



J. A. JOHNSON
New Manager's Post

Utility Co. Names New Executive

J. A. "Art" Johnson, 41, has been named manager of the southeast division of Southern California Gas Co., according to E. M. Banks, president of the investor-owned utility.

Johnson succeeds C. T. Schweitzer, who becomes metropolitan division manager for the firm.

A native of Arkansas, Johnson graduated from Visalia, Calif., High School and attended the College of the Sequoias. He served with the 27th Infantry Division in World War II.

He began his career with the gas company as a customer service department employee in 1947. Johnson served as supervisor of quality control for the customer service department in 1959 and became southwest division customer service manager in 1961. He has been working in the Los Angeles headquarters as an administrative assistant in the personnel department.

Navy Opens Polaris Work To Graduates

The Polaris Field Seaman Recruit Program is open to qualified high school graduates, according to Chief Meteney of the local Navy Recruiting Office. The Polaris missile, which is fired from a submerged nuclear submarine, is considered a major link in the defensive strength of the United States.

Trainees may enter either the electronics or mechanical phase. Men entering the electronics phase will be thoroughly trained in the maintenance and operation of the intricate electronic guidance system which directs the missile to its target.

Those enrolled in the mechanical phase will be trained in the technical skills required to aim and fire the Polaris missile.

Additional information on the Navy's Polaris Field Seaman Recruit Program is available by contacting Chief Meteney, 1520 Cravens Ave., FA 0-3141.

Strokes are no longer hopeless, according to the Los Angeles County Heart Assn. Invalidism resulting from strokes now can be reduced through prompt treatment.

FIRST AID TIP



How to care for serious wounds, in which the bleeding is severe, is described by the Red Cross which has been teaching first aid for 50 years. Most external bleeding can be controlled by applying pressure directly over the wound. Use a clean cloth or part of the clothing in real emergencies. The cleaner and more nearly sterile the cloth, the better in preventing infections. The bare hand should be applied for quick action in stemming major blood loss until cloth material can be brought to use. After the bleeding has been controlled, apply additional layers of cloth to form a good-sized covering and (when bandage firmly). If the wound is on arms or legs, elevation of the injured part will be of additional help.

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LAMB CHOP TERIYAKI

1/4 Cup Mint Jelly
1 Tbsp. Lemon Juice
1 Tbsp. Butter

4 Loin Lamb Chops
1/2 Tsp. Shoppers Salt
1/2 Tsp. Black Pepper

Mix together jelly, lemon juice and butter. Place oil on broiler rack, sprinkle with salt and pepper, brush with jelly mixture. Broil approx. 4 inches from heat for 2 1/2 minutes. Turn, brush with jelly mixture and broil 5-8 minutes. Serve 4.

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GRAPEFRUIT
JUICY ARIZONA WHITE
8 LR. CELLO BAG **35¢**

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109¢
SAVE 20¢

LUER • ALL MEAT WIENERS
1-LB. PKG. **49¢**

HOMemade KRAUT
22 OZ. JAR **29¢**

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AMERICAN OR PIMENTO SLICED • 17 OZ. PKG. **53¢**

LOS ANGELES Central Avenue at 43rd Place

SAN GABRIEL East Garvey at Del Mar

TORRANCE Pacific Coast Hwy. at Greenway East Canyon of Main

SAN PEDRO 25th Street at Western Ave

INGLEWOOD Arbor Vitae at La Cienega

SANTA MONICA Wilshire Blvd. at Berkeley Lincoln Blvd. at Ocean Park

WESTCHESTER Lincoln Blvd. at Main

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STAR-KIST TUNA 9 1/2 OZ. CAN **49¢**

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SAUER KRAUT 12-OZ. CAN **2/1**