

- STA-FLO LIQUID STARCH QUART BOTTLE 31c
- NUCOA MARGARINE 29c LB.
- GOLDEN SHORE FROZEN SHRIMP CREOLE 17-OZ. PKG. 97c
- PETER PAN PEANUT BUTTER CREAMY OR CRUNCHY 18-OZ. JAR 59c
- GERBERS STRAINED BABY FOOD 3 FOR 39c
- HERSHEY INSTANT COCOA MIX 1-LB. CAN 45c
- DOLE • SLICED PINEAPPLE 15.25 OZ. CAN 39c
- AURORA BATHROOM TISSUE 8 PLY 2 ROLL PACK 27c
- CREST TOOTH PASTE LARGE SIZE 53c
- BAKER'S CHOCOLATE CHIPS 12-OZ. PKG. 49c
- DIAMOND LUNCHEON PLATES PKG. OF 40 89c
- NORTHERN FACIAL TISSUE BOX OF 150 5 PLY 5 FOR \$1.00
- CLOROX HALF GALLON INCL. 2c OFF 41c
- TIDE GIANT SIZE 79c

Frozen Food SALE!



ALPHA BETA
First in Foods

...OUR GROWIN' KEEPS SHOWIN'!

PRICES EFFECTIVE WED. THRU SUN., DEC. 2, 3, 4, 5 & 6

ALL ITEMS LIMITED TO STOCK ON HAND

IDEAL BAGGED VEGETABLES 24-OUNCE BAGS

- GREEN PEAS
- CUT CORN
- MIX VEGETABLES
- PEAS & CARROTS
- LIMA BEANS
- GREEN BEANS 20-OZ. BAG

29c

FRUIT PIES 29c SAVE 10c

• APPLE • CHERRY • PEACH • BOYSENBERRY

ORANGE JUICE 10c

CYPRESS GARDENS • 6-OZ. CANS • SAVE 3c

POTATOES 19c

IDAHOAN • 2-POUND PACKAGE • SAVE 8c

HASH BROWNS 19c

14-OZ. • SAVE 4c **MORENO DINNERS 3 for \$1**

MEXICAN STYLE • BEEF ENCHILADA • ENCHILADA RONCHERA

FORNOST • 6 PACK • SAVE 9c **ICE CREAM SNOWBALLS 89c**

MORTON'S • 8 1/4 OZ. • SAVE 10c **CORN MUFFINS 19c**

BLUEBERRY MUFFINS • 8 OZ. 29c

BRIDGFORD • WHITE OR WHEAT 3 LOAVES SAVE 10c **BREAD 39c**



SWANSON • 16-OZ. PKGS. • 3 VARIETIES **3 COURSE DINNERS 69c**

IDEAL • 10-OZ. PKGS. • SLICED • SAVE 35c **STRAW-BERRIES 5 for \$1**

SWANSON • 8-OZ. PACKAGES • SAVE 35c **MEAT PIES 5 for \$1**

• BEEF • CHICKEN • TURKEY

HUNT'S • 8-OZ. CAN

TOMATO SAUCE 16c SAVE 55c

STARKIST • NO. 1/2 CAN

CHUNK TUNA 25c

LIGHT MEAT SAVE 8c

GIANT SIZE

AJAX DETERGENT 49c

INCLUDES 7c OFF

U.L. APPROVED

25 LIGHT CHRISTMAS OUTDOOR LIGHTS 33-FT. LONG \$2.98

PAPER & FOIL WRAPPING PAPER SAVE 32c

3 ROLL FOIL OR 4-ROLL PAPER BOX **66c**

REG. 98c • SAVE 39c

CHRISTMAS RIBBON 59c

600 FOOT COMBINATION ROLL



- PER LB.
- BLADE CUT PORK CHOPS 49c
 - FAMILY PACK SLICED PORK LOIN 59c
 - BONELESS RUMP ROAST 89c
 - BONELESS STEWING BEEF 79c
 - GROUND ROUND 69c
 - GROUND CHUCK 59c
 - FILET MIGNON \$1.98

Have you tried?

BAKED PORK CHOPS 'n STUFFING 79c

Sprinkle 6 Chops with Tender Taste Seasoning, brown on both sides. Remove from skillet. In same skillet place 1/2 cup Lowry's Herb Spread, 1/2 cup chopped celery & 12 oz. can whole kernel corn, heat until herb spread is melted, add 5 cups prepared poultry stuffing and mix. Slice 2 apples 1/2" thick and place on top of stuffing. Add Pork Chops in single layer, top each with 1/2 tsp. herb spread, cover & bake 350° for 45 minutes.

CENTER CUT **PORK CHOPS 79c**

PRINTED RECIPE AVAILABLE IN STORE

ALPHA BETA MEATS WITH YOUR APPROVAL

ALPHA BETA *Finest-Ribs* WESTERN BEEF

ROUND STEAK 69c LB.

ALPHA BETA *Finest-Ribs* BEEF

TOP ROUND 79c LB.

ALPHA BETA *Finest-Ribs* BEEF

TOP SIRLOIN \$1.29 LB.

CORN KING • 1-LB. PACKAGE • SAVE 20c **SLICED BACON 49c**

FOUR FISHERMAN • BREADED 14-OZ. PKG. 59c

FOUR FISHERMAN 7-OZ. PKG. **SCALLOPS 49c**

ALPHA BETA • LARGE SLICED • 1-LB. PKG. **BOLOGNA 59c** SAVE 10c

ALPHA BETA • SAVE 30c LB. **MONTEREY JACK CHEESE 59c**

3-OZ. PKGS. • BEEF • HAM • SLICED DARK TURKEY **LEO'S CHIPPED MEATS 3 for \$1.00**

ROSEN • 12 OUNCE PACKAGES • SAVE 30c **KOSHER SAUSAGE 59c**

• FRANKS • KNOCKWURST • SALAMI CHUBS

JUMBO CAN REGULAR 49c

CHRISTMAS SPRAY SNOW 29c SAVE 20c

HAPPY CHANUKAH

ALL OUR FRIENDS OF THE JEWISH FAITH

BOTTLE OF 60 TABLETS **BUFFERIN 59c** SAVE 30c

CANNON • HEAVY • PRINTED 25% **BATH TOWELS 88c** 44% OFF

MATCHING WASHCLOTHS 4 for \$1.00

Holiday ACCESSORY PIECES

BE BUCKLE • BEHOLDING BIRTH CAKES • BE BUCKLE BIRTH CAKES • BE BUCKLE BIRTH CAKES

MAKE IDEAL CHRISTMAS GIFTS AND YOU SAVE 50%!

ALPHA BETA Holiday COUPON

FREE ONE ONLY Holiday THERMO CUP

WITH THIS COUPON & MINIMUM \$10.00 PURCHASE OR 50c EACH WITH COUPON AND MINIMUM \$5.00 PURCHASE

(EXCLUDING FLUID DAIRY PRODUCTS)

COUPON GOOD THRU TUES., DEC. 8

COUPON No. 5-B

BETTER PRODUCE AT A BETTER PRICE

and you get *Green Stamps* GREEN STAMPS, TOO

GOLDEN RIPE CENTRAL AMERICAN

BANANAS 25c LB.

GARDEN FRESH • SOLID HEADS

CABBAGE 5c LB.

WE CARRY "LIVE CHRISTMAS TREES" BY HALVORSON!

SENSATIONAL SALE

CHRISTMAS DECORATOR FLOWERS 10c

• Peinsettia

• Holly

• PLUS MANY OTHERS

AND UP

- HEINZ • LARGE ECONOMY **KETCHUP 25c**
- 20-OZ. BOTTLE SAVE 8c
- MAXWELL HOUSE **COFFEE 79c**
- 3-LB. CAN INCL. 20c OFF
- INSTANT **\$1.49**
- 10-OZ. INCL. 30c OFF
- ALPHA **GUM DROPS 39c**
- 2-POUND BAG
- QUART BOTTLE **STA PUF RINSE 39c**
- SAVE 10c
- RALSTON PURINA **DOG CHOW 2.99**
- 25-LB. BAG SAVE 40c

TORRANCE 2720 CARRILLO AVE.

TORRANCE 5130 190th ST. at ANZA

REDONDO 1880 S. PAC. COAST HWY.

DOMINGUEZ HILLS 190th ST. at AVALON

ALPHA BETA

First in Foods

...OUR GROWIN' KEEPS SHOWIN'!

PAY UTILITY BILLS FREE!

AT ALPHA BETA

MONEY ORDERS ONLY 20c EACH