

Torrance Delegation to Attend Holy Name Society Mass Today

Nearly 2000 Catholic men, from throughout the Archdiocese of Los Angeles, will attend the Twenty-Ninth Annual Communion Mass of the Archdiocesan Union of Holy Name Societies today at 8 a.m. at the Blessed Sacrament Church in Hollywood.

The Communicants, representing more than 300 Parish Holy Name Societies in Los Angeles, Orange, Ventura and Santa Barbara Counties, will include a delegation from Nativity Parish, Torrance.

His Eminence James Francis Cardinal McIntyre, Archbishop of Los Angeles, will celebrate the Mass and speak at a breakfast afterwards in the Hollywood Palladium. A total of about 2,000 men, including the local leaders, will attend the breakfast meeting.

The principal address, "The Holy Name Man—Lay Apostle" will be delivered by Mr. J. Tobias Romero, who is president of the Holy Name Union.

Home Falls Take Heavy Death Toll

Falls in the home rank second only to motor vehicle accidents as the major cause of accidental death, according to Capt. Walter West, Torrance-Lomita Red Cross safety services chairman.

Basing his statement on National Safety Council statistics—of the 19,700 deaths from falls in the past year, 12,600 occurred in the home—Capt. West warned hazardous conditions in the home must be eliminated if the death rate is to be reduced.

Red Cross makes the following suggestions for preventing falls in the home:

- KEEP WALKING surfaces free of spilled foods or liquids. Wipe up spilled substances immediately.

- Fasten loose materials, such as throw rugs to the floor or apply a non-skid backing.

- Repair or replace floor covering that causes uneven walking surfaces—worn carpeting, turned up linoleum, loose floor board, broken or loose stair-steps or treads.

- Keep walking surfaces clear of foreign objects, such as tools and toys.

- Use proper stepadders or step stools of appropriate height to extend your reach. When using a step ladder, maintain a handhold at all times. Avoid using chairs, tables, and boxes as ladder substitutes.

- Check all ladders for defects before using them. Lock and check the spreader of a step ladder before use. When using a folding ladder, place it at a safe angle. The base should be out from the vertical support at least one-fourth the length of the ladder. The base of the ladder should be placed on a secure, even surface so that it will not slip or turn.

- Provide well-lighted walking surfaces. If adequate lighting is not available, have proper lights installed. Switches should be provided at the top and bottom of stairs. When needed, use a flashlight.

- Provide guards at the top and bottom of stairways to keep young children away from the steps.

- Mark the bottom and top of stairways to indicate both the top and bottom steps.

- Provide sturdy handrails on all stairways.

- Provide and use hand holds in both tubs and showers.

- Don't carry objects that will block your vision. Have someone assist you in carrying large, bulky objects.

CITING ACCIDENT prevention as one of the main objectives of first aid training, as well as the immediate, temporary care given to the victims of an accident or sudden illness, Capt. West said these preventive measures, as well as proper first aid care of victims of falls, will be stressed in future Red Cross first aid classes.

Area residents interested in attending first aid classes may call Red Cross at TE 2-8321. Capt. West added,

Evening High School Serves Adult Students

"Education is a life-long process," Raymond Collins, principal of the Torrance Evening High School, told members of the Torrance Education Advisory Committee at their January meeting. "We like to take our program into the community," Collins added. He said courses were offered at three high schools during the fall semester and plans for spring classes have been completed.

During the fall semester, a modern mathematics class designed for parents was taught at every school in the Torrance district. Collins said nearly 3,000 parents enrolled for the classes, making the program the largest of its kind in California.

THE ADULT school offers both academic courses and vocational skills classes. Stu-

dents may earn credits toward a high school diploma or train for new jobs or advancement in their present jobs. In addition, a number of lectures, professional classes, and parent education offerings are available in the adult school program.

Open to persons over the age of 18, and to certain 16 and 17 year olds with permission of the Board of Educa-

tion, the adult school draws students from as far away as the San Fernando Valley and Laguna Beach.

Five years ago, the school offered 47 classes, Collins said. The spring schedule will include 81 courses and enrollment is expected to reach 10,000. The school graduated 40 students in 1963, while 183 got diplomas last June.

COLLINS said the "average" student is 25 years old,

although the age ranges from 17 to 50. One student graduated last June at the age of 68. About 90 per cent of the student body is married and has an average of 1.6 children.

Students represent 35 states and 10 foreign nations, but they average seven years residence in Torrance.

Two counselors assist the adult education students in selecting a program of study. The counselors are available three hours each evening, Monday through Thursday,

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