



Good Old-Fashioned Thrift Days Sale!

featuring **Lancaster BRAND MEATS**



6 BIG SALE DAYS!
PRICES EFFECTIVE: TUES. THRU SUN.
FEBRUARY 23, 24, 25, 26, 27 AND 28
ALL ITEMS LIMITED TO STOCK ON HAND

FARMDALE • FROZEN
GREEN PEAS **10¢**
10-OZ. PKG. SAVE 7¢

IODIZED
LESLIE SALT **10¢**
26-OZ. CTN. SAVE 5¢

DUTCH PRIDE
IMITATION ICE MILK **29¢**
HALF GALLON SAVE 10¢

Lancaster BRAND trim'd-rile BEEF
PORTER-HOUSE **95¢**
SAVE 5¢ L.B.

Lancaster BRAND trim'd-rile BEEF
TOP SIRLOIN **\$1.19**
SAVE 8¢ L.B.

EASTERN QUALITY • PICNIC STYLE • SAVE 10¢ L.B.
PORK ROAST **29¢**
L.B.

BONELESS BOSTON BUTT ROAST **49¢**

OSCAR MAYER • EASTERN QUALITY • SAVE 20¢ L.B.
SPARE RIBS **49¢**
L.B.

Lancaster BRAND or WILSON CERTIFIED
SLICED BACON **59¢**
1 LB. PKG.

BATH BLACKHAWK • HONEY GLAZE • SAVE 5¢
CANNED HAM **5 \$4.98**
L.B. CAN

Lancaster BRAND trim'd-rile BEEF
T-BONE STEAK **89¢**
SAVE 5¢ L.B.

- Lancaster BRAND trim'd-rile BEEF**
- BONELESS RUMP ROAST... 89¢**
 - SIRLOIN TIP STEAKS... 98¢**
 - N.Y. STEAKS or FILET MIGNON... \$1.00 L.B.**
 - EASTERN QUALITY PORK STEAKS... 50¢**
 - FRESHLY GROUND PORK SAUSAGE... 30¢**

KULD KIST • FROZEN BUTTERED BEEF STEAK 49¢
CERTI-FRESH • FROZEN BREADED SHRIMP \$1.49
1 1/2 LB. PACKAGES FISH STICKS 79¢

Have you tried... OLD-FASHIONED SHORT RIBS?

Place 3 lbs. of ribs in roasting pan, meaty side up. On each piece place a slice of lemon and onion. Roast in 450° oven 30 minutes; covered. Combine 1 C. catsup, 1/2 C. Worcestershire sauce, 1 t. Chili powder, 1 t. salt, dash tobacco sauce, 2 C. water, bring to boil. Pour off any accumulated fat. Pour sauce over ribs. Bake for 60 minutes at 350°.

Lancaster BRAND trim'd-rile BEEF SHORT RIBS 25¢
L.B. Pkg.

VITA PART • FROZEN • 6 OZ. CANS • SAVE 25¢
ORANGE JUICE **5 FOR \$1**

MORTON'S • FROZEN • 8 OUNCE SIZE
MACARONI AND CHEESE CASSEROLE **15¢**
SAVE 3¢

4th & LAST MAT COUPON
NAPKIN, ROUND AND RUMPER COUPONS STILL TO COME

ALPHA BETA BONUS COUPON
FREE!
ONE ONLY **VINYL-LACE TABLE MAT**
WITH THIS COUPON & MINIMUM \$10.00 PURCHASE OF 5¢ EACH WITH COUPON AND MINIMUM \$5.00 PURCHASE (EXCLUDING FLUID DAIRY PRODUCTS)
Coupon Good thru Tues., Mar. 2

COUPON NO. 7

VERMONT MAID • 24-OZ. BOTTLES • SAVE 10¢
WAFFLE SYRUP **59¢**
BUTTERED OR REGULAR

OUR GROWIN' IS SHOWIN' AGAIN... THIS TIME IT'S IN LONG BEACH
1340 EAST SEVENTH ST. NEBRASKA

- PINK OR CLEAR • 22-OZ. • LIQUID**
- TREND DETERGENT** **29¢** SAVE 14¢
 - ALL VARIETIES • 7KG. OF 2 ENVELOPES**
KNORR SOUPS **39¢**
 - FREE TOP • 24 OUNCE CAN**
APPLE JUICE **19¢** SAVE 6¢
 - 10 OZ. CANS • ALL FLAVORS • SAVE 16¢**
SEGO LIQUID **4 FOR \$1** DIET FOOD
 - HAL CAT • TUNA • 6 1/2 OZ. • SAVE 4¢**
CAT FOOD **2 FOR 25¢**

YUBAN COFFEE
ALL GRADES 1-LB. CAN **79¢**
2-LB. CAN **\$1.55**

10-OZ. MAXWELL HOUSE INSTANT COFFEE
INCL. 30¢ OFF **\$1.49**

WHITMAN CHOCOLATES
5 TO 6-OZ. REG. 20¢ OFF **4 FOR \$1** BOX

GET OLD-TIME VALUES PLUS... S&H GREEN STAMPS!

GOLDEN DAYS • 2 1/2 CAN • ELBERTA • SAVE 8¢
PEACHES **17¢**
SLICED OR HALVES

24 OUNCE BOTTLE • SAVE 14¢
WESSON OIL **29¢**

GOLD MEDAL • SAVE 20¢ • INCL. 5¢ OFF
FLOUR **5 LB. BAG 39¢**

BETTER PRODUCE AT A BETTER PRICE
and you get **S&H GREEN STAMPS, TOO**

ALPHA BETA "RICH IN VITAMIN C" ARIZONA'S FINEST • WHITE

GRAPEFRUIT **5¢**
YOUNG & TENDER • 1 LB. CELLO BAG YOUR CHOICE

CARROTS **5¢**
EACH

U.S. NO. 1 • NORTHEARN BROWN ONIONS **4¢**
L.B.

JUMBO SIZE • SWEET • SUNKIST HAVEL ORANGES **8 FOR \$1**

15 OUNCE PACKAGES IDEAL RAISINS **4 FOR \$1**

MICRIN ORAL ANTISEPTIC
REGULAR 69¢ INCL. 5¢ OFF
MED. SIZE **44¢**

ROBERT PECK EGG SHAMPOO
PINT 67L. SAVE 20¢ **39¢**

DELICATESSEN SPECIALS

Lancaster BRAND or WILSON CERTIFIED • ALL MEAT 1 POUND PACKAGE
FRANKS **49¢**
ALPHA BETA WIENER ROLLS 10-PACK 35¢

Lancaster BRAND • 6 OZ. • SLICED • DOMESTIC
CHOPPED HAM **39¢** SAVE 10¢

ALPHA BETA • LARGE CHUNK • SAVE 20¢
LONGHORN Cheddar **59¢**

ALPHA BETA • 1/2 LB. PKG. • DOMESTIC • SLICED
SWISS CHEESE **59¢** SAVE 10¢

GREEN GIANT

- GREEN PEAS** 303 CAN
- WHOLE CORN** 303 CAN
- NIBLETS** 12-OUNCE VACUUM CAN

YOUR CHOICE **6 FOR \$1**
SAVE UP TO 30¢

ALPHA BETA DELICATESSEN SPECIALS

ALPHA BETA JIFFY • 9-OZ. PKGS. • 6 VARIETIES
CAKE MIX **10¢**
ALSO
• 7 OUNCE FROSTING MIXES
• 8 1/2 OZ. CORN MUFFIN MIX
• 8 OZ. HONEY DATE MIX

YOUR CHOICE

SATISFACTION GUARANTEED OR YOUR MONEY REFUNDED

SELLING THE CHEAPEST ON THE MARKET TODAY

TORRANCE 3730 CARIBLLO AVE. TORRANCE 5130 190th ST. at ANZA REDONDO 1440 S. PAC. COAST HWY. DOMINGUEZ HILLS 190th ST. at AVALON

ALPHA BETA "OUR GROWIN' KEEPS SHOWIN'"

CAMAY REGULAR SIZE 2 FOR 21c	PERSONAL IVORY 4 FOR 29c	IVORY MEDIUM BAR 2 FOR 21c	NUCOA MARGARINE 1-LB. CARTON INCL. 2¢ OFF 29c	NABISCO DOG FOOD MILK BONE FLAVOR SNACKS 15 OZ. PKG. 31c	PACIFIC STA CRISP SODA CRACKERS 1-LB. BOX 29c	WILSON 12 OUNCE CANS MOR or BIF 39¢ 15 1/2 OUNCE CAN CORNED BEEF HASH 3 for \$1.00
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PAY UTILITY BILLS FREE! AT ALPHA BETA MONEY ORDERS ONLY 20¢ EACH