PRESS HERAID FEBRUARY 21, 1965

Ann Landers Says

Such In-Laws Do Not Sound Normal to Ann

New Year-Term

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A Penny

Thoughts

for

vour

places are the cause of a lower mo-ral atmos-

Party phere, just one of the effects. Whether





inside Mexico City taxicabs: fringed curtains on the wind-shield, religious paintings on the windows, the Virgin of Gundelupe on the dashboard, an array of birds, kewpie dolls, tin Aztec masks dan-gling from the ceiling, girls' names painted on the back. Baron Alfred de Cabrol is now one of Mexico City's so-cial leaders. At his partices.

piness than in your country.

If you have a husband who

has worked himself into such a

nervous state for you that he has developed an ulcer, there

are things you can do for him

Remember, anything you do for

pain. This puts him in a nicer

frame of mind to do the things

you want him to do without his

The first cause of ulcers is

tension. Give your man mental

and physical rest. Don't let him

worry about his home and his

job. Take more responsibilities

on yourself. If there is a lawn

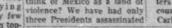
to be mowed, mow it. It's good

for your figure, and it gives him

knowing he is doing them.

Relieving his ulcer relieves his

your man helps you too.



PURE WATER . . . Technical processes to bring the freshest water supply possible to residents of Southwest Los Angeles are observed by county officials during an inspection of an addition to the Waterworks Districts Central Operations headquar-ters at 10426 S. Normandie. Observers are, from left, Harvey Brandt, chief deputy county engineer, Kenneth Hahn, supervisor; D. M. Blosser, machine operator and Carl Hoffman, president of the Harbor District Chambers of Commerce.

You Can Help Him Avoid Ulcers





HERB CAEN IN MEXICO

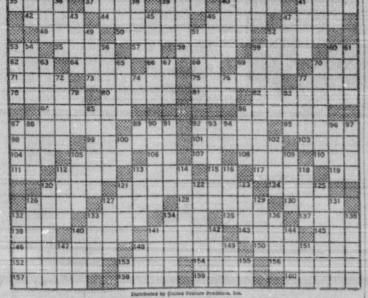
MEXICO CITY - Every -you have had four."

Ted Potter, 2617 Matthew St, Redondo Beach: Nobody is forcing these who disap-prove to pa-tronize these e at a blish-ents. If othe doesn't ap-prove the ex-tronize these e at a blish-ents. If othe doesn't ap-prove he ex-proves the ex-tronize these e at a blish-ents. If othe doesn't ap-prove the ex-tronize these e at a blish-ents. If othe doesn't ap-prove he ex-proves the ex-tronize these at a blish-ents. If othe doesn't ap-prove he ex-proves the ex-tronize these at a blish-ents. If othe doesn't ap-prove the ex-prove the ex-prove the ex-prove the ex-prove the ex-tronize these at a blish-ents. If othe doesn't ap-prove the ex-prove the ex-prove the ex-prove the ex-prove the ex-prove the ex-prove the ex-tronize these at a blish-ents. If othe doesn't ap-prove the ex-tronize these prove the ex-prove the ex-prove the ex-prove the ex-tronize these prove the ex-tronize these these these the ex-tronize these these the ex-tronize these these these these the ex-tronize these these

COUNT MARCO SAYS

Whether, these places are good or bad is up to the individual to decide. After all, you have to be over 21 to go in." now one of Mexico City's se-cial leaders. At his parties, the likely likes of Baron Guy de Rothschilds, Principessas and Condeassas, movie pro-and contenses. Merte





Two Ears,

Two Eyes,

And a Nose

Math has become s thing to sing about in a econd grade combina-class at Arlington first

Literally, that is. Guitar-playing Mrs. Nina Grant has discovered her six- and seven-year old stu-dents really take to modmath they've ern when learned about sets by sing-

Crooning a tune about "two eyes, two ears, and one nose" gives the singing set a desire to learn more about numerical sets, cording to Mrs. Grant.

When they are not mast-ering math via musical motivation, students in the combination class are ac quiring arithmetic know-how by gaining familiarity with as well as tim worn terminology, she add-ed.

Fewer European men have ulweekends

cers than American men --- un-When the car needs washing, doubtedly because wives in Eurwash it. After all, you probably ope are more concerned about drive it. their husband's health and hap-

It is a medical theory that acid kept busy digesting food won't have a chance to work on the stomach wall. Feed your husband often. Give him frequent meals, including a bedtime snack (preferably in bed) to break into the long period between supper and breakfast when the stomach is empty

To prevent ulcers, don't rush him through his meals. Make him chew his food thoroughly because this makes for smoother digestion. Also keep your mouth shut if you can't do anything but complain during meals. De velop a musical voice to soothe his puncted nerves.

Many experts believe liquor and tobacco stimulate excessive flow of acid into the stomach. Cut down on his smoking and drinking (poor man, but advise him it's only for his own good). However, if you are cutting down on his, give up yours altogether. He will be much happier knowing you are sacrificing for him.

Teach him to avoid unnecessary tension by relaxing. But don't let yourself get carried away and confuse hard work around the house with tension; sometimes working extra hard to get a job out of the way will reduce tension rather than create

And give him a hobby, preferably one he'd love, sort of like yourself. Keeping you happy should be his major kobby Teach him. A koppy couple never has ulcers.

the peaceful rest he needs on