

**GOLDEN RANCH FRESH**  
**WHITE or WHEAT BREAD**  
 LARGE LOAF **5** for **\$1.00**

**PURE CANE C & H SUGAR**  
 FROM HAWAII GRANULATED  
 PURE 10 LB. BAG **79¢**  
 FIRST BAG 7¢ Additional 99¢

**CANADA DRY BEVERAGES**  
 REGULAR OR LOW CALORIE  
 NO DEPOSIT • NO RETURN ALL FLAVORS  
 12-OZ. CANS **1.00**

**M.J.B. COFFEE**  
 REGULAR or DRIP  
 2 LB. CAN **\$1.29**  
 1-Lb. 75c  
 3-Lb. \$2.19  
 Instant, 8-oz. 85c

**SPECIAL ALWAYS**  
 Thursday thru Wednesday  
 January 6 thru January 12

**HERSHEY CHOCOLATE BARS**  
 REG. 5c BARS IN PKG. **10** **29¢**  
 PLAIN or ALMOND

**MR. CHIPS COOKIES**  
 LOADED WITH CHOCOLATE CHIPS  
 OATMEAL COCONUT REGULAR  
 3 **\$1** Reg. Pkgs.

**SPEAS APPLE JUICE**  
 FOR APPLE JUICE FANS  
 JUMBO 46-OZ. CAN **3** **\$1**

**all DETERGENT**  
 "CONTROLLED" SUDS  
 9-lb. 13-oz. Pkg. **1.79** REG. \$2.29

**BANQUET BONED CHICKEN**  
 5-OZ. FLAT CAN **4** **\$1**

**SPRINGFIELD PEANUT BUTTER**  
 MADE OF U. S. NO. 1 PEANUTS  
 3 **\$1** LB. JAR

**DOLE HAWAIIAN SLICED PINEAPPLE**  
 14½-OZ. CAN **5** **\$1**  
 Dole Fruit Cocktail 15-OZ. CAN

**CAKE MIX**  
 Betty Crocker White Angel  
 Large 16-oz. Pkg. **49¢**

**PUREX LIQUID BLEACH**  
 2 **\$1** FOR 50c EACH  
 GALLON PLASTIC CONTAINER

**USDA • PAN READY CHICKENS FRESH FRYERS CUT-UP**  
**28** **6 lb**  
**SPLIT BROILERS 33¢**  
**BEST OF THE FRYERS**  
 NO NECKS, BACKS OR GIBLETS  
 3 LEGGED FRYERS or 2 BREASTED FRYERS  
 YOUR CHOICE **39¢**  
**FRESH FRYER PARTS**  
 BUY ONLY THE PARTS YOU LIKE!  
 WHOLE LEGS **39¢** ALL WHITE MEAT **45¢**  
 INCLUDES LEG & THIGH  
 DRUMSTICKS 59c lb. THIGHS 49c lb.  
**GROUND BEEF**  
 FRESH LEAN **39¢**  
 Ground Chuck .59c lb.  
 Ground Round .69c lb.  
**BONELESS STEER BEEF BONANZA**  
 USDA CHOICE Custom Trimmed  
 • Top Round • Cubed Steak  
 • Sirloin Tip Steak  
 • Tenderized Round Steak  
**97¢** lb.  
**BONELESS ROLLED ROASTS**  
 • Bottom Round • Sirloin Tip  
 • Cross Rib Boneless • Shoulder Clod  
**89¢** lb.  
**BONELESS SWISS or FAMILY STEAKS**  
**79¢**  
**BONE IN BONELESS RUMP ROAST**  
 USDA CHOICE **79¢** lb.  
**SLICED BACON**  
 DUBUQUE'S MISSISSIPPI or WILSON'S CORN KING  
 1-LB. PKG. **79¢**  
**T-BONE STEAKS**... \$1.07 lb.  
**CENTER CUT BONE IN SIRLOIN STEAK**... 98¢  
**LEAN TENDER CLUB STEAK**... 98¢  
**WASTE FREE BONELESS RIB STEAK**... \$1.09 lb.  
**USDA CHOICE STEAK PORTERHOUSE**... \$1.17 lb.  
**USDA CHOICE BONELESS TOP SIRLOIN STEAK**... \$1.37 lb.

**Foods Co. SUPERMARKETS**  
 Pleasant Shopping With Friendly People

**fresh produce**  
**BANANAS**  
 CENTRAL AMERICAN GOLDEN RIPE **10** **¢** lb.  
 LONG GREEN SLICING CUCUMBERS **2 for 19¢**  
 LARGE SUNKIST NAVEL ORANGES **10** **¢** lb.  
 SWEET ARIZONA GRAPE-FRUIT **8** **¢** lb. CELLO BAG **39¢**  
 SWEET JUICY

**FRESH RAFU ZUKE**  
 • TAKANA • CABBAGE 12-oz. pkg. **39¢**  
 • DAIKON • NAPPA  
 • CUCUMBER  
**TOKYO ZUKE** 5 7½-oz. cans **\$1**  
**NEW RAMEN** 3 5½-oz. pkgs. **\$1**  
**MALING WATER CHESTNUTS** 5 4-oz. cans **\$1**  
**FRESH DAIKON** large bunch **19¢**

**Van de Kamp's BAKERIES**  
**SPECIALS**  
 Thurs. - Sun., Jan. 5-6  
**DAINTY DOZEN DOUGHNUTS**  
 pkg. of 12 **39¢**  
 Reg. 45¢

Location Nearest You... **CRENSHAW AT ARTESIA (174th STREET) OR NORMANDIE AVE. AT REDONDO BEACH BLVD.** WE GLADLY ACCEPT FOOD STAMP COUPONS