

7 BIG DAYS of SAVINGS!



GOLD MEDAL • 1-LB. PKG. NOODLES SAVE 17¢ WIDE EXTRA WIDE **3^F \$1⁰⁰**

EVANS • 2-LB. PKG. • SAVE 11¢ WHITE RICE LONG GRAIN **3^F \$1⁰⁰**

DEL MONTE NO. 1/2 CAN CHUNK TUNA LIGHT MEAT **19¢**

BEST BUY SAVE 14¢

HUNT'S 32-OZ. CAN TOMATO JUICE **19¢**

WOW! SAVE 8¢

KRAFT 32-OZ. JAR MAYONNAISE **39¢**

SAVE 22¢ INCL. DEAL

ALPHA BETA OR WILSON CERTIFIED FRANKS ALL MEAT 1-LB. PKG. **49¢**

SAVE UP TO 20¢

Best for Less!
DELICATESSEN BARGAINS

SLICED • 3 OUNCE PACKAGE GALLO SALAME SAVE 10¢ **35¢**

ALPHA BETA • 6-OZ. PKG. • SAVE 17¢ BOLOGNA • LARGE • ALL BEEF **3^F \$1⁰⁰**

ALPHA BETA • 6-OZ. PKG. • SLICED CHEDDAR CHEESE **49¢**

SUNNYLAND • LOW CALORIE ORANGE DRINK HALF GAL. SAVE 10¢ **29¢**

- ★ 7 BIG DAYS of SPECIALS
- ★ CONVENIENT HOURS
- ★ **S&H GREEN STAMPS**
- ★ FLAVOR AGED TENDER BEEF
- ★ 24 HOURS Fresher PRODUCE
- ★ EVERY DAY LOW PRICES

ALPHA BETA • 15-OZ. WHITE or WHEAT • FLUFFY BREAD **23¢**

1 LB. 61¢ 1/2 LB. PREMIUM BREAD 3^F \$1⁰⁰

ALL PURPOSE FLOUR 5 LB. BAG **45¢**

ALPHA BETA • 12-OZ. BAG POTATO CHIPS **59¢**

FULLY • GRANULATED SUGAR 5 LB. BAG **57¢**

GERBER'S • STRAINED BABY FOOD GLASS JARS **10¢**

ALL BRANDS • CARTON CIGARETTES REG. or KING SIZE **\$2¹⁵** PLUS TAX



We Give America's Most Valuable Stamps...

S&H GREEN STAMPS



NOW'S THE TIME TO BUY PORK CHOPS

BLADE END PORK CHOPS **49¢ LB.**



Best for Less!
PRICES EFFECTIVE THURS. thru WED. MARCH 16-22

LOIN END CHOPS **59¢ lb**

CENTER CUT CHOPS ... **89¢ lb**

SLICED PORK LOIN ... **69¢ lb**

PORK SAUSAGE FRESH GROUND COUNTRY STYLE **49¢ lb**

IOWA MAID • 1-LB. PACKAGE SLICED BACON **49¢**

EASTERN QUALITY BACON AT A LOW, LOW PRICE!

OSCAR MAYER • 12-OZ. PKG. SMOKIE LINKS **69¢**

ALPHA BETA Trimal-Rite COLORADO-FED BEEF T-BONE STEAK TENDER FLAVOR-AGED **\$1⁰⁵ LB.**

ALPHA BETA Trimal-Rite COLORADO-FED BEEF PORTERHOUSE TENDER FLAVOR-AGED **\$1¹⁵ LB.**

ALPHA BETA Trimal-Rite COLORADO-FED BEEF TOP SIRLOIN TENDER FLAVOR-AGED BONELESS **\$1⁴⁹ LB.**

Fresh SEAFOOD

FILLET OF RED SNAPPER **69¢**

SLICED HALIBUT CENTER CUT **69¢**

JUMBO • GREEN SHRIMP **\$1⁸⁹**

EVERY DAY EXTRA LOW MEAT PRICES

ALPHA BETA Trimal-Rite TENDER FLAVOR AGED COLORADO-FED BEEF

- **CHUCK ROAST** BLADE CUT **49¢**
- **CALIFORNIA ROAST** **69¢**
- **BONELESS 7-BONE** **79¢**
- **SHOULDER CLOD** BONELESS ROAST **89¢**
- **RIB ROAST** LARGE END **89¢**
- **RIB ROAST** SMALL END **\$1.09**
- **ROUND STEAK** FULL CUT **89¢**
- **CUBE STEAK** **\$1.19**

GIGANTIC FROZEN FOOD SALE *Best for Less!*

ALPHA BETA • FAMILY PACK • SQUARE CARTON ICE CREAM HALF GALLON SAVE 10¢ **59¢**

SWANSON'S • 8 OUNCE SIZE • SAVE 20¢ MEAT PIES • BEEF • CHICKEN • TURKEY **4^F \$1⁰⁰**

VAN DE KAMP'S • FROZEN • SAVE UP TO 18¢ HALIBUT (8-OZ.) or COD (9-OZ.) **69¢**

IDEAL • 5 OUNCE PACKAGE • SAVE 5¢ FROZEN WAFFLES **10¢**

MINUTE MAID • 6 OUNCE CAN • SAVE 12¢ ORANGE JUICE 12-OZ. CAN **5^F \$1⁰⁰**

MORTON'S 14-OZ. SIZE CREAM PIES **25¢**

5 VARIETIES SAVE 10¢

FARMDALE 10-OZ. PKG. FROZEN PEAS **10¢**

SAVE 7¢

SARA LEE ALL VARIETIES CAKES & PASTRIES **69¢**

SAVE 20¢

IDEAL • FROZEN • 10-OZ. PKG. SPINACH • LEAF • CHOPPED **6^F \$1⁰⁰**

FROZEN • UNBAKED BRIDGFORD BREAD PKG. OF 3 LOAVES **59¢**

IDEAL • 24-OZ. PACKAGE • SAVE 10¢ SHOESTRING POTATOES **39¢**

ORE-IDA • 7 OUNCE PACKAGE ONION RINGS **39¢**

RUSSETTE • 2-LB. BAG HASH BROWN **4^F \$1⁰⁰**

ROSARITA • 4 VARIETIES • FROZEN ENCHILADA DINNERS **49¢**

BEAN BURRITO 39¢ GREEN CHILI BURRITO 49¢

WE RESERVE THE RIGHT TO REFUSE SALES TO COMMERCIAL DEALERS • SALES TAX COLLECTED ON TAXABLE ITEMS

HILLS BROS. COFFEE REGULAR or DRIP GRIND 1-LB. CAN **69¢**

2-LB. CAN REG./DRIP ... \$1.37 10 OUNCE INSTANT ... \$1.35

VERMONT MAID • 24-OZ. BOTTLE MAPLE SYRUP **69¢**

14-OUNCE SIZE • INCL. 3¢ OFF EACH DUTCH CLEANSER **2^F 27¢**

TOP CHOICE • BURGERS DOG FOOD 36 OUNCE PACKAGE **99¢**

TABBY • 6 1/2 OUNCE CAN CAT FOOD LIVER AND FISH **2^F 33¢**

MEAT & FISH 6 1/2 OUNCE CAN **2^F 31¢**

ALL ITEMS LIMITED TO STOCK ON HAND

ALPHA BETA PRODUCE...the Best for Less!

U.S. NO. 1 RUSSET POTATOES 10 LB. BAG **39¢**

BEST for BAKING or MASHING

"FINEST ALL PURPOSE" • FRESH PACKED PIPPIN APPLES **8^F \$1⁰⁰**

FLORIDA'S FINEST • JUICY • "JUMBO SIZE" RED GRAPEFRUIT **8^F \$1⁰⁰**

A SALAD FAVORITE • LARGE FUERTE AVOCADOS **10¢**

U.S. NO. 1 • "OREGON DANVER" BROWN ONIONS **10¢ lb**

2 1/2 LB. BOX "ANGEL CITY" SNAIL PELLETS **39¢**

COLORFUL HEATHER IN A 4" POT **99¢**

We will have a large assortment of "Florist Quality" potted plants and Fresh Cut Flowers at "Supermarket Prices" for your Easter needs

SCHICK BAND RAZOR WITH TEN EDGE CARTRIDGE \$2.95	PMC WHOLE MILK NO. 1 TALL CAN 2 FOR 29¢	DINTY MOORE BEEF STEW 24-OZ. CAN 65¢	IVORY LIQUID GIANT SIZE 59¢	IVORY FLAKES LARGE SIZE 35¢
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STYLE HAIR SPRAY 13-OZ. REG. or HARD TO HOLD SAVE 50¢ **49¢**

LADY VANESSA NYLONS SEAMLESS • TAN or BEIGE • PLAIN • MESH • DEMI-TOE • STRETCH **SAVE 2 PR. \$1.49 SAVE 2 PR. \$1.69**

CANTRECE 2 PR. PKG. \$1.79

CHECK THESE SPECTACULAR VALUES!

• WALKIE TALKIE SET \$17.48 • TAPE RECORDER \$21.98 • SHOW & TELL \$29.98

• 6 TRANSISTOR RADIO \$5.98 • WALKIE TALKIE BASE STATION \$29.98 • PORTABLE PHONOGRAPH \$14.98

Get wonderful things for your home and family with S&H Green Stamps

Your Nearby Alpha Beta Markets Are Located At:
 TORRANCE 2724 Cabrillo Ave. at Sepulveda
 5130 190th St. at Anza
 DOMINGUEZ HILLS 190th St. at Avalon
 REDONDO 1880 S. Pacific Coast Hwy.
 LONG BEACH 1500 W. Willow at Caspian