

'Barebones Budget' Must Withstand Critical Look

By VINCENT THOMAS
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 Taxpayers all over California are bracing themselves against the impact of higher state levies which are now a certainty in some form or other. The "bare bones" budget for 1965-66 submitted by the Governor cannot be balanced without additional revenues, and even more money will be needed in succeeding years.

The massive \$4.02 billion spending program is, of course, the largest in history. The budget message points out that this total represents an increase of only 3.1 per cent over the "revised" total for 1964-65 of \$3.9 billion. For the first time, the budget request is submitted in two parts. The first would provide only for continuance of existing services, including necessary allowances for population growth. Tied into it are the Governor's recommendations for a additional revenues needed to finance it.

THE SECOND part contains the recommendations for salary increases, and for new or expanded services of several kinds. These recommendations would cost about \$125 million annually, and would raise the budget total to \$4.145 billion, thus raising the step-up over last year to 6.2 per cent. This second part is also accompanied by suggestions for additional revenues needed to pay for it.

The Governor stated that the proposals in the second part, while important to California's future, should not be authorized until the bare bones budget has been balanced. The budget message declares that the answer to the question, "why must state taxes go up at all" is threefold. First, our population is growing most rapidly among those of school age, so the costs of educational facilities are sky-rocketing. Second, California leads the nation in assistance to local governments, 66 per cent of the operating budget going for that purpose, and this aid must be increased, if urban, traffic, and recreation needs are to be met. Third, cost of government constantly increases, even without respect to population growth.

TO PAY FOR the bare bones budget, the Governor suggests a number of tax proposals. These include an increase in the cigarette tax from 3 cents to 5 cents per pack, and a new 20 per cent levy on other tobacco, estimated to produce \$101 million annually for state government, and \$39 million for local property tax relief. Also on the list are changes in gift and inheritance taxes, \$54 million, and withholding of state income taxes, with full forgiveness of double taxes, which is estimated to lower revenues in 1956-66, but increase them some \$60

million per year thereafter. Altogether, the suggestions would produce an added \$75 million the first year, \$245 million the second. To finance his "second phase" recommendations, the Governor proposes raising \$127 million by a one-third increase in each step of the income tax, and suggests several other changes in the income tax to raise about the same amount. A new consumer tax on utility services—electricity, gas, and telephones—would raise \$100 million. Many other possibilities in new taxes were also mentioned.

Snakes that are able to swallow their victims whole perform this amazing feat by unlocking their lower jaws from their upper jaws.

50 Years Ago

First Coast-to-Coast Phone Call Remembered

Fifty years ago, Alexander Graham Bell sat before a telephone in New York City and placed a telephone call to his assistant, Thomas A. Watson.

A similar call had been placed some 39 years earlier, and there might not have been too much ado about the 1915 call had Watson been in New York, too. Watson was in San Francisco, and the telephone call was the first transcontinental telephone hook-up in the world. President Woodrow Wilson, talking from the White House, and Theodore N. Vail, president of the American Telephone and Telegraph Co., joined Bell in the historic call. Vail spoke from Jekyll Island, Ga., and his voice traveled more than 4,000 miles.

IN SAN FRANCISCO, Watson was joined by the mayor and the president of the new

opened Panama-Pacific Exposition. Officials of Pacific Telephone Co. also were present.

The first transcontinental call prompted the 1915 World Almanac to call the telephone one of the "Seven New Wonders of the World," classifying it with the airplane, radium, antiseptics and antibiotics, spectrum analysis, X-ray, and the wireless.

It took 23 minutes to place that call and it had to travel through operators in cities all along the route. Today, with direct distance dialing, the same call can be placed in about 43 seconds by dialing an area code and a telephone number.

TODAY, the single line which carried the Bell-Watson conversation has grown 24,000 Bell System circuits linking virtually every city in the country.

you place it after 9 p.m. the cost is \$1. Further reductions in long distance rates will be announced shortly, according to Pacific Telephone.

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Heart Failure Symptoms Listed

Heart failure is a circulatory disorder which may occur when the heart fails to perform normally. The heart is a pump which keeps blood circulating. It does this by opening its hollow interior to accept a load of blood and then pushing with its muscular walls to force this load into the arteries of the body. Each beat of the heart pumps about a cupful of blood out into circulation.

Following each beat, the walls of the heart relax, allowing more blood to enter preliminary to being forced out by the next heart beat. A system of valves keeps the blood flowing through the heart in the right direction.

HEART FAILURE is essentially a loss of the heart's ability to keep up with its pumping job. Many things can cause this to happen. One of the simplest and most common is a weakening of the heart muscle which leaves the heart unable to eject a sufficient load of blood with each beat. Blood entering the heart can then not be pumped along fast enough. As the heart falls behind in its work, blood backs up into the veins which carry blood to the heart for pumping. The veins become choked with blood and some of the overflow leaks back into the body tissues to form an abnormal fluid collection called dropsy or edema. This is one of the best known signs of heart failure. During the day, gravity may cause this edema to collect in the lower parts of the body, leading to swelling of the ankles and legs. At night this excess fluid in the circulation may be redistributed to the

lungs when the affected individual lies down. The resulting edema of the lungs interferes with breathing and may lead to shortness of breath which frequently can be relieved by sitting up.

MEDICAL TREATMENT of heart failure is based largely on attempts to strengthen the heart through the use of drugs. Most commonly used for this purpose is the drug digitalis, or one of its newer derivatives. Administration must be carefully controlled by a physician, for improper dosage may lead to serious complications. Properly used, however, digitalis can help to maintain the good health of a person who would otherwise be severely incapacitated by the symptoms of heart failure.

Treatment may also require some dietary restriction on the use of salt. Excessive salt can cause an increased collection of fluid within the body, adding to the burden of the failing heart. In some cases physicians prescribe diuretics, drugs which stimulate the kidneys to clear excess salt from the circulation. But the use of diuretics, as well as digitalis, make regular visits to the physician mandatory since the correct dosages can only be determined by physical examination.

Among the many causes of heart failure the most common are arteriosclerosis (hardening of the arteries), rheumatic fever, thyroid disease, high blood pressure, severe anemia, and even malnutrition. But, of all our illnesses, none responds better than heart failure when it is discovered early and treated properly.

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Green Beans	16-OZ. CAN	4 FOR \$1
Cream Style Corn	CHESTER 16-OZ. CAN	5 FOR \$1
Whole Kernel Corn	GOLDEN 16-OZ. CAN	5 FOR \$1
Applesauce	15-OZ. JAR	5 FOR \$1
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