



PRICES EFFECTIVE: JUNE 16, 17, 18, 19, 20 WED., THURS., FRI., SAT. AND SUN.
ALL ITEMS LIMITED TO STOCK ON HAND
SATISFACTION GUARANTEED OR YOUR MONEY REFUNDED.

Bargain BAR-B-Q BUYS!



Remember Pop Sunday, June 20

FREE CANNON GRANADA ROSE TOWEL SETS

BUILD YOUR SET WITH THE ITEMS OF THE WEEK, FREE WITH MINIMUM \$10.00 PURCHASE AND COUPON

ALPHA BETA BONUS COUPON

FREE! GRANADA ROSE FINGERTIP GUEST TOWEL

WITH THIS COUPON & MINIMUM \$10 PURCHASE OR 29¢ EACH WITH COUPON AND MINIMUM \$5.00 PURCHASE (EXCLUDING FLUID DAIRY PRODUCTS)

Coupon Good thru Tues., June 22

GRANADA ROSE BATH ACCESSORIES
Sleekly styled plastic in Avocado Green, Rose, Antique Gold or White to match or contrast. Hanging hanger, \$2.98; tumbler, 29¢; soap dish, 29¢; wastebasket, \$1.29; tissue holder, 88¢. Your choice of assorted colors.

IDEAL FROZEN • 10 OZ. VEGETABLES

- PEAS • CHOPPED BROCCOLI
- CHOPPED or LEAF SPINACH
- CUT GREEN BEANS—9 OZ.

SAVE UP TO 25¢ **2 FOR 25¢**

DEL MONTE • 303 CAN PEAR HALVES

SAVE 6¢ **25¢**

APPLE TIME • 29-OZ. SIZE

APPLE JUICE 5 FOR \$1.00

B & M • 28 OUNCE CAN BAKED BEANS

SAVE 8¢ **29¢**

FEATURED ON KLAC GIRARD'S ORIGINAL

FRENCH DRESSING

11-OZ. BOTTLE INCL. 8¢ OFF **39¢**

Lancaster BRAND **GROUND BEEF** 35¢ LB.

FRESH DEPENDABLE QUALITY

U.S.D.A. FRESH FROZEN • YOUNG ROASTING CHICKEN 49¢ lb

ROCK CORNISH • 20-OZ. MIN. GAME HENS 69¢

Have you tried? **BACON 'N LIVER BAKE?**

Dip 1½ lbs. sliced beef liver in flour. Season with 1 tsp. paprika and 1 tsp. salt. Brown quickly in 3 tbs. bacon drippings or butter; remove to casserole or baking dish. Cook ½ cup chopped onion in pan drippings until lightly browned. Add one 10½ oz. can beef bouillon, ½ cup tomato catsup and 1 tbs. Worcestershire sauce; bring to boil and pour over liver. Cover and bake in moderately hot oven (375° F.) for 30 to 40 minutes or until liver is tender. Garnish with bacon curls.

SELECTED • YOUNG STEER **BEEF LIVER** 59¢ lb

FREE RECIPE DISPLAY

DEER MEAT • BEEF PATE

Lancaster BRAND trim'd-rite BEEF **CHUCK ROAST** 45¢ LB.

Lancaster BRAND trim'd-rite BEEF **SHORT RIBS** 29¢ LB.

Lancaster BRAND trim'd-rite BEEF **Round-Bone ROAST** 65¢ LB.

Lancaster BRAND trim'd-rite BEEF **BONE-LESS CHUCK ROAST** 79¢ lb

Lancaster BRAND trim'd-rite BEEF **BONE-LESS RIB STEAK** \$1.09 LB.

CERTI-FRESH FROZEN FISH CAKES 8-OZ. PKG. 4 FOR \$1

GULF GEM FROZEN SHRIMP BREADED 1½-LB. PKG. \$1.29

ALPHA BETA **GARDEN FRESH LARGE HEAD LETTUCE** 13¢

BETTER PRODUCE AT BETTER PRICE and you get **GREEN STAMPS!**

FIRST OF THE SEASON SEEDLESS GRAPES 29¢ lb

FROM COACHELLA VALLEY



GARDEN FRESH • SOLID FIRM HEADS **GREEN CABBAGE** 6¢ lb.

NEW CROP • SWEET AND MILD **RED ONIONS** 9¢ lb.

CHERRY • LOCAL GROWN • TENDER AND JUICY **FRESH RHUBARB** 10¢ lb.

DEL MONTE • 303 CAN • SAVE 8¢ **BEANS** CUT GREEN 19¢

JOHNSTON • FROZEN • 34 OZ., FAMILY SIZE APPLE • BOYSENBERRY • CHERRY • SAVE 20¢ **FRUIT PIES** 49¢

COLLIER'S • SAVE 40¢ • CHARCOAL **BRIQUETS** 10 LB. BAG 59¢

IVORY SNOW LARGE SIZE 35¢



DELICATESSEN SPECIALS

Lancaster BRAND OR WILSON'S CERTIFIED ALL MEAT • 1-LB. PKGS. • SAVE 10¢ **FRANKS** 49¢

ALPHA BETA • PINT CUPS • SAVE 6¢ • YOUR CHOICE **SALADS** 29¢

5-OZ. PKG. • SAVE 10¢ • IMPORTED • SLICED **DANOLA HAM** 59¢

ALPHA BETA • SHARP • SAVE 20¢ POUND **CHEDDAR CHEESE** 69¢

INCLUDES FREE SAMPLE NEW 1 SHOT AEROSOL DEODORANT

BRYLCREEM REG. 79¢ **49¢** PLUS TAX

ASSORTED STYLES AND COLORS **MEN'S TIES** REG. 89¢ **49¢**

2 OUNCE TUBE SUNTAN LOTION **COPPERTONE** REG. 85¢ **49¢** PLUS TAX

HEAR THE ANGELS IN ACTION KMPC—710—ON THE DIAL

HILLS COFFEE 1 LB. **79¢** 2 LB. **1.57**

IDEAL 19-OZ. PKG. **CAKE MIX** 19¢

WHITE • YELLOW • MARBLE • DEVIL'S FOOD

TOP VALUE for "POP"

DUTCH PRIDE • HALF GALLON • SAVE 10¢ **IMITATION ICE MILK** 29¢

HALF HILL • NO. ½ CAN • SAVE 34¢ **WHITE MEAT SOLID TUNA** 4 FOR \$1

BETTY CROCKER • 15-OZ. • WHITE • SAVE 20¢ **ANGEL FOOD CAKE MIX** 39¢

IVORY FLAKES LARGE SIZE 35¢	DREFT LARGE SIZE 35¢	JOY REGULAR SIZE 35¢	BORDEN'S NEW DANISH MARGARINE 1-LB. CARTON 39¢	AURORA TOILET TISSUE 2 PLY 2 ROLL PACK 25¢
TREETOP APPLE JUICE QUART BOTTLE 3 FOR \$1.00	PACIFIC THINFLAKE SALTINES 1-LB. BOX 33¢	BALA CLUB REGULAR OR THINLINE ALL FLAVORS 12 OUNCE CANS 12 FOR \$1.00	NORTHERN FACIAL TISSUE ASSORTED COLORS 2 PLY • BOX OF 150 19¢	

SALES TAX COLLECTED ON ALL TAXABLE ITEMS

PAY UTILITY BILLS FREE! AT ALPHA BETA MONEY ORDERS ONLY 20¢ EACH

YOUR NEARBY ALPHA BETA MARKETS ARE LOCATED AT:

TORRANCE 2720 CABRILLO AVE.

TORRANCE 5130 190th ST. at ANZA

DOMINGUEZ HILLS 190th ST. at AVALON

REDONDO 1880 S. PAC. COAST HWY.

ALPHA BETA First in Foods OUR GROWING! KEEPS SHOWING!