

• Meat Makes The Meal, And Foods Co. Is Known For Top Of The Grade Meat Quality •



# Farmer John, Luer or Pierce HAM



**Foods Co.**  
SUPERMARKETS

## SHANK HALF HAM

FARMER JOHN  
8 TO 10 LB. AVERAGE WEIGHT

**49**¢/lb.

## BUTT END HAM

FARMER JOHN  
4 TO 6 LB. AVERAGE

**55**¢/lb.

## CENTER CUT HAM SLICES

THICK FOR BAKING  
THIN FOR FRYING

**98**¢/lb.

**SHANK PORTION**  
7 to 9 lb. avg.  
**45**¢/lb.

## RATH SMOKED DAINTEES

1 TO 2 LB. AVG.

**89**¢/lb.

## OSCAR MAYER SLICED BACON

AMAZING SARAN WRAP

**69**¢/lb.

## OSCAR MAYER PORK LINK SAUSAGE

1 LB. PKG.

**79**¢

## KING E-Z BREADED VEAL STEAKS

1 LB. PKG.

**79**¢

USDA CHOICE BEEF  
**RIB STEAK**  
**79**¢/lb.

Hickory Smoked Pork  
**LOIN END ROAST**  
**49**¢/lb.

HICKORY SMOKED  
**LOIN END CHOPS**  
**59**¢/lb.

EASTERN GRAIN FED PORK  
**FRESH PORK SHOULDER**  
5 TO 7 POUND AVERAGE  
**33**¢/lb.

**FRESH CUT UP STEWING CHICKENS**  
DELICIOUS STEWED WITH RICE  
**23**¢/lb.



## BONELESS PORK BUTT ROAST

LEAN • ALL MEAT  
3 LB. AVG.

**49**¢/lb.

WHOLE OR POINT CUT  
CURED, READY FOR COOKING  
**CORN BEEF BRISKET**  
**39**¢/lb.

**PORK STEAK**  
CENTER CUTS WELL TRIMMED  
**59**¢/lb.



LEAN, MEATY MEDIUM SIZE  
**SPARE RIBS**  
**49**¢/lb.

## Seasonal Seafood Specials

FOODS CO. FISH DEPARTMENT  
YOUR SEAFOOD HEADQUARTERS

## SWORDFISH STEAK

CHOICE CENTER CUTS ONLY

BROILS LIKE STEAK  
**79**¢/lb.

## FILLET OF SOLE

SIMPLY DELICIOUS

**98**¢/lb.

**SPECIAL BUY!**  
**FILLET OF HALIBUT**  
**59**¢/lb.

W-BRAND  
**COLUMBIA RIVER SMELTS** 1 LB. PKG. **49**¢  
**CHERRYSTONE CLAMS** **69**¢/lb.

TENDER AND DELICIOUS  
**CORNED BEEF BRISKET**  
CENTER CUTS **49**¢/lb.

delicatessen **Foods Co. SUPERMARKETS**

# CHEESE for Lent

**CHALLENGE JUBILEE CHEESE SPREAD**  
LB. JAF **89**¢

**WISCONSIN LONGHORN, JACK, MILD CHEDDAR**  
YOUR CHOICE 8 OZ. PKG. **49**¢

**FRIGO-WISCONSIN MOZZARELLA**  
8 OZ. BALL **43**¢  
16 OZ. BALL **79**¢

**SPRINGFRESH AMERICAN CHEESE** SLICED 12 OZ. PKG. **59**¢

**GOLDEN CREME COTTAGE CHEESE**  
QUART CARTON **53**¢  
PINT **29**¢

**ALL MEAT LUER FRANKS** 1 LB. PKG. **55**¢

**SPRINGFRESH CREAM CHEESE** 8 OZ. PKG. **9**¢

**GREEN BEANS**  
IMPROVED KENTWAY WONDER  
**19**¢/lb.

**LARGE SUNKIST • NAVEL ORANGES** **10**¢/lb.

**EXTRA LARGE • RIPE FUERTE AVOCADOS** 2 **29**¢

fresh produce **Foods Co. SUPERMARKETS**

**HOT VEGETABLES!**  
IT'S A FACT. THE FRESHER THE BETTER!

TRY COOKING IT MEXICAN STYLE WITH JACK CHEESE

- ITALIAN SQUASH
- BELL PEPPERS PERFECT FOR STUFFING
- FRESH BROCCOLI DELICIOUS WITH BUTTER
- RHUBARB WASHINGTON STATE HOT HOUSE-STRAWBERRY

YOUR CHOICE **19**¢/lb.