

SARA LEE FROZEN BROWNIES 13-OZ. SIZE	89c
BALA CLUB REGULAR OR THIN LINE 12 OZ. CANS	12 & \$1.00
GERBER'S STRAINED VEGETABLES ALL VARIETIES	3 FOR 39c
PETER PAN PEANUT BUTTER CREAMY OR CRUNCHY 12-OZ. JARS	49c ea.
HOLLY SUGAR BROWN OR POWDERED ONE POUND BOXES	2 FOR 35c
PARKAY MARGARINE 1-LB. CTN.	31c
VIM DETERGENT TABLETS GIANT SIZE	69c
ACTIVE ALL LOW SUDS DETERGENT GIANT SIZE	77c
LUX LIQUID 12-OZ. SIZE	35c
AURORA TOILET TISSUE 2 PLY 2 ROLL PACK	27c
ZEE NAPKINS PAPER WRAP ASSORTED COLORS BOX OF 20	2 & 23c
CHIFFON FACIAL TISSUE 2 PLY BOX OF 200	25c
IVORY SHAMPOO PERSONAL IVORY SHAMPOO ZEST LAVA IVORY FLAKES IVORY SNOW IVORY PINK IVORY LIQUID SPIC & SPAN COHET MR. CLEAN DOWNY DYNOL JOY T-BRILL TIDE CHEER SALVO CASCAD DASH TOP JOB CLEANER	2 FOR 21c 4 FOR 29c 2 FOR 21c 2 FOR 29c 2 FOR 31c LARGE 33c LARGE 33c LARGE SIZE 35c REGULAR 35c REGULAR 31c 2 FOR 33c REGULAR 41c REGULAR SIZE 49c GIANT SIZE 83c REGULAR SIZE 35c 22-OZ. SIZE 65c LARGE SIZE 33c LARGE SIZE 33c REGULAR SIZE 41c REG. SIZE 45c GIANT SIZE 77c INCL. 29c OFF 29c

**NATURE'S HEALTH FRUIT!**

**SUNSHINE SPECIALS FOR OUR ANNUAL Citrus Sale!**

**BETTER PRODUCE AT A BETTER PRICE**

**ORANGES** 10<sup>¢</sup> LB. **GRAPEFRUIT** 8<sup>¢</sup> 1<sup>00</sup> FOR

**COACHELLA VALLEY'S FINEST JUMBO SIZE TANGERINES** 6<sup>¢</sup> 1<sup>00</sup> FOR

**JUICY • THIN SKIN LARGE SIZE LIMES** 3<sup>¢</sup> 1<sup>00</sup> FOR

**FRESH AND JUICY THIN-SKIN LEMONS** 5<sup>¢</sup> 2<sup>5</sup> FOR

**FLORIDA'S FAMOUS IRIDIAN RIVER VALLEY RUBY RED** 8<sup>¢</sup> 1<sup>00</sup> FOR

**ARIZONA'S FINEST LARGE WHITE** 12<sup>¢</sup> 1<sup>00</sup> FOR

**\*RICH IN VITAMIN C\* ARIZONA SWEET** 8<sup>¢</sup> 3<sup>9</sup> FOR

**ALPHA BETA**  
First in Foods  
...OUR GROWIN' KEEPS SHOWIN'!

PRICES EFFECTIVE: JAN. 27, 28, 29, 30, 31 WED., THURS., FRI., SAT. AND SUN.  
ALL ITEMS LIMITED TO STOCK ON HAND

INTRODUCTORY OFFER! 8 FLUID OZS. • SAVE 45¢ **NEW FLAVORS!**

**METRECAL** 5<sup>¢</sup> 1<sup>00</sup> FOR  
• BANANA • CHERRY  
• TUTTI-FRUTTI  
• CHOCOLATE MARSHMALLOW

**BIRDSEYE • FROZEN • 10-OZ. PKGS.**  
**PEAS OR CUT CORN** 6<sup>¢</sup> 1<sup>00</sup> FOR

**RIDERS • ONE GALLON**  
**APPLE SAVE CIDER** 30¢ **69¢**

WERE CELEBRATING OUR 10th ANNUAL CHECKER OF THE YEAR AWARDS CONTEST!

**ALPHA BETA CREAM CHEESE** 3-OZ. PKG. **10¢**

**2 1/2 CAN • SAVE 45¢ Del Monte PEACHES** 5<sup>¢</sup> 1<sup>00</sup> FOR

**DUTCH PRIDE • SAVE 10¢ IMITATION ICE MILK** HALF GALLON **29¢**

**ALL GRINDS MJB COFFEE**

1-LB. CAN SAVE 14¢ INCLUDES 5¢ OFF **69¢**

2-LB. CAN INCL. 10¢ OFF **135¢**

10 OUNCE INFANT INCL. 10¢ OFF **149¢**

**VITA PAKT FROZEN 6 OUNCE CANS**  
**ORANGE JUICE** 5<sup>¢</sup> 1<sup>00</sup> FOR  
SAVE 25¢

**24 OUNCE BOTTLE**  
**CRISCO SALAD OIL** 35<sup>¢</sup>  
SAVE 12¢

**STA-CRISP • 1-LB. BOX**  
**SODA CRACKERS** 19<sup>¢</sup>  
SAVE 10¢

**ALPHA BETA MEATS WITH YOUR APPROVAL**

**ALPHA BETA Trimmed-Ribs BEEF**

**ROUND STEAK** 69<sup>¢</sup> LB.

**DIAL SOAP** PACKAGE OF 4 **49¢**  
INCL. 10¢ OFF  
GOLD • AQUA • PINK

**ROSARITA • FROZEN DINNERS**  
• BEEF ENCHILADA-14-OZ.  
• COMBINATION PLATE-12-OZ.  
• CHEESE ENCHILADA-12-OZ.  
• MEXICAN-16-OZ.  
YOUR CHOICE SAVE 10¢ **39¢** EACH.

**ALPHA BETA BONUS COUPON**  
**FREE!**  
ONE ONLY  
**VINYL-LACE TABLE MAT**  
WITH THIS COUPON & MINIMUM \$20.00 PURCHASE OR 50¢ EACH WITH COUPON AND MINIMUM \$5.00 PURCHASE (EXCLUDING FLUID DAIRY PRODUCTS)  
Coupon Good thru Tues., Feb. 2

**ALPHA BETA Trimmed-Ribs BEEF • SAVE 40¢ LB.**

**TOP CUBED ROUND** 79<sup>¢</sup> LB.

**ALPHA BETA Trimmed-Ribs BEEF**

**RUMP ROAST** 89<sup>¢</sup> LB.

**DUBUQUE • SANDWICH STYLE • SMOKED • READY TO EAT • SAVE 49¢**

**CANNED HAM** 49<sup>¢</sup> 2<sup>00</sup> FOR

**RATH BLACKHAWK • FIRST QUALITY PORK SAUSAGE** 1-LB. ROLL **35¢**

**RATH BLACKHAWK • SAVE 19¢ LB BONELESS Dainties** 79<sup>¢</sup> LB.

**BUTTERED • 4 OUNCE PORTIONS VEAL CUBE STEAKS** 79<sup>¢</sup> LB.

**4 FISHERMAN • 12 OZ. PKGS. WITH PIZZA SAUCE** 49<sup>¢</sup>

**\*W BRAND • FROZEN • LAKE SMELTS** 1-LB. PKG. **39¢**

**SIRLOIN TIP ROAST** 98<sup>¢</sup> LB.

**FRESH FROZEN LAMB CHOPS** 49<sup>¢</sup> LB.

**PORK STEAKS** 59<sup>¢</sup> LB.

**BEEF LIVER** 49<sup>¢</sup> LB.

**WILSON FESTIVAL HAM** 98<sup>¢</sup> LB.

**PORK SHOULDER BUTT ROAST** 49<sup>¢</sup>

**Have you tried...?**  
Season a 4 to 6 lb. pork shoulder butt roast with salt, pepper and rub with sage. Roast fat side up in open pan at 350° for 45 minutes a pound. Meanwhile, mix 1/2 cup brown sugar, 1 T. cornstarch and 1/4 tsp. cloves, stir in 1 cup cranberry juice cocktail, 1 T. lemon juice and 2 T. raisins. Cook over medium heat until thick, about 5 minutes. Serve sauce hot on sliced meat. Serves 6.

**SCOTT • SAVE 8¢ • TOILET TISSUE** 4 ROLL PACK **29¢**

**PILLSBURY • SAVE 20¢ FLOUR** 5 LB. BAG **39¢**

**DEL MONTE • 303 CAN • SAVE 38¢**  
**CORN** 6<sup>¢</sup> 1<sup>00</sup> FOR

**PETUNA • 6 OUNCE CANS**  
**PET FOOD** 10<sup>¢</sup> 1<sup>00</sup> FOR

**HEINZ • 14 OUNCE REGULAR KETCHUP** ALSO 12-OZ. HOT **19¢**

**DEL MONTE • 12-OZ. BTL. • SAVE 6¢**  
**CHILI SAUCE** 19<sup>¢</sup>

**THREE DIAMOND • 7-OZ. CAN • SAVE 6¢**  
**TUNA** 29<sup>¢</sup>

**ALPHA BETA**  
3220 CARRILLO AVE.  
TORRANCE  
1130 170th ST. at ANZA  
REDONDO  
1880 S. PAC. COAST HWY.  
DUMINGUEZ HILLS  
170th St. at AVALON

**PAY UTILITY BILLS FREE!**  
AT ALPHA BETA  
MONEY ORDERS ONLY 20¢ EACH

**ALPHA BETA DELICATESSEN SPECIALS**

**ALPHA BETA CHEESE • BY THE PIECE • YOUR CHOICE**  
• MILD CHEDDAR **59¢** LB.  
• MONTEREY JACK **59¢** LB.

**ALPHA BETA • 6 OUNCE PACKAGES**  
**SLICED CHEESE** 3<sup>¢</sup> 1<sup>00</sup> FOR

**ALPHA BETA • 9 VARIETIES**  
**GELATIN SALADS** 14 OZ. **29¢**

**LOUILLA COTTAGE CHEESE** 1/2 CUP **25¢** 4<sup>9</sup> FOR

**LOUILLA SOUR CREAM** 1/2 PT. **25¢** 4<sup>9</sup> FOR

**ALPHA BETA BUTTER** 1-LB. CTN. **69¢**

**BUY ONE GET ONE FREE!**

**MED. OR HARD • REG. 69¢ EA**  
**TEK DELUXE TOOTHBRUSH** 2<sup>¢</sup> 6<sup>9</sup> FOR

**EXTRA LARGE • SAVE 31¢**  
**CREST TOOTH PASTE** INCL. 5¢ OFF **44¢**

**VISCOSE • 24 INCHES X 60 INCHES**  
**RUG RUNNER** LATEX FOAM BACK CHOICE OF COLORS **177¢**