. INC. INC. Menu Plannens and shopping suggestions. WV X S



GUESTS DO THEIR OWN cooking when this easy-do Beef and Mushroom Fondue is the main part of the patio supper. Three unusual dipping ces are added a

GUESTS MAKE OWN SUPPER

Surprise

to desired doneness, about 30 to 60 seconds. He then dips it in a sauce on his plate, eating at once. Supper guests do their own cooking when the hos-tess plans her menu around this out-of-the-ordinary Beef and Mushroom Fondue. Add more oil to pan as needed and skim surface of oil occasionally.

and Mushroom Fondue. The porch or patio buffet table is the ideal setting for this easy but elegant dish which calls for use of a fondue pan, an electric saucepan or a skillet with high sides. Gue ests cook their own strips of beef and fresh mushroom halves to their own individual liking, and three unusual dipping sauces accompany the fon-due. due.

BEEF AND MUSHROOM FONDUE

FONDUE 2 parts salad oil 1 part butter 2 ths. fresh lemon juice 1 b. round steak or sir-ioin tip, cut into 1-in. thin strips 8 b. fresh mushrooms, halved or quartered Dipping Sauces (recipes follow)

Cooking is done right at the table by guests. Use a fondue pan, electric sauce-pan or skillet with high sides.

pan or skillet with high sides. Heat enough oil and but-ter to half fill fondue pan or other cooker. Add lemon puice. Heat to just below smoking point and keep oil bubbling during cooking. Have beef strips and mushrooms at room tem-perature and place con serv-ing tray on table. Set out small bowls of Orange-Ginger Sauce, avo cado-Dill Sauce and Blue Cheese Cocktail Sauce. Each guests spears a piece of beef or mushroom on a long fondue fork or bunboo skewer, then holds it in the hot oil until cooked



2 tsp. dry mustard 2 dashes Tabasco Sauce Pinch each: Ginger, thyme, marjoram

Marinate

Fish For

Barbecue

Sometimes we are prone to think of barbecue only in terms of steaks, ham-burgers or hotdogs. But fish is also delicious hot from the barbecue. Here is a marinade good for sword-

Combine ingredients. Mar-Combine ingredients. Mar-inate fish for about an hour, turning frequently. Drain, saving sauce. Broil fish, basting occasionally with the sauce, until done. (And for out-of-this-world cocktail appetizers, marin-ate cooked and peeled prawns or shrimp in this sauce for three or four hours, stirring occasional-ly. Drain off liquid; serve prawns on toothpicks.)

to please any cat ...

special blend kidney 'n meat



VISIT WORLD'S FAIR . . . Zelda E. Brewer, 2615 W. 226th St., is pictured with her two children and her nlece as they relax during a tour of the New York World's Fair. The children are, from left, daughter Kandi, niece Josie, and Josh.

Sister City Team to Bowl Against Redondo Saturday

Against Keciondo Saturday Two bowling championship a return match in Ensenada teams from Ensenada, Baja california, will be matched against Redondo Beach coun-terparts Saturday at the South Bay Bowling Center, Sister City Chairman St an Vaughan announced today. Vaughan said the matches will be between two five-man Ramirez Mendez, and the Mexican Cities Sister City Vaughan said the matches iso South Bay will be between two five-man as Redindo Beach Mayor Wi-teams and will take place at 1:30 p.m. at the South Bay Bowling Center. The compe-tition is open to the public at no charge. Arrangements are made for seams.

Last ECC Session Under Way

AUGUST 11, 1965

"School Days" continue this week for more than 900 stu-enrolled in post session cours-es. More than 200 classes with a registration of 4.787 closed the first summer session pro-gram last Wednesday and the nergistration of 482 students was completed during a one-hour registration to class rolls brough tions to class rolls brough the first summer session pro-gram rak. Wednesday and the summer session first session is an increase of 804 over that of a year ago. Both full- and part-time stu-dents planning enrollment for the fall semester have been encouraged by the reg-istration of class rolls brough tions to class rolls brough mark. The 4787 enrollment of the fall semester the first summer session gath for the fall semester have been encouraged by the reg-istration of fice to complete all necessary testing and coun-seling prerequisites. The 4787 enrollment of the fall semes-gram last Wednesday and the for the fall semester have been encouraged by the reg-istration office to complete all necessary testing and coun-seling prerequisites. The 4787 enrollment of the fall semes-gram last wednesday and the for the fall semester have been encouraged by the reg-mark. The 4787 enrollment for the fall semester have been encouraged by the reg-the figure above the 900 mark. The 4787 enrollment for the fall semester have been encouraged by the reg-cure reservations to register The 4787 enrollment of the fall semester have been encouraged by the reg-the figure above the 900 The fall semester have been encouraged by the reg-the figure above the 900 The fall semester have been encouraged by the reg-the figure above the 900 The fall semester have been encouraged by the reg-the figure above the 900 The fall semester have been encouraged by the reg-the figure above the 900 The fall semester have the figure above the 900 The fall semester have the figure above the 900 The fall semester have the figure above the 900 The fall semester have the fall semester have the fall semester have the fall semester

cure reservations to register

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PRESS-HERALD

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ORANGE-GINGER SAUCE
4 cup mayonnaise
5 cup dairy sour cream
1 tsp. grated orange peel
2 tbs. finely chopped, crystallized ginger
2 tbs. finely chopped
water chestnuts or cashew nuts
1 clove garlic, crushed or finely minced
1 tsp. soy sauce
4

Combine all ingredients and mix well. Refrigerate one hour or longer to blend flavors. Makes 1% cups. AVOCADO DILL SAUCE

ORANGE-GINGER SAUCE

1 ripe avocado, mashed % tsp. lemon peel 2 tsp. fresh lemon juice 1 cup dairy sour cream 1 tsp. seasoned sait % tsp. dried dill weed, or more to taste

Combine avocado with lemon peel and juice. Blend in remaining ingredients. Chill. Makes 1% cups.

BLUE CHEESE COCKTAIL SAUCE 2 tbs. crumbled blue

2 the fresh orange juice 2 the fresh orange juice 2 the grated orange peel 1 cup catsup 14 tsp. Worcestershire

% tsp. grated horseradish

Mash blue cheese with orange juice. Add remain-ing ingredients and blend thoroughly. Allow to stand at least one hour before serving. Yield: 1% cups.



In crab cocktails, the difference is Deming's.



chicken 'n meat meaty mix tuna 6 Dr. Ross

Now see what a dollar and a Deming's label will buy.

6

Enjoy the sea-fresh flavor of Deming's Alaska King Grabmeat and take advantage of this terrific value! Just print your name and address on back of label* send with \$1.00 to DEMING'S, P.O. Box 1765, Seattle, Washington, 98111. You'll receive this lovely peorl pendant — a beautiful, genuine, cultured peorl set in a Florentine-finish electroplated mounting with match-ing 13-inch chain. Void where taxed, restricted or prohibited by low.

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