

Now

...Alpha Beta's everyday Beef Prices are LOW-W!



You SAVE 7 days a week on Alpha Beta's New low meat prices plus advertised specials. And you get the finest midwestern grain-fed beef with complete satisfaction guaranteed.

- ALPHA BETA TENDER FLAVOR-AGED BEEF**
- Boneless 7-Bone..... 79¢ lb.**
 - Chuck Steaks..... 59¢ lb.**
 - Round Bone Roasts..... 69¢ lb.**
 - California Roast..... 69¢**
 - Round Steak FULL CUT 89¢**
 - T-Bone Steaks..... 1.15**
 - Porterhouse Steak 1.25**
 - Top Sirloin Steak... 1.39**
 - Filet Mignon..... 2.29**
 - Rib Steaks..... 89¢**
 - Rib Roast LARGE END 89¢ SMALL END 1.09**
 - Fresh Ground Beef... 49¢**

- ADVERTISED SPECIALS**
- EASTERN QUALITY • FROM GRAIN FED PORKERS**
 - Pork Loin Roast ^{W/ HALF} 49¢**
 - EASTERN QUALITY • FROM GRAIN FED PORKERS**
 - Sliced Pork Loin 69¢**
 - EASTERN QUALITY • FROM GRAIN FED PORKERS**
 - Pork Chops ^{CENTER CUT} 89¢**
 - BLADE END 59¢ lb. LOIN END 59¢ lb.**
 - COUNTRY STYLE**
 - Pork Sausage 49¢**
 - DUBUQUE • LEAN • FULLY COOKED**
 - Canned Picnic ^{4 1/2 LB. CAN} 39¢**
 - WILSON • READY TO EAT**
 - Canned Ham ^{4 LB. CAN} 49¢**
 - IOWA MAID OR CORN KING • SMOKED**
 - Sliced Bacon ^{1 1/2 LB. PKG.} 59¢**

- SEAFOOD SPECIALS**
- ALASKA**
 - King Crab Legs..... 89¢**
 - FRESH FILET OF**
 - Sea Bass..... 89¢**
 - CERTI-FRESH • FROZEN**
 - Fillet of Sole 69¢**
 - CERTI-FRESH • FROZEN**
 - 12-OZ. PKG. • GOLDEN**
 - Fried Halibut 69¢**



- Produce**
- THIN SKIN • LARGE FLORIDA**
 - Juice Oranges ^{5 LB.} 5¢**
 - ARIZONA'S FINEST**
 - Grapefruit ^{5 EA.} 5¢**
 - SUNKIST • JUMBO • NAVEL**
 - Oranges ^{10 FOR} \$1.00**
 - A HEAP OF GOODNESS • ARIZONA**
 - Grapefruit ^{8 LB. BAG} 39¢**
 - JUICY • FLORIDA**
 - Tangelos ^{2 FOR} 29¢**
 - JUICY • FRESH**
 - Tangerines ^{2 FOR} 29¢**
 - CALIFORNIA GROWN**
 - Navel ^{8-LB. BAG} Oranges 79¢**
 - THIN-SKIN • FLORIDA • RUBY RED**
 - Grapefruit ^{10 FOR} \$1.00**
 - NEW CROP • BULK • HARTLEY**
 - Jumbo ^{3 FOR} Walnuts \$1.00**
 - THIN-SKIN • JUICY**
 - Fresh ^{6 FOR} Lemons 25¢**

ALL ITEMS LIMITED TO STOCK ON HAND • SATISFACTION GUARANTEED ON YOUR MONEY REFUNDED • WE RESERVE THE RIGHT TO REFUSE SALES TO COMMERCIAL DEALERS

Best for Less! DELICATESSA

- DAILY FRESH • WHOLE**
- Bar-b-que'd Chicken ^{U.S.D.A. GRADE A} 79¢**
- ALPHA BETA OR WILSONS • ALL MEAT**
- Franks 1-LB. PKG. ^{SAVE UP TO 14c} 55¢**
- ALPHA BETA • 1 POUND TUB**
- Baked Beans..... 25¢**
- ALPHA BETA • 4-OZ. PACKAGE • SAVE 10c**
- Canadian Bacon..... 59¢**
- 8-OUNCE CUP • SAVE 13c**
- Yonson Yogurt... 2 FOR 35¢**
- Family Size • Save 36c • Incl. 6c Off**
- Gleem ^{SHAMPOO 1GE. TUBE • SAVE 15c} 59¢**
- Toothpaste ^{HEAD & SHOULDERS} 59¢**
- BOTTLE OF 60 TABLETS • SAVE 36c**
- Bufferin ^{JADE OR WHITE • YOUR CHOICE} 59¢**
- Tablets ^{Cereal Bowl} 59¢**
- Coffee ^{Mug} 89¢**

Best for Less! FROZEN FOODS

- TREESWEET • 6-OUNCE CAN**
- Orange Juice..... 5 FOR \$1.00**
- FROZEN VEGETABLES • SAVE TO 34c**
- Birdseye... 4 VARIETIES 4 FOR \$1.00**
- RUSSETTE • 2-LB. PACKAGE • SAVE 16c**
- Hash Browns..... 4 FOR \$1.00**
- TREETOP • 6-OUNCE CAN**
- Apple Juice..... 5 FOR \$1.00**
- MORTON'S • 20-OZ. SIZE • SAVE 4c**
- Macaroni & Cheese..... 39¢**
- 6 VARIETIES**
- Banquet Dinners..... 39¢**
- 13-OUNCE PACKAGE**
- Eggo Waffles..... 39¢**
- DUTCH PRIDE • HALF GAL. • SAVE 10c**
- Imitation Ice Milk..... 29¢**

BONUS COUPON

WITH THIS COUPON AT YOUR NEARBY ALPHA BETA MARKET ONE ONLY • PILLSBURY **FLOUR** 5 LB. BAG 39¢

ONE COUPON PER FAMILY • ADULTS ONLY

COUPON EFFECTIVE WED. through SUN. FEBRUARY 15-19

- KAL KAN • 6 1/2-OZ. Cat Food 2 FOR 39¢**
- THOROFED • 15 1/2-OZ. Dog Food 6 FOR \$1.00**
- FREE RAWHIDE CHEW ROLL**
- Dog Goodies ^{GEISLER} 19¢**
- MAXWELL HOUSE • 1-LB. CAN**
- Coffee ^{REG. OR DRIP} 69¢**
- 2-LB. CAN ^{REG. OR DRIP} \$1.37**
- 3-LB. CAN ^{REG. OR DRIP} \$2.05**
- 10-OZ. INSTANT..... \$1.35**

Imperial Wonda Edge KITCHEN CUTLERY

ITEM OF THE WEEK: FRUIT & VEGETABLE SLICER..... 79¢

Parisiene Stemware

IMPORTED • LESS THAN 1/5 RETAIL PRICE! NO COUPON NECESSARY WITHOUT PURCHASE 49c WITH \$5.00 PURCHASE 19¢

PRICES EFFECTIVE WED. through SUN. FEB. 15 thru 19

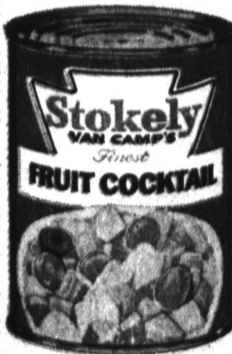
ALL STORES OPEN 10 A.M. TO 7 P.M. WASHINGTON'S BIRTHDAY FEB. 22nd



Stokely \$1.00 Sale!

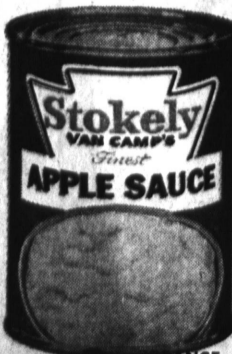
303 CAN CREAMED OR WHOLE **6 FOR \$1.00** SAVE 41c

- 303 CAN • SAVE 35c • CUT**
- Green Beans ^{5 FOR} \$1.00**
- NO. 2 1/2 CAN • SAVE 25c**
- Pork & Beans ^{5 FOR} \$1.00**
- 303 CAN • SAVE 15c • GREEN**
- Sweet Peas ^{5 FOR} \$1.00**



303 CAN **6 FOR \$1.00** SAVE 47c

- 303 Can • SAVE 8c • Stewed**
- Tomatoes ^{4 FOR} \$1.00**
- 303 Can • Save 16c • Sections**
- Grapefruit ^{4 FOR} \$1.00**
- 303 CAN • SAVE 16c • CUT**
- Wax Beans ^{4 FOR} \$1.00**



303 CAN **8 FOR \$1.00** SAVE 68c

Tomato Sauce ^{VAN CAMP'S 8 OZ. CAN SAVE 34c} 16 FOR \$1

WHITE OR WHEAT • FLUFFY • 15 OZ. LOAF

Alpha Beta Bread 23¢

1-LB., 6 1/2-OZ. LOAF **3 FOR \$1.00**