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## WIFE SAVERS **Puddings Make Holiday Treat**

By LOUISE WATKINS, Home Economist, Southern California Edison Co. and two Cranberry Puddings, while not exactly of the plum Christmas foods are as im- variety, are nonetheless portant a part of the tradi- Christmas fare and fit into tion and trappings of the any holiday menu.

Holidays as the gayly lighted tree, the hospitable Yule log and the saucy sprig of mistle-

Plum pudding is one of the many traditional foods serv-ed at the Christmas Feast.

PERSIMMON PUDDING 1 tablespoon melted

The Persimmon Pudding

butter

1 cup sugar 1 cup flour 1<sup>3</sup>/<sub>4</sub> teaspoon soda 1 teaspoon cinnamon <sup>3</sup>/<sub>2</sub> teaspoon mace pinch of salt <sup>1</sup>/<sub>4</sub> conned

Plum pudding is one of the many traditional foods serv-ed at the Christmas Feast. Plum pudding has had a rather interesting career. In early days it was merely a soft, squishy mash extracted from fresh plum and mixed with butter, rice, and barley. The whole grains were in-cluded to inspire a good har-vest for the coming year. The next step produced a pudding made from meat broth, spices, and dried fraisins. By the early 19th century there were plum pud-dings similar to the ones made today; however, they were boiled in a cloth in-stead of being steamed. Each year the pudding comes into its own-remain-ing the piece de resistance of Christmas year after year. This Holiday Steamed Fruir This and off the Old English Plum Pudding is a modern version of the Old English Plum Pudding is a modern version of the Old English Plum Pudding and was given to me by a good friend living in the pacific Northwest. HOLIDAY STEAMED FRUIT PUDDING % cup brown sugar (firmly packed) 1 egg 2 tablespoons wine 1 cup flour % testop on soda

- 1 cup fresh cranberries 1/4 cup sugar 1/4 cup chopped walnuts

1 cup flour 1/2 teaspoon sola 1/2 teaspoon all 1/4 teaspoon cinnamon 1/4 teaspoon cinnamon 1/4 teaspoon all 1/4 teaspoon ground alispice 1/4 teaspoon ginger 1/4 teaspoon nutmeg 1/5 cup currants 1/5 cup raisins 1/5 cup chopped candied pineapple 1/6 cup chopped candied pineapple 1/6 cup chopped candied pineapple 1/6 cup chopped candied 1/6 cup sugar gradually and 1/6 cup

aumnum for pressed down provides a suitable cover dur-ing the steaming process. Cream, with the electric mixer on a high speed, the butter and brown sugar. Thoroughly cream until there is no grittiness. Add the egg. beating thoroughly, then add the wine. Sift together the flour, soda, sait, cinnamon, allspice ginger and nutmeg. Combine all the fruits and nuts in a separate medium-size bowl and dredge with the sifted dry ingredients. carefully tossing the fruits and nuts to coat with flour so that the fruit does not stick together. Stir, by hand, the floured fruit info the foreamed mixture. Spoon this rather stiff batter into the prepared molds, filling only 2/3 full; cover tightly with aluminum foil covers. Place molds on a shallow rack or trivet in a large kettle; pour boiling water around the molds so that water line is al least half way up on containers. Place the id on the kettle. Bring to boiling point on HIGH. Steam on LOW for 3 to 4 hours. When using ½ 1b, containers, the steaming time is approxi-mately 3 hours. The 1 hb container may take 4 hours since it holds more batter. Wate the bawater lay a settle, with elec-tric mixer, until stiff; gradu-and the bawater lay a settle, with elec-tric mixer, until stiff; gradu-antely 3 hours. The 1 hb container may take 4 hours since it holds more batter. Wate the bawater lay a settle val a stire divers. Wate the bawater lay a settle val a beat egg whites, with elec-tric mixer, until stiff; gradu-ally add ½ cup sugar. Con-the settle with bawater lay a settle val and settle divers. The settle settle add and serve with Sun-sified boiling voint on HIGH. Steam on LOW for 3 to 4 hours.

When using ½ lb. containers, the steaming time is approxi-mately 3 hours. The 1 lb, container may take 4 hours since it holds more batter. Watch the water level, as it may be necessary to add steaming period. Remove and cool. Puddings may be stored covered, in their containers, in your kitchen. If you must re-use the molds, wrap the pudding in aluminum foil. They may also be stored properly wrapped, in the freezer until time of use. When ready to serve, warm the sliced pudding in steamer or the top of a corated with hard sauce. Yield: One I-quart or two 'z-quart puddings. Note: Pudding may also be steamed in a large size porta-ble electric sauce pan, setting the temperature control so that the water is kept just at the boiling point.

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the boiling point.

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