



STOKELY • 46 OZ. CAN  
**PINEAPPLE JUICE**  
SAVE 48c  
**4 FOR \$1.00**

STOKELY • 303 CAN  
**GRAPEFRUIT SECTIONS**  
SAVE 45c  
**5 FOR \$1.00**

DEL MONTE • 303 CAN  
**GREEN PEAS**  
SAVE 50c  
**6 FOR \$1.00**

STARKIST • FROZEN  
7 OZ. • SAVE 62c  
**TUNA & NOODLES**  
OR  
8 OZ. • SAVE 50c  
**TUNA PIE**  
YOUR CHOICE!  
**6 FOR \$1.00**

DELUXE • 2 1/4 OZ. CAN • SAVE 18c  
**MUSHROOMS** • SLICED • CHOPPED • WHOLE **4 FOR \$1**  
14 OUNCE PACKAGE • SAVE 10c  
**MINUTE RICE** INCL. 3c OFF **39c**  
PACKAGE OF FIVE 10c BARS  
**NESTLE BARS** YOUR CHOICE **29c**  
• CARAMEL • CHOCOLATE  
• COCONUT • PEPPERMINT  
• TRIPLE DECKER



ALPHA'S BIG FIRST OF THE MONTH

PRICES EFFECTIVE MAR. 3, 4, 5, 6, 7  
WED., THURS., FRI., SAT. AND SUN.  
ALL ITEMS LIMITED TO STOCK ON HAND  
SATISFACTION GUARANTEED OR  
YOUR MONEY REFUNDED

# Dollar Sale!



SCOTT • SAVE 35c • TOILET  
**TISSUE** • PINK • LILAC • TURQUOISE • WHITE • YELLOW

**10** ROLLS FOR **\$1.00**

STOKELY • 303 CAN • SAVE 56c  
**APPLE SAUCE**

**8** CANS FOR **\$1.00**

STOKELY • 303 CAN • SAVE 62c  
**BEANS CUT GREEN**

**6** CANS FOR **\$1.00**



DELICATESSEN SPECIALS

STARKIST BRAND • 1-LB. PKG. • SAVE 10c  
**SLICED BOLOGNA** **59c**  
STARKIST BRAND • 16-OZ. CHUBS • SAVE 6c  
**LIVER SAUSAGE** **49c**  
STARKIST BRAND • 3-OZ. • SAVE 40c  
**CHIPPED MEATS** **4 FOR \$1**  
CHIPPED HAM OR SLICED BEEF

Louella • CATERING QUALITY  
**ICE** HALF GALLON **59c**  
**CREAM** SAVE 10c

IDEAL FROZEN BAGED VEGETABLES IDEAL  
34 OUNCE BAGS • SAVE UP TO 14c  
YOUR CHOICE!  
• BUT CORN • GREEN PEAS • MIXED VEGETABLES • PEAS & CARROTS • BABY FORTHOOD LIMAS • FORTHOOD LIMAS • BUT GREEN BEANS—20-OZ. PKG. **29c**

ALPHA BETA • 3 OZ. PKG.  
**CREAM CHEESE** **10c**  
SAVE 5c

HALFHILL • NO. 1/2 CAN  
**SOLID WHITE TUNA** **19c**  
SAVE 15c

GIANT SIZE  
**AJAX DETERGENT** **49c**  
SAVE 30c INCL. 10c OFF

FAMILY SIZE TUBE  
**PRELL SHAMPOO CONCENTRATE**  
SAVE 61c INCL. 14c OFF LABEL **78c**

EXTRA LARGE SIZE  
**BAN ROLL-ON DEODORANT**  
SAVE 44c INCL. 12c OFF LABEL **56c**

KRAFT • SAVE 18c  
**MAYONNAISE**  
NEW QUART JAR **45c**



The sign of GOOD TASTE...



Lancaster BRAND trim'd-rite BEEF  
**CENTER CUT CHUCK STEAK** **37c** LB.

Lancaster BRAND trim'd-rite BEEF • SAVE 26c LB.  
**CHUCK ROAST** **35c** LB.

Lancaster BRAND trim'd-rite BEEF • SAVE 20c LB.  
**BONELESS CHUCK ROAST** **69c** LB.

Lancaster BRAND trim'd-rite BEEF • SAVE 30c LB.  
**Round-Bone ROAST** **49c** LB.

Lancaster BRAND trim'd-rite BEEF • SAVE 30c LB.  
**SHORT RIBS** LEAN AND MEATY **19c** LB.

Lancaster BRAND trim'd-rite BEEF  
**GROUND CHUCK** . . . **59c**  
**GROUND ROUND** . . . **69c**  
**Boneless STEWING BEEF** **79c**

Have you tried? **SWORDFISH BROCHETTE?**  
Melt 1/4 c. butter or margarine in frying pan and sauté 6 large swordfish steaks and one green pepper, broiled and cut into diagonal strips. Alternate 1-lb. swordfish, cut in 1-inch cubes, mushrooms, pepper and 2 large tomatoes, cut in 1/4", on 4 seven-inch skewers. Broil 4 inches from source of heat for 10 minutes, turning occasionally, until browned. Dress with lemon butter sauce while cooking. To make lemon butter sauce, heat 1/4 c. butter or margarine in sauce pan until golden brown, stir in 2 lb. chopped Swiss Chesse & juice of one lemon, 1/4 tsp. paprika. Make 4 servings.  
**CENTER CUT SWORDFISH STEAKS** **79c** LB.  
(PRINTED RECIPES AVAILABLE ON STORE)

Lancaster BRAND • USDA GRADE A • FROZEN  
**TURKEYS**

TONS **35c** HENS **39c**  
FARMER JOHN • 1-LB. PKG. **49c**  
FARMER JOHN • 1-LB. ROLL **39c**

Lancaster BRAND • WHOLE OR HALF  
**HAMS** SEMI-BONELESS **59c**

12-OUNCE JAR  
**WESTERN OYSTERS** **69c**

LENTEN SEA-FOOD SPECIALS CERTI-FRESH • FROZEN  
BREADED FISHSTICKS 14-OZ. PKG. **49c**  
BREADED OYSTERS 7-OZ. PKG. **59c**  
HALIBUT STEAKS 12-OZ. PKG. **69c**  
NORTHERN FRIED HALIBUT 1/2-2Z. **69c**  
SOUTHERN FRIED SHRIMP 7-2Z. **69c**  
7-OUNCE PACKAGE SCALLOPS **59c**  
COLossal • BREADED SHRIMP 1-LB. PKG. **99c**

FINE OR REG. GRIND  
**MJB COFFEE**  
1 LB. CAN SAVE 14c INCL. 5c OFF **69c**  
2 LB. CAN SAVE 30c INCL. 10c OFF **1.35**  
10-OUNCE INSTANT SAVE 60c INCL. 30c OFF **1.29**

COMPLETE YOUR "TABLE MATES" ensemble with ROYAL VINYL LACE TABLECLOTHS  
54x72" \$3.98  
72" Round 3.98  
60x90" 4.98  
PRICED \$1 BELOW USUAL RETAIL PRICES!

ALPHA BETA BONUS COUPON  
**FREE!** ONE ONLY  
**INDIAN HEAD NAPKIN**  
WITH THIS COUPON & MINIMUM \$10.00 PURCHASE OR 50c EACH WITH COUPON AND MINIMUM \$5.00 PURCHASE (EXCLUDING FLUID DAIRY PRODUCTS)  
COUPON GOOD THRU TUES. MAR. 9 NO. 8



"PREMIUM PACK" BEST FOR BAKING OR MASHING

ANGEL CITY  
SHRIMP PELLETS 2 1/2 LB. BOX **59c**

ARIZONA'S FINEST  
**GRAPE-FRUIT** **8** LB. BAG **39c**

THIN SKIN • FULL OF JUICE  
**NAVEL ORANGES** **4** LB. BAG **39c**

WASH. STATE • EXTRA FANCY  
**WINESAP APPLES** **3** LB. BAG **39c**

"BIG BAG BARGAINS"  
BETTER PRODUCE AT BETTER PRICE

U.S. NO. 1 RUSSET  
**POTATOES** **5** LB. BAG **39c**

GOLD MEDAL NOODLES MEDIUM, WIDE, EXTRA WIDE 1-LB. PKG. **35c**

PACIFIC HONEY TREAT GRAHAMS 1-LB. BOX **35c**

KLEENEX 2 PLY BOX OF 200 **25c**

LAVA LARGE SIZE 2 FOR **35c**

JELL-O 3-OZ. PKG. ASSORTED FLAVORS 3 FOR **29c**

BALA CLUB REGULAR OR THIN LINE 12 OUNCE CANS 12 FOR **\$1.00**

HEINZ STRAINED BABY FOODS VEGETABLES AND FRUITS 3 FOR **35c**

BANQUET FROZEN MEAT PIES 8 OUNCE SIZE 5 FOR **\$1.00**

SALE TAX COLLECTED ON ALL TAXABLE ITEMS  
TORRANCE 2720 CARRILLO AVE.  
TORRANCE 5130 190th ST. at ANZA  
REDONDO 1880 S. PAC. COAST HWY.  
D. DOMINGUEZ HILLS 190th ST. at AVALON  
**ALPHA BETA**  
OUR GROWIN' KEEPS SHOWIN'  
**PAY UTILITY BILLS FREE!**  
AT ALPHA BETA  
MONEY ORDERS ONLY 20c EACH