



TRADITIONALLY ONE of the all-time decorative garnishes, ripe olives come into their own in this good-tasting Olive Aspic Pie. With its rich pastry and garnish of cottage cheese, it's meal enough for a hungry man.

NOW IS TIME TO BUILD GOOD SALAD REPERTORY

With warm and warmer weather ahead, you might begin to build your salad repertoire right now. Although there are limits to the variety of cold meats available, salads are infinitely variable.

They can be light and lustrous go-alongs or they can run the whole show. The most important thing is to keep them simple and refreshing. Although they occasionally can take a "left-over" or two, they should never become catch-alls, sacrificing their fresh crispness for the sake of a savings.

Canned California ripe olives add delightful accent to these salads, a dainty Empress Salad Ring and the hearty Olive Aspic Pie. You'll like both of them.



THIS EMPRESS SALAD RING looks very French but it is a native Californian with its crisp shredded vegetables in a sharp-sweet aspic.

EMPRESS SALAD RING
 2 env. unflavored gelatin
 1/2 cup sugar
 2 tsp. salt
 3 cups water
 1/4 cup vinegar
 1/2 cup lemon juice
 1 tsp. instant minced onion
 2 sliced hard-cooked eggs
 1/2 cup canned California ripe olives
 1 cup thinly sliced celery
 1 cup coarsely grated carrot
 1/2 cup thinly sliced radishes

salt; stir in 1/2 cup water. Place over low heat, stirring constantly until gelatin is dissolved. Remove from heat; stir in remaining 2 1/2 cups water, vinegar, lemon juice and onion. Cool until slightly thickened. Pour about 1/2 cup gelatin into 8-inch ring mold. Make a design with some egg slices and olives cut into wedges in gelatin. Chill until firm. Combine remaining gelatin mixture with all remaining ingredients. Pour over firm layer. Chill firm. Unmold and garnish as desired. Makes 8 servings.

in olives cut into chunks and celery. Turn into baked pastry shell. Chill. Garnish with border of cottage cheese and whole ripe olives before serving. Makes 8 servings.

Sandwich Fillings Are Varied

Sandwiches need not become monotonous in the packed lunch. Vary the fillings and the breads too. Try ham with crushed pineapple on whole wheat bread, chopped egg and olives on hard rolls, meat loaf with pickle relish on pumpernickel.

Use your ingenuity in preparing a variety of nutritious and attractive lunches.

Important, too, is the condition of the lunch at noon — it should be as fresh and appetizing as when packed. Wrap sandwiches separately in sturdy plastic food wrap to preserve freshness. Pack tomatoes and lettuce separately for insertion into the sandwich at lunchtime. Sandwiches won't get soggy.

Hot foods like soup, spaghetti or chili stay hot when they are packed in wide-mouthed vacuum bottles. Remember to pack plastic spoons or forks, miniature salt and pepper shakers, paper napkins.

With a little thought and planning, the carried lunch can be just as appealing and nutritious as the lunch at home.

OLIVE ASPIC PIE
 2 env. unflavored gelatin
 1 (1 pt. 2-oz.) can tomato juice
 1 8-oz. can tomato sauce
 2 tbs. lemon juice
 1 tsp. sugar
 1 tsp. instant minced onion
 1/2 tsp. salt
 1 small bay leaf
 1 cup canned California ripe olives
 1/2 cup finely chopped celery
 1 baked 9-inch pastry shell
 1 cup cottage cheese with chives
 Ripe olives for garnish

Sprinkle gelatin on 1/2 cup tomato juice to soften. Simmer remaining 1 1/2 cups tomato juice, tomato sauce, lemon juice, sugar, onion, salt and bay leaf 5 minutes. Remove bay leaf; add softened gelatin and stir until dissolved. Chill until mixture mounds on spoon. Fold



made naturally... so naturally it's better

Broiled Tomatoes

For crunchy texture and elegant flavor, team almonds with broiled tomatoes. Finely chop the almonds and toss with bread crumbs and melted butter.

Cut a slice from each tomato and heap tomatoes with almond mixture. Broil slowly until topping is golden brown.



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Tartar Teen Talk

By Jeanne Rubco

It's spring, with golden sunshine, and THS Tartars can hardly wait for summer time.

Tomorrow night will be the night for all athletes here at Torrance High. Tomorrow the annual Spring Sports Awards Banquet will be held. Blanket Awards and Most Valuable Player Awards will be given in each sport. One of the features of the banquet will be the announcement of the Tartar Athlete of the Year.

Another big feature for the evening will be guest speaker, Sam Bell, head track coach at the University of California, Berkeley.

AS A RESULT of six months of answering Western Association of Schools and Colleges (WASC) questionnaires, researching, and visitations, Torrance High has been granted a full term accreditation, expiring June 30, 1971, by the Accrediting Commission of Secondary Schools.

Congratulations to Ronnie Peterson, junior, who was chosen as Boys' State representative from THS. Sponsored by the American Legion and its auxiliary, the Boys' State program is much like Girls' State for which Debi Lifton previously was chosen. Hoping to mold good citizens with a sense of community and national responsibility, the Legion will offer a realistic but simulated government program.

SENIORS ... With only a little more than a month of school left, there is still time to do those last-minute things that have been neglected. For instance, SAT (Scholastic Aptitude Test) will administer one final test July 9. The closing date for registering is June 25. The American College Test (ACT) will be given two more times: June 25, (closing date is June 4) and Aug. 6, (closing registration date is July 16). See you next week ...

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