

Volunteers Aid Work of County's Health Agency

By K. H. SUTHERLAND, M.D., County Health Officer

"Voluntary work is the source of expansion of our lives. It is characteristic of human beings to seek to extend the range of the setting in which they can carry on their lives effectively."

"What ever we possess in the way of skill, property and joy is enhanced, often without limit, by sharing it with others. Our richest experiences come when we are acting with other people to achieve some common goal."

And survival itself depends upon our co-operation with other organisms like ourselves."

This statement, quoted from a Canadian trade publication, seems to epitomize the hundreds of volunteers who donated over 50,000 hours of service time to the Los Angeles County Health Department in 1964.

ALTHOUGH there is no real way in which the total value of this volunteer effort can be measured in terms of

money, it is estimated that the work performed by these unpaid workers, if replaced by hired personnel, would require some 30 additional paid positions at a cost of over \$150,000 a year.

For the most part this work goes unheralded. Once each year — usually during Community Health Week which this year is March 14-20 — small functions are held in the health centers to honor the volunteers who have donated service during the past year and to bestow special

awards upon a few who have given extraordinary amounts of time and effort.

Of the volunteers who donate service to the health department, some give a few hours a month, others come every day. The health district receiving countywide recognition this year for the highest number of hours donated collectively by all volunteers was the Whittier Health District with a total of 9,014 hours of volunteer service in 1964.

Whether able to give in boards and other artistic

displays for educational purposes may be performed by the volunteer, adept in this medium. Weighing and measuring infants; assisting in examining room of child health conferences; helping mothers to plan and make layettes; supervising children's play activities; helping with such school health activities as vision screening and assistance with the orderly conduct of immunizations and physical examinations of children are all volunteer job possibilities.

WORK AS registrars and hostesses at the mobile x-ray unit are two of the outdoor activities. Also outdoors in some districts are dog vaccination clinics at which many volunteers are required.

Volunteers are always needed by the health department to perform these and many other activities.

To those who have donated so generously of themselves in the service of this department, we on the staff say "thank you." To those of you who wish to do volunteer work, we invite you to call your own district health center, and to you we say "we'll come."



MERRY RICHARDS
State Officer

JCL Names BMHS Girl To Office

Merry Richards, a freshman at Bishop Montgomery High School, has been elected state parliamentarian for the California Junior Classical League (JCL). Elections were held at the 10th annual JCL State convention, held at Fresno March 6.

Sister Catherine Louise, moderator of the Montgomery chapter, and 25 students represented the school at the convention.

As parliamentarian, Miss Richards must rule on all questions of procedure raised during state meetings. She is to assist the vice president and must preside over meetings in the absence of the president and vice president.

Another Montgomery student, Christine Hunt, retired as a state officer at the meeting. She has served as historian for the past year.

New GOP Club Slates Meeting

The newly organized 67th Assembly District Republican Club will hold its first meeting tomorrow at 8 p.m. at 1415 W. Redondo Beach Blvd., Gardena. The club was organized to study election issues and provide backing for Republican candidates.

Temporary officers, named for a three-months organizational period, include Dan Noonan, president; Ray Stanford, vice president; David Neuschaffer, second vice president; Ernest Boffill, sergeant-at-arms; Mrs. Chet Crites, secretary; Mrs. Richard Hoskins, treasurer, and Mrs. Norman Trenary, parliamentarian.

THE CLUB will meet each month on the third Thursday. Programs will include speakers who are well known in Republican councils.

Patrick D. McGee, a candidate for mayor of Los Angeles, will be the speaker tomorrow.

All Republicans living in the 67th Assembly District are invited to attend the meeting and become charter members of the club. Refreshments will be served.

New Bond Sale Wins Approval

Sale of \$165,000 in Torrance Unified School District bonds was approved by the Board of Education Monday evening.

Proceeds from the sale will be needed to meet progress payments on construction now under way at Torrance High School.

S. E. Waldrip, assistant superintendent of schools for business, said the sale will leave \$3.9 million of the \$8 million bond issue voted in 1963.

Board Approves Street Plans

Plans and specifications for construction of streets in a new subdivision near Moneta Ave. and 224th Street in the Carson area have been approved by the Board of Supervisors.

The plans represent nearly \$10,000 in improvements to be borne by the tract subdivision. The project will provide access to 16 new home sites, according to Supervisor Chairman Burton W. Chace.

ROUND or SWISS STEAK

Save 39c

59¢

YOUR CHOICE

USDA CHOICE OR TABLE PRIDE

LB.

VEAL LEG or RUMP ROAST

33¢

YOUNG TENDER MILK-FED

Save 26c

LB.

BETTER FOOD MARKETS

7 SALE DAYS

THURSDAY thru WEDNESDAY

MARCH 18-24, 1965

BREADED VEAL CUTLETS

FROM THE EAST

59¢

4-OZ. PORTIONS

LB.

BONELESS STEAKS

SIRLOIN TIP LB. **89¢**

LEAN BONELESS **ROUND STEAK**... LB. **79¢**

WASTE FREE BONE IN **RUMP ROAST**... LB. **63¢**

LOIN OR RIB **VEAL CHOPS** LB. **59¢**

SHOULDER CUT **VEAL CHOPS** LB. **49¢**

ROAST OR STUFF **VEAL BREAST**... LB. **23¢**

RAFT CRACKER OIL

19¢

APPLE

BOYSENBERRY

CHERRY

PEACH

MINCE

PUMPKIN

JOHNSTON'S PIES

SAVE 20c

Fresh Frozen

49¢

LARGE 9" SIZE

ALASKA SALMON

PETER PAN PINK

SAVE 20c

TALL 1-LB. CAN

43¢

CHEON MEAT

3

12-OZ. TINS

Jack and the Bean Stalk

CUT GREEN BEANS • FRENCH STYLE BEANS • SUPER PEAS • PEAS & CARROTS

4

TALL 303 CANS

89¢

DELSEY TOILET TISSUE

PER ROLL IN 2-ROLL PAK

10¢

12-OZ. CANS 2 for 20c

TREESWEET / FROZEN **ORANGE JUICE**

6-OZ. CANS

489¢

"Maribo" HEAVYWEIGHT LUXURY STAINLESS STEEL TABLEWARE

4-PC. PLACE SETTING OR 4 TEASPOONS

99¢

NO PURCHASE NECESSARY! NEW COUPONS EACH WEEK!

4c OFF PACKAGE / SAVE 10c ON KLEENEX

FACIAL TISSUE LARG 600-CT. BOX **29¢**

STRONG AND ABSORBENT

KLEENEX TOWELS 2 GIANT ROLLS **39¢**

SAVE 15c ON THE LARGE BOX

KOTEX LARG 24-CT. BOX **69¢**

GLOBE A-1 **ELBOW MACARONI**

1-LB. PKGS.

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No Deposit-No Return

Del Monte SODA POP

20¢

1/2 QT. BTL.

FINE QUALITY CHECK THIS PATTERN AND QUALITY ANYWHERE. YOU WILL FIND IT TO BE THE BEST!!

This Coupon Worth **\$1.00**

Toward the purchase of 4-PC. PLACE SETTING Maribo stainless steel tableware.

COUPON GOOD MARCH 18 to 24, 1965

This Coupon Worth **\$1.00**

Toward the purchase of 4 TEASPOONS Maribo Stainless Steel Tableware.

COUPON GOOD MARCH 18 to 24, 1965

LONGHORN CHEESE

From Wisconsin

LB. **59¢**

BY THE PIECE

WILSON'S SPICED **LUNCH MEAT** . 3 LB. CAN **\$1.09**

BETTER FOOD SL. BOLOGNA (All Meat Beef) 6-OZ. PKG. **25¢**

COTTO SALAMI . 6-OZ. PKG. **25¢**

BETTY CROCKER CINNAMON ROLLS, 9 1/2-oz tube 29c

FINE QUALITY **DURKEE'S OLEO** ... 2 1-LB. PKGS. **49¢**

16 EXTRA TEA BAGS—FREE!

TETLEY TEA 64-CT. PKG. **65¢**

Dog Candy 7-oz. Pkg. 23c	MARTINELLI APPLE CIDER 1/2-gal. 75c	SWIFT BABY MEAT 2 Jars 53c	SCOTTISSUE 4 Pak 39c
TOILET TISSUE 4 Pak 39c	OLIVE OIL, Pompeian 4-oz. 29c	SWEETHEART SOAP, 1c Sale 4 Reg. Bars 35c	SOFT WEVE Toilet Tissue 2 Pak 25c
APPLE PLUMS No. 303 Can 25c	POPHITT WHIFF Puffed Rice 6-oz. 2 for 43c	SCOTTIES Dinner Napkins 50-ct. 2 Pkgs. 49c	TREND DETERGENT Reg. 2 for 39c
TOMATO JUICE 46-oz. 31c	DRIED BEEF, Cudehy/Sliced 2 1/2-oz. 45c	SCOTTIES Facial Tissue 400-ct. Box 25c	TREND LIQUID Giant 49c
CORNERED BEEF 12-oz. 59c	REYNOLDS ALUMINUM FOIL Reg. Roll 31c	TOTTOWELS 5 Reg. Rolls \$1	BAR-B-Q RIBS, Underwood/Frozen 14-oz. \$1.09

CONIENCE	South Gate 4466 TWEEDY BOULEVARD OPEN DAILY 9 A.M. to 10 P.M.	Carson-Torrance 223rd ST. & AVALON OPEN DAILY 9 A.M. to 10 P.M.	Los Angeles S. WESTERN at SLAUSON OPEN 9 A.M. to MIDNIGHT SUNDAY: 9 A.M. to 9 P.M.	Torrance 5305 TORRANCE BLVD. OPEN DAILY 9 A.M. to MIDNIGHT	Hollywood 4317 BEVERLY BLVD. OPEN DAILY 9 A.M. to 2 A.M.
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