

Torrance Guard Unit in Annual Inspection

A Penny for your Thoughts

Your Second Front Page

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BRIDGE BUILDERS . . . Torrance National Guardsmen unload equipment during a bridge building exercise, held as part of the unit's annual general inspection. The unit, a member of the 132nd Engineer Battalion, hosted an inspection team of Regular Army personnel from the Sixth Army, San Francisco.

Test on Rifle Is Due Next

The annual general inspection of the Torrance National Guard unit, Company E of the 132nd Engineer Battalion, was held at Cabrillo Beach, San Pedro.

Colonel Barney D. White, Inspector General from Headquarters, Sixth U.S. Army, Presidio, San Francisco, headed a team of regular Army personnel who inspected the Torrance company's records, equipment, and performance during the rigid weekend review.

Highlight of the drill was the construction of a three-sectioned floating pontoon raft. Training with B Company of Lynwood, the Torrance Guardsmen built and floated a giant vehicle-carrying raft from the shores of Cabrillo Beach.

IN ADDITION to the bridge demonstration, the men underwent an in-ranks inspection for the visiting Army brass.

The next large scale exercise for the Torrance company, a member of the 40th Armored Division, will be their annual rifle qualification tests at the El Toro Marine Base rifle range in June.



ON-THE-SPOT AID . . . Torrance National Guardsmen, members of E Company, 132nd Engineer Battalion, conduct first aid demonstration for visiting inspection team from Sixth Army, San Francisco, during the unit's annual general inspection held at Cabrillo Beach.

By HAL FISHER
The Fannies Reporter asked several people in a local market this week: "Do you think civil rights supporters gain anything through their use of demonstrations?"

Dave Brower, 22965 S. Vermont Blvd.

"As long as they use non-violent demonstrations I think it is good. The Negro people have been suppressed long enough. Sooner or later any man has to speak out for his rights. One hundred years is long enough to wait quietly."

Jean Covert, 12134 Louise St., Compton

"No, I don't. I think there are too many fanatics willing to take advantage of these demonstrations to make trouble. People are bound to get hurt. Demonstrations turn public opinion against the Negro cause."

Mrs. Georgia Luther, 31928 Halldale Ave.

"You can't blame people for wanting their rights, but I think it would be better to handle the problem by more peaceful means. There are good and bad people on both sides of the race question."

Pete Strimareo, 22965 S. Vermont Ave.

"They are using the wrong methods. They should prove themselves individually as the Italian-Americans did years ago. They are making more enemies than friends by using forceful methods like these demonstrations."

Ralph Lauro, 535 W. 12th St., San Pedro

"It's about time that something happened but I think it should be done through the schools. Education is the key. By teaching the young of all races to respect each other's rights the problem will be eliminated. Demonstrations are the wrong way."

Ann Landers Says

Go Slow, Big Daddy, This One's No Good

Dear Ann Landers: Five months ago I fell for a girl who works in an all-night cafe. She is better looking than Elizabeth Taylor. I was never allowed to see her to the door of her apartment because she lived with her brother and he didn't want her to go with men she met at work.

Two weeks ago I found she HAS no brother. She has a light housekeeping arrangement with an unemployed ball player.

I've given this girl \$300 to

Footlight Will Stage New Drama

"The Hasty Heart," a comedy-drama by John Patrick, will begin a three-weekend run Friday, March 12. The theater-in-the-round production by Footlight Theater will feature Herman Goodman.

Goodman, a Torrance teacher, will take the role of Sgt. Lachlan MacLachlan, the Scottish soldier who must open his heart to friendship.

Goodman and Joyce Peterson will co-direct "The Hasty Heart." Tickets are available by calling DA 9-5338. Admission for adults will be \$1.45 and students will be admitted for 75 cents.

The play is set in a British hospital in Burma and tells the story of a lonely soldier who wants companionship, but is too proud to accept the persistent bids for friendship from other patients.

Michael Steele will play Yank, the easy-going American, and other soldiers will be played by Myron Cole, Tom Massey, Dennis Pierce, and James Claxton. Edith Nielsen will play the nurse who falls in love with the door Scot. James Pinfield of Inglewood, who came to the United States from England, will play the British Colonel, any way she wants to. What

pay back bills. I sent her to a chiropodist to get her feet in shape. I sent her to my dentist to get her teeth fixed. I even offered to pay for her French lessons when she told me she was nutty over the language.

I've asked her to marry me but she says she cannot marry out of her faith. I have never known her to go to church so I asked about her religion. She said "I am a Seven-Day Adventurist."

I know she is a little phony but I love her anyway. I think with love and a few of the nicer things in life I could make something out of her. How about it? — BIG DADDY

Dear Dad: Dozens of girls would give their left lung for a man who is as kind and generous (and as solvent) as you.

Set your sights higher, Buddy Boy, and quit measuring a girl's worth by her looks. Those hidden assets are what count.

Dear Ann Landers: I am 15 and a freshman in high school.

Last night Tony (not his real name) called me for the first time. I had been hoping Tony would call me because I'm been admiring him for a long time.

We weren't on the phone more than two minutes when my two younger brothers got into an argument. My mother came running out of the kitchen into the hall (where the phone is) and screamed right into the phone, using some very vulgar language.

Tony heard every word and asked who was screaming like that. I lied and said it was the cleaning woman.

After I rang off I went into the kitchen and asked my mother if she would please not shout such foul language into the phone again. She called me "Princess Margaret" and said she will talk any way she wants to. What

do you suggest? — SHAMED OUT

Dear Shamed: I know of no way to protect yourself against a mother who does not care what she says, when she says it, or to whom.

I don't believe children should apologize for parents nor do I think it is fair to blame the cleaning lady. If you have another similar experience, simply say, "I'm sorry, my mother lost her temper and I can't do anything about it."

Dear Ann Landers: I've just received an invitation to a money shower and I am really burning. Isn't this bad taste, even though the person who invited me is my aunt and says only relatives and close friends are being asked?

I am enclosing a self-addressed, stamped envelope for an immediate personal reply, but I hope you will print my letter in the paper for the benefit of other readers who may be similarly afflicted. — THE CAMEL'S BACK

Dear Back: Money showers are an ancient custom which originated in Europe. In my view the custom should have been LEFT in Europe.

To solve some of the frustrations, disappointments and disappointments of married life, send them to her in care of this newspaper enclosing a stamped, self-addressed envelope.

Ann Landers will be glad to help you with your problems. Send them to her in care of this newspaper enclosing a stamped, self-addressed envelope.

COLLEGE HOUR
A stamp featuring the New Rondells band will be presented March 3, for the students of Harbor College at the noon College Hour. The Associated Students present a weekly College Hour for the students' noontime entertainment.

By K. H. SUTHERLAND, M.D. County Health Officer

The term "heart disease" is a general catchword that includes many different disorders which affect not only the heart but the entire circulatory system as well.

Of the various kinds of heart disease—or cardiovascular disease, as medical men call it—arteriosclerosis (stroke) and hypertension cause almost half of the total deaths occurring from all causes in the United States each year.

Even so, great strides have been made in reducing the death potential, attributable to the major medical advances in research and in the prevention and treatment of heart disease in recent decades.

ACCORDING to the American Heart Association, in 1960 there were 50,000 fewer deaths from hypertension and hypertensive heart disease, and 16,000 fewer deaths from stroke, than would have been expected had the 1950 rates persisted.

The Association credits accelerated research and improved medical procedures and therapies with the following statistics:

Since 1950 the death rate from high blood pressure and hypertensive heart disease dropped 47 per cent among middle-aged women and 45 per cent among middle aged men—persons in the 45 to 64 year age bracket. The drop in death rate from strokes between 1950 and 1960 was 10 per cent at all ages.

HEART ATTACKS most

COUNT MARCO SAYS

Ranks of Grass Widows Growing

There are 8 million widows wearing black and pearls in the United States at the present time.

American women have a life expectancy seven years greater than the average man, and the average wife is younger than her husband.

If you wish to compute the number of years you will live as a widow, add your seven years greater longevity to the difference in age between you and your husband. For instance, if your husband is three years older than you it is likely that you will be a widow for ten years.

In my continual research in your behalf, I have talked with thousands of widows aged 65 and

frequently result from arteriosclerosis, or hardening of the arteries. As this ailment progresses, it gradually narrows the blood vessels and may finally shut off an artery serving the heart muscle, thus depriving a section of the heart of its blood supply. Symptoms may vary greatly but often include severe and painful sensations of pressure in front of the chest, sometimes extending to the arm and other parts of the body. There may also be sweating, sudden and intense shortness of breath, and loss of consciousness. Impairment of blood supply to the brain caused by arteriosclerosis may similarly cause gradual or sudden and dramatic damage, in this instance a stroke.

Hypertension, or high blood pressure, is another common underlying cause of heart trouble, and this condition affects perhaps 5 million Americans. In hypertension the heart must pump with more than normal force and arteries must carry the blood under increased pressure. If continued over a long period of time, this impairs the function of the circulatory system and frequently contributes to the development of arteriosclerosis. Fortunately, there is a growing list of drugs which are effective in controlling most cases of high blood pressure.

FRIGHTENING as heart disease may be to many, it is encouraging to know that most people who have heart attacks today recover and return to work; that most high blood pressure usually can be controlled; that many stroke

patients are able to regain much of their productivity when rehabilitation begins soon after the stroke; and that "healthy" individuals may help to save their own lives by seeing their doctor for regular physical examinations and by following physicians' orders in relation to diet, weight control and cigarette smoking.

A great deal of information on all aspects of heart disease is available on request from any branch of the Los Angeles County Heart Association or from its headquarters office at 2405 W. 5th Street, Los Angeles 57.

Lomita VFW Auxiliary Joins COOL

Members of the Lomita Auxiliary to the Veterans of Foreign Wars have voted to join the Cooperating Organizations of Lomita, known as COOL. The auxiliary named Mrs. Walter J. Schroeder and Mrs. Fred Ahlstrom to represent it at COOL meetings.

Mrs. Schroeder also is chairman of the Lomita and Harbor City Community Heart Fund Association for 1965. Mrs. Clarence Fenske, another auxiliary member, is division chairman for the Heart Fund in Lomita.

Refreshments were served at the close of the meeting. The organization will hold its next meeting March 16 at the VFW Hall, Lomita Boulevard and Allene Street. Mrs. Marion W. De Sollar, president, will preside.

These grand women of another era knew hardships unheard of by you; they raised huge fam-

Pack 966C Presents Cub Awards

Cub Scout Pack 966C held its regular monthly meeting Jan. 26 at the Meadow Park Elementary School.

Awards were presented to members during the meeting. Boys earning Bobcat pins were: David Bosworth, Dennis Bosworth, Phillip Herley, Norman Coy, Christian Peterborough, and Steven Bradford.

Wolf badges were awarded to Mike Fullmer, Mike Krovd, and Scotty Birk. Timmy Hunter received a bear badge and David Zimmerman received a lion badge.

Gold arrows were presented to: Mike Fullmer, David Zimmerman, Mike Krovd, Berry Newman, Scotty Birk, and Donald Ernst. Silver arrows were earned by: David Zimmerman, Mark Krovd, Berry Newman, Guy Hollowell, Kelly Toman, and Brian Cambra.

Kelly Toman and Brian Cambra received birthday book bears, and Mike Fullmer received his one-year pin. A two-year pin was given to Dennis James.

Denner stripes were given to Ned Brown, Tony James, and Jim Ward. Assistant denner stripes were given to Robert Fields, Berry Newman, Mike McClaren, and Scotty Birk.

Mrs. Joan Larson, den mother to Den 5, was given her den mother's pin.

Retreat at St. James Church Set

The Rev. George Ingrisano, O. Carm. will conduct a spiritual retreat for the women of St. James Parish Friday, March 5, and Saturday, March 6. All women of the parish are urged to attend.

The annual retreat is designed to "put all those who attend in a proper frame of mind so that the season of Lent will be a profitable time spiritually for them and their families," Rev. Ingrisano said.

The Rev. Ingrisano is assistant pastor of St. Raphael's Church in Los Angeles and has directed a number of lay retreats.

Sessions will be held at 8 Friday evening and all-day Saturday. An 8 a.m. mass will be celebrated Saturday and a luncheon is planned. Lunch reservations can be made at the Rectory not later than March 1.

lies, with none of your modern conveniences.

Forty, 50 and even 60 years with the same husband was commonplace. Their secret? It's easy. They knew how to take care of a man. If they didn't know at the time they married, they, being real women, learned how. They didn't shirk their duties like the lazy things of today.

Don't snap at me. "They had to stick it out whether they wanted to or not." No real woman "sticks it out," she "lives it out." It's only you unwomanly creatures who get unstuck via the divorce court.

A grass widow never is accorded the same reverence and respect as that given to a woman who "spent the best years of her life with the one man of her choice."