



BETTER PRODUCE AT A BETTER PRICE

PRICES EFFECTIVE TUES. THROUGH SUN.—JUNE 1, 2, 3, 4, 5 & 6
ALL ITEMS LIMITED TO STOCK ON HAND
SATISFACTION GUARANTEED OR YOUR MONEY REFUNDED

ALPHA BETA BONUS COUPON

FREE!
GRANADA ROSE
BATH TOWEL

WITH THIS COUPON & MINIMUM \$10.00 PURCHASE
OR 50c EACH WITH COUPON AND
MINIMUM \$5.00 PURCHASE
(EXCLUDING FLUID DAIRY PRODUCTS)

COUPON NO. 4
Coupon Good thru Tues., June 8

FROZEN FOOD SALE

FOREMOST HOPSCOTCH
ICE CREAM
HALF GALLON
SAVE 20c
49c

SWANSON
TV DINNERS
YOUR CHOICE
BEEF • CHICKEN
SHRIMP • PORK
TURKEY
SAVE 10c
49c

MINUTE MAID
ORANGE DELIGHT
6 OUNCE
CAN
SAVE 7c
10c

BIRDSEYE
FROZEN VEGETABLES
8 OUNCE PACKAGES
• PEAS with CREAM SAUCE
• PEAS and POTATOES
with CREAM SAUCE
10 OUNCE PACKAGE
• PEAS and ONIONS
YOUR CHOICE
SAVE 16c
49c

AMVAC • 17 OUNCE PACKAGE
CHEESE PIZZA **59c**
PEPPERONI PIZZA **79c**

STARBUCK • 7 OUNCE PACKAGE • SAVE 20c
TUNA & NOODLES **5:19**
TUNA PIE **5:19**

MOTHER'S PRIDE • WHITE • ONE 10c
BREAD DOUGH **39c**
GOLDEN WAFFLES **29c**

MORTON'S • 14 OUNCE • SAVE 17c
CREAM PIES
YOUR CHOICE: • BANANA • CHOCOLATE • COCONUT
• LEMON • NEAPOLITAN • LIME • COFFEE

MINUTE MAID • 6 OUNCE CAN
LEMONADE **8:19**
LIMEADE **8:19**

MORTON'S • PACKAGE OF 2
ENCHILADAS **3:19**
BEEF TACOS **3:19**

...OR YOUR MONEY BACK
JUST 24 HOURS OFF
THE FARM...and already
a big hit in the city.

U.S. No. 1 PREMIUM QUALITY **WHITE ROSE**

POTATOES 529c LBS

GARDEN FRESH • CRISP AND TENDER

ROMAINE 9c EACH

LOCAL GROWN • YOUNG AND TENDER

CARROTS 5c LBS

CRISP AND TENDER • SOLID GREEN

CABBAGE 6c LBS

GARDEN FRESH • CRISP BUNCHES

CELERY STALKS 2:29c

SALAD FAVORITE • BUTTERY RICH

HAAS AVOCADOS 4:19

NEW CROP • SLICING SIZE • SWEET

ITALIAN RED ONIONS 10c

1 POUND CAN • SAVE 16c
MAXWELL HOUSE COFFEE 69c

ASSORTED COLORS & WHITE
SAVE 20c • JUMBO ROLL
KLEENEX TOWELS 2 ROLL PACK 39c

CAL FAME • RUBY RED
GRAPEFRUIT JUICE 46 OZ. CAN 29c
SAVE 10c

MAXWELL HOUSE
COFFEE
2 lb. **1.00**
3 lb. **1.29**

HUNT'S • 8 OUNCE CAN • SAVE 4'
TOMATO SAUCE 6c

GLENSIDE • 303 CAN • SAVE 5'
APPLESAUCE 10c

FACIAL TISSUE • BOX OF 200 • 2 PLY • SAVE 6'
KLEENEX ASSORTED COLORS AND WHITE 19c

JIFFY • 40 OUNCE PACKAGE • SAVE 14'
BISCUIT MIX 25c

BETTER MEAT WITH PRO

LANCASTER BRAND MEATS... EXCLUSIVE AT ALPHA BETA

LANCASTER BRAND • FRESH GROUND BEEF 39c LBS. DEPENDABLE QUALITY

LANCASTER BRAND trim'd-rite BEEF 7-BONE ROAST 45c LBS.

LANCASTER BRAND trim'd-rite BEEF SHORT RIBS 29c LBS. LEAN AND MEATY

LANCASTER BRAND trim'd-rite BEEF CHUCK ROAST 35c LBS.

12-OUNCE CAN • WHOLE KERNEL
NIBLETS CORN 5:19

GREEN GIANT • 303 CANS • SAVE 20c
GREEN PEAS 5:19

LA ROSA • ONE POUND PACKAGE
THIN NO. 9
SPAGHETTINI 29c

WATCH THE ANGELS IN ACTION HOME GAMES THIS WEEK!
WED. JUNE 3 - WASHINGTON DOUBLE HEADED
FRI. JUNE 5 - SUN. - BIRMINGHAM
HEAR THE ANGELS IN ACTION KMPG-710 ON THE BIAL

FOR REGULAR OR HARD TO HOLD HAIR 10-OZ. CAN
STYLE HAIR SPRAY 54c PLUS FED. TAX

FOAM FILLED • SHREDDED POLY VACATION BED PILLOW **66c** LIGHT WEIGHT ASSORTED PRINTS

DELICATESSEN SPECIALS
• FINE FOOD • WIDE SELECTION

ALPHA BETA • REFRIGERATED
TUBE OF 10 • HOMESTYLE OR BUTTERMILK
BISCUITS 7c

LANCASTER BRAND • 6 OUNCE PACKAGES • YOUR CHOICE
LUNCHEON MEATS 29c
• LARGE BOLONIA
• ALL BEEF BOLONIA
• COOKED SALAMI

3 OUNCE PACKAGES • SAVE 17c
LEO'S CHIPPED MEATS 3:19
• SLICED DARK TURKEY
• CORNED BEEF
• BEEF • HAM

B&M OVEN BAKED BEANS 18 OUNCE CAN **23c**

LANCASTER BRAND trim'd-rite BEEF
BONELESS CHUCK ROAST 79c LBS.

LANCASTER BRAND • 1-LB. PKG
SLICED BACON 59c
• REGULAR
• THICK
• THIN

CENTER CUT HALIBUT STEAKS **69c**
FRESH • OCEAN PERCH FILLETS **59c**
KIRKPATRICK • 7-OZ. PKG. FRESH FROZEN EASTERN OYSTERS **69c**

Have you tried?

CORNED BEEF KILLARNEY?

Cover 3 to 4 lbs. corned beef with cold water, add 1 orange, sliced, 1 onion, quartered, 2 stalks celery, cut in half, 1 clove garlic, quartered, 1 teaspoon salt, 1/2 teaspoon black pepper, 1/4 whole cloves, stick stick cinnamon, 1 bay leaf. Cover and simmer (do not boil) 1 hour per pound of meat. Peel 6 potatoes, 6 small carrots and 6 small onions. 30 minutes before meat is done, drop carrots and onions into pot. In separate pan boil potatoes in plain salted water. Makes 6 to 8 servings.

LANCASTER BRAND
CORNED BEEF BRISKETS 79c
(PRINTED RECIPES IN STORE)

SALES TAX COLLECTED ON ALL TAXABLE ITEMS

PAY UTILITY BILLS FREE!
AT ALPHA BETA
MONEY ORDERS ONLY 20c EACH

YOUR NEARBY ALPHA BETA MARKETS ARE LOCATED AT:

TORRANCE
2720 CABRILLO AVE.

TORRANCE
5130 190th ST. at ANZA

DOMINGUEZ HILLS
190th ST. at AVALON

REDONDO
1880 S. PAC. COAST HWY.

ALPHA BETA
first in foods
OUR GROWIN' KEEPS SHOWIN'!