce. Chinese cabbage. An excellent lettuce, much like limestone lettuce. The best tomatoes I've ever tasted. Oranges. Bananas. Taro. Breadfruit. (Get your cook to make rou rou. Meat seasoned with onions and spices and cooked in taro leaves.) All quite cheap.

Expensive items are cigarettes and liquor. Even Australian wines are double what we pay at home for California wines. Clothing is cheap. The town is full of Indian tailors. You can get a cook and maid for little. And they do all the laundry. Fiji beer is very good and not expensive. Fiji is like Hong Kong, a

free port. Japanese cameras and transistor radios at half U.S. prices. I got an excellent car radio for \$40. AM and two short wave bands. It pulls out of the car when you want and it runs on batteries.

"If there are disadvantages, can we prepare for them?"

Only thing I can think of is Suva is no swinging town. Night life might be Saturday night at the Grand Pacific Hotel. And that's no much. Food is so-so. You have to go to Tahiti for French night life and French cooking.

The color of Suva town and the side trips more than make up for it. There's a one-day launch trip to nearby islands. Exciting stuff over the reef seen through the glass-bottom well. (The food on his one is splendid.)

You might be able to rate an invitation to Bau island. Former home of Cakobau, nearest thing Fiji had to a king. (This was where Charlie Savage, a shipwrecked sailor, introduced the musket and set up a cannibal supermarket.) There's a three-day Blue

Lagoon cruise down to the primitive Yaswas. (Where Bligh was chased by cannibal canoes.) It's inexpensive and the food is excellent on this, too. (You eat better afloat than ashore in Fiji.)

There are excursion and economy air including other island fares. By Qantas Pan American, BOAC, Canadian Pacific.

Bike Rider Hospitalized After Crash

A car-bicycle collision involving two South High students sent the bike rider to South Bay Hospital Friday morning with a seven-inch laceration of his left leg.

Injured was 14-year-old Colin Thompson, 504 Camino de Encanto, who was heading west on Calle de Serenas at Paseo de la Playa when the accident occurred.

Car's driver was Kenneth Wright, 17, of 515 Paseo de la Playa.

Red Cross Will Give Care Class

Learning to care for the "special patient" at home will be the topic of a free Red Cross course to be offered beginning Thursday.

The class, designed for those who must care for a family member or friend who is critically ill, severely handicapped, or permanently disabled, will be taught by registered nurse Jean Brunelli, according to Mrs. Abner Kaplan, Nursing Services chairman.

The class will be held at the Red Cross Service Center, 1488 W. 1st St., San Pedro, from 7:30 to 9:30 p.m. and will continue on successive Thursday nights through July 25.

Enrollment reservations can be made by calling Red Cross.

WEDNESDAY, JUNE 19, 1968 PRESS-HERALD B-11

Coupon

BIG DONUT DRIVE-IN

1 DOZ. DONUTS

YOUR CHOICE

WITH THIS COUPON **49¢** A DOZ. REGULAR 75¢ DOZ.

BIG DONUT DRIVE-IN

COMPTON BLVD. AND WESTERN AVE.

CUT-OUT COUPON

WINNERS WILL ENJOY IN JAMAICA...

7 DAYS, 6 NIGHTS AT A LUXURY RESORT HOTEL... AMERICAN PLAN MEALS!... FIVE RESORT AREAS THROUGHOUT THE ISLAND!... YEAR 'ROUND SUMMER-CLIMATE VACATIONLAND!... DUTY-FREE SHOPPING PARADISE!... NATIVE SHOWS AND FESTIVITIES!... A WATER-SPORTS MECCA!... CELESTIAL SCENIC SURROUNDINGS!... JAMAICA HAS ALL OF THE SERVICES TO PAMPER YOU ON YOUR VACATION!

5 RESORT HOTELS! THE COLONY... Magnificent scenery from every veranda... the soaring mountains... the sea! Entertainment, dancing under the stars! TOWER INN... Acres of enchanted grounds with hidden waterfalls... white beaches! Games, sailing, entertainment! CARLYLE BEACH HOTEL... Montego Bay's newest! Authentic Jamaican atmosphere for informal relaxation. CASA MONTEGO... On Cave Beach, known as one of the 10 most beautiful beaches in the world! GOLDEN HEAD... An elaborate beach hotel and cottages. Entertainment 'round the clock!... A complete vacation paradise!

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4th of July FIREWORKS SPECTACULAR

TO THE AMERICAN LEGION SHOW AT THE LOS ANGELES COLISEUM

EACH WINNER WILL RECEIVE FOUR TICKETS TO THE ENTIRE SHOW!

5:00-7:00 PM: Jr. Baseball Championship
7:00-7:30 PM: Grand Entry Parade of USO Star and introduced by Johnny Grant
7:30-9:00 PM: Auto Destruction Derby, Wild Animal Derby, LAPD Motorcycle Drill Team, Community Ceremony, Matchlighting Ceremony.
9:00-10:00 PM: "The World's Greatest and Most Fantastic Firework Display!"

AS A PUBLIC SERVICE FOOD GIANT HOLDS ITS ANNUAL DRAWING FOR FREE TICKETS

ENTER AT YOUR FOOD GIANT TODAY! NO PURCHASE NECESSARY! DRAWING RULES POSTED IN ALL FOOD GIANT SUPERMARKETS. TICKET VALUE: ADULTS \$3.50; CHILDREN, 12 AND UNDER, 1/2 PRICE. TICKETS MAY BE PURCHASED AT MUTUAL AGENCIES, THE COLISEUM, AND THE AMERICAN LEGION, 1816 S. FIGUEROA (PHONE RI 7-5341).

JUNE IS DAIRY MONTH

PLAIN OR ASSORTED ZING SWISS IMPORTED GRUYERE 6-oz. pkg. **49¢**

FRIGO WISCONSIN MOZZARELLA BALLS 8-oz. pkg. **49¢**

FRIGO WISCONSIN CHEESE GRATED ITALIAN 8-oz. pkg. **79¢**

GOLDEN CREME YOGURT (QUART 59¢) 8-oz. ctns. **\$1**

LAURA SCUDDER MAYONNAISE

QUART JAR

43¢

GOLDEN CREME COTTAGE CHEESE

PINT CARTON

29¢

GOLDEN CREME Buttermilk quart **18¢**

MAGIC CHEF Dill Pickle Spears 26-oz. jar **49¢**

STEEL WOOL WITH SOAP pkg. of 10 **29¢**

S.O.S. Scouring Pads giant roll **29¢**

EXTRA ABSORBENT PAPER—REGULAR OR DECORATED Spa Paper Towels 22-oz. can **79¢**

Fantastik Cleaner 22-oz. PLASTIC (INCL. 10¢ OFF) 22-oz. can **49¢**

Lux Liquid Detergent HOUSEHOLD (INCL. 20¢ OFF) giant pkg. **73¢**

Spic 'n Span Cleaner DETEGENT TABLETS (INCL. 10¢ OFF) giant pkg. **65¢**

Salvo Tablets 1-lb. pkg. **39¢**

FRISCHMANN'S Diet Margarine GOLDEN CREME RANCH STYLE Sliced Bread 13 1/2-oz. loaf **22¢**

FROZEN FOODS

SLIM JIM POTATOES 20-oz. PKG. **25¢**

SARA LEE CHOCOLATE CAKE REG. PKG. **85¢**

KERMIN MEAT PIES Beef • Chicken • Turkey 4 8-oz. pkg. **89¢**

KOLD KIST (ALL 14-oz. PKGS.) BEEF STEW **49¢**

Sirloin Tips69¢
Cream Chicken69¢
Gravy & Sliced Beef69¢
Chicken & Noodles69¢
Chili & Beans39¢

NABISCO COOKIES 1-lb. pkg. **49¢**

DELICATESSEN SPECIALS

FOOD GIANT WISCONSIN CREAMY—SAVE 20¢

JACK CHEESE **69¢ LB.**

FOOD GIANT CHEESE MEDIUM SHARP TILLAMOOK REG. 98¢ **75¢ lb.**

FOOD GIANT WISCONSIN CHEDDAR CHEESE SMOOTH MILD **85¢ lb.** NIPPY SHARP **89¢ lb.**

ONLY U.S.D.A. 'CHOICE' QUALITY BEEF

CHUCK STEAK BLADE CUT **39¢ lb.**

PORK CHOPS BLADE CUTS **59¢ lb.**

U.S.D.A. CHOICE BEEF—BONELESS CHUCK STEAK 89¢ lb.

U.S.D.A. CHOICE BEEF—LARGE END Standing Rib Roast 89¢ lb.

FRESH GROUND HOURLY GROUND CHUCK 59¢ lb.

FRESH HOURLY—LEAN GROUND ROUND 69¢ lb.

U.S.D.A. CHOICE—Boneless Whole or Point Cut BEEF BRISKET 89¢ lb.

LARGE LOIN PORK CHOPS 69¢ lb.

U.S.D.A. INSPECTED CHICKEN

FRYER PARTS **59¢ lb.**

FRESH WHOLE LEGS OR BREASTS

RED LABEL SLICED HORMEL BACON 1-LB. PKG. **59¢**

U.S.D.A. CHOICE BEEF—CENTER CUT 7-BONE STEAK **49¢ lb.**

COUNTRY STYLE PORK SPARERIBS 69¢ lb.

SHURTENDA PRE-COOKED BEEF STEAKS 79¢ lb.

CENTER CUT RIB PORK CHOPS 89¢ lb.

YOUNG Turkey Drumsticks 29¢ lb.

FROZEN, PLAIN OR BREADED VIAL STEAKS 69¢ lb.

FARMER JOHN SKINLESS LINKS PORK SAUSAGE 3 8-oz. pkg. **\$1**

FILLETS OF FRESH OCEAN PERCH 69¢ lb.

FILLETS OF FRESH DOVER SOLE 98¢ lb.

ICELANDIC SKINLESS HADDOCK FILLETS 1-lb. pkg. **75¢**

ICELANDIC SKINLESS PERCH FILLETS 1-lb. pkg. **55¢**

ICELANDIC BREADED SOLE STEAKS 12-oz. pkg. **49¢**

ICELANDIC BREADED HALIBUT STEAKS 12-oz. pkg. **49¢**

DOUBLE BREASTED HEN TURKEYS PAVO **45¢ lb.**

FRESH U.S.D.A. A GRADE

24-oz. Btl. 71¢ **BOWL CLEANER TY-D-BOWL** 12-oz. Btl. **98¢** **TOILET SOAP WOODBURY** (1-cent sale) 4-Bar Pkg. **33¢**

No. 300 33¢ **SKIMMED PET MILK** 2 Tall Cans **37¢** **DEL MONTE PICKLES** Kosher or Regular Dill Halves 22-oz. Jar **47¢**

JOHNSON'S WAX BUG KILLING KLEAR 27-oz. can **\$1.05** **GREEN GIANT CREAM STYLE GOLD CORN** 2 8-oz. cans **39¢**

WHITE SHOEPEG CORN 2 7-oz. cans **37¢** **GARDEN PEAS** 2 8-oz. cans **35¢**

FOOD GIANT