



# ALPHA BETA



REDEEM YOUR FOOD STAMPS IN ANY LOS ANGELES COUNTY ALPHA BETA

## "WHY PAY MORE?"

PRICES EFFECTIVE: FEB. 23 27 WED., THURS., FRI., SAT., SUN.

OUR GROWIN' GREEN STAMPS KEEPS SHOWIN'!

Better Meat at a Better Price!

U.S.D.A. CHOICE OR ALPHA BETA *Trim-Rite* BEEF

### BONELESS RUMP ROAST OR BOTTOM ROUND

# 79¢ LB.

WHILE THEY LAST, FREE BOOKLET "WONDERFUL WORLD OF ROASTS"

- U.S.D.A. CHOICE or ALPHA BETA *Trim-Rite* BEEF
- CHUCK ROAST 45¢ LB.
  - 7-BONE ROAST 55¢ LB.
  - RIB ROAST LARGE END 79¢ LB.
  - Top Round ROAST BONE-LESS BONELESS SHOULDER CLOD 89¢ LB.
  - Sirloin Tip ROASTS BONE-LESS 98¢ LB.
  - Eye of Round ROASTS BONE-LESS 119¢ LB.
  - WHOLE OR POINT HALF BONELESS BRISKET 89¢ LB.
  - FIRST CUT..... 98¢ LB.

- EXCEDRIN** BOTTLE OF 60 TABLETS SAVE 49¢ **49¢**
- VITALIS** HAIR TONIC 7-OZ. BOTTLE SAVE 49¢ **54¢**
- GOLD LABEL • 6½ OUNCE PACKAGE INSTANT POTATOES 16 OZ. 37¢ **19¢**
- STOKELY • 303 CAN • SAVE 4¢ GRAPEFRUIT SECTIONS **25¢**
- 46 OZ. CANS • REGULAR OR LO-CAL HAWAIIAN PUNCH SAVE 10¢ **29¢**
- WILSON'S • 12 OUNCE CANS BIF OR MOR SAVE 10¢ EA. **49¢**
- WILSON'S • 15½ OUNCE CAN CORNED BEEF HASH SAVE 10¢ **39¢**
- 42 OUNCE BOX • SAVE 14¢ UNCLE BEN'S RICE **69¢**
- 1-LB. 6½-OZ. LOAVES • WHITE OR WHEAT ALPHA BETA BREAD **2:59¢**
- FROM HOLLAND • 1½ OZ. PKG. • SOLID CHOCOLATE COINS HALF PRICE **2:25¢**
- ALPHA BETA • BOX OF 200 • SAVE 5¢ FACIAL TISSUE WHITE OR PINK **15¢**

### Sea Food Specials

- FROZEN SWORDFISH STEAKS CENTER CUTS 89¢
- FROZEN SALMON STEAKS CENTER CUTS 98¢
- CERTI-FRESH FISH STICKS 14-OZ. PKG. FROZEN 59¢
- FROZEN SHRIMP PIECES KAPITAN KRUSTY BREADED • 1½-LB. 98¢
- WAKEFIELD CRAB MEAT FROZEN 6-OZ. PKG. 69¢

- DUBUQUE • CANNED PICNICS SMOKED • READY TO EAT 4¼ **\$3.89** LB. CAN
- CORN KING • SLICED BACON 1-LB. PKG. **79¢**

### SAVE on these LENTEN FOOD SPECIALS!

- FARMDALE • FROZEN • SAVE 3¢ PEAS 10 OUNCE PACKAGE **10¢**
- HALFHILL • NO. ½ CAN • SAVE 10¢ • LIGHT MEAT TUNA CHUNK STYLE **19¢**
- BLUE BONNET • SAVE 10¢ • 1-LB. CARTON MARGARINE **19¢**

- STARKIST • FROZEN CASSEROLE • 7 OUNCE TUNA & NOODLES SAVE 12¢ **15¢**
- TUNA PIE 8 OZ. FROZEN SAVE 10¢ **15¢**
- VAN DE KAMP • FROZEN • 9 OZ. PKG. FRIED HALIBUT SAVE 10¢ **69¢**
- MORTON'S • FROZEN • 20 OZ. • SAVE 14¢ MACARONI & CHEESE **25¢**
- BIRDS EYE • FROZEN • 9 OZ. PKG. FRENCH FRIES SAVE 3¢ REGULAR OR CRINKLE CUT **10¢**

ALPHA BETA WHY PAY MORE?

SWANSON • FROZEN

## TV DINNERS

ALL VARIETIES

# 49¢

SAVE 10¢

- CHEF BOY-AR-DEE • 40 OZ. CAN SPAGHETTI SAVE 14¢ **25¢**
- WITH TOMATO SAUCE AND CHEESE

- ALPHA BETA • SAVE 16¢ POUND LONGHORN CHEDDAR CHEESE **69¢ LB.**
- ALPHA BETA MILD CHEDDAR SAVE 10¢ LB. **69¢**
- ALPHA BETA MONTEREY JACK SAVE 10¢ LB. **69¢**
- ALPHA BETA DOMESTIC SWISS SAVE 9¢ LB. **89¢**

- GREEN BEANS GOLDEN DAYS • CUT 303 CAN • SAVE 7¢ YOUR CHOICE **10¢**
- CARROTS GOLDEN DAYS OR SWANK SLICED • 303 CAN • SAVE 5¢
- RED BEETS GOLDEN DAYS • 303 CAN SLICED OR WHOLE • SAVE 5¢
- PINEAPPLE GOLDEN DAYS • SLICED NO. 1 FLAT CAN • SAVE 3¢

SATISFACTION GUARANTEED OR YOUR MONEY REFUNDED

### Better Produce at a Better Price!

RED RIPE

## TOMATOES

2 29¢ LB.

ALPHA BETA WHY PAY MORE?

LARGE • FUERTE AVOCADOS 6 FOR \$1.00

ALPHA BETA • 15-OZ. PKG. RAISINS **25¢**

- FLORIDA • SWEET AND JUICY VALENCIA ORANGES **10¢ LB.**
- CRISP • LARGE SIZE BELL PEPPERS **19¢ LB.**
- GARDEN FRESH • YOUR CHOICE RED LEAF OR BUTTER LETTUCE **10¢ EA.**

- VINYL LIQUID • 27 OUNCE SIZE • SAVE 19¢ SIMONIZ WAX **79¢**

ALPHA BETA COUPON WITH THIS COUPON

ONE CARTON ONLY CIGARETTES **\$1.98**

ALL BRANDS EXCEPT PALL MALL FILTERS OR BENSON & HEDGES

LIMIT ONE COUPON PER FAMILY • ADULTS ONLY PLUS TAX

COUPON GOOD WED. thru SUN., FEBRUARY 23 thru 27

Get wonderful things for your home and family with S&H Green Stamps

ALPHA BETA WHY PAY MORE?

START YOUR SET NOW! ONLY...

# 19¢

EA.

WITH EACH \$5.00 PURCHASE

- DINNER KNIFE \$1.25 VALUE! ONLY **19¢**
- DINNER FORK 99¢ VALUE! ONLY **19¢**
- TEASPOON 50¢ VALUE! ONLY **19¢**
- SOUP SPOON 99¢ VALUE! ONLY **19¢**

UNSURPASSED QUALITY

Montijo HEAVY-WEIGHT STAINLESS FLATWARE

EACH ITEM AVAILABLE EVERY FOURTH WEEK... AT 19¢ EACH WITH EACH \$5.00 PURCHASE.

ITEM OF THE WEEK: **TEASPOON**

ACCESSORY PIECES AVAILABLE

- CAMEO NAPKINS PKG. OF 80 **2 FOR 25¢**

- LYSOL REGULAR OR PINE SCENTED 5-OZ. BOTTLE **59¢**

- MARVALON SHELF PAPER 13½ IN x 12 FT. **98¢**

- DIAMOND LUNCHEON PLATES PKG. OF 40 **89¢**

- YUBAN COFFEE 1-LB. CAN **85¢**
- 8-OZ. SANKA \$1.59 INCL. 10¢ OFF

- LIPTON BLACK TEA BOX OF 48 BAGS **69¢**
- LIPTON SOUPS 11 VARIETIES PKG. OF 2 ENVELOPES **39¢**

YOUR NEARBY ALPHA BETA MARKETS ARE LOCATED AT:

TORRANCE 2720 CARRILLO AVE. TORRANCE

5130 190th ST. at ANZA DOMINGUEZ HILLS 190th ST. at AVALON

REDONDO 1880 S. COAST HWY.

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