better beware: Dear Mr. Connolly: Is there anything going on between Inger Stevens and William the premiere of "My Fair Windom on "The Farmer's Lady." Along came Lucille Daughter"? I have watched Ball and her husband, G a ry this program for a long time Morton. The crowd said "Hi, and my friends and I all Lucy!" but she just stared think that something is going straight ahead, smoking a on. Is this true? — Susan Keith, Ardmore, Pa. Dear Susan: You just paid this acting pair the highest

Assignment TV By TERRENCE O'FLAHERTY

The "vanishing American" ca. Played by Patricia Blair, has never entirely vanished she is almost too pretty for from the American box office. the stockade. All the other The public has an endless fas- women in the cast look like The public has an endless tas, women in the cast look like cination for stories of Indians Granny Clampett in "The and the frontier days—pro-Beverly Hilbillies," and I'll vided the Redskin bites the bet they wish they knew what dust and the wagon train gets keeps her skin so radiant-through before the final com-fresh right straight through the French and Indian War.

This season's entry in the frontier sweepstakes is NBC's "Daniel Boone," an hour-long Thursday night drama based on the life of the Nation's a ut do or, family entertain-best-known pioneer.

Inursoay night drama based on setting good, old-fashioned on the life of the Nation's best-known pioneer.
Fess Parker, who once put to o or, family entertainment. I missed the opener but conskin caps as Davy Crockett, is back into deerskin again after a brief spell in civies as "Mr. Smith Goest to washington." He looks more comfortable as Daniel Boone.
As WE ALL know, one of the prerequisities for a frontier drama is an English speaking Indian, N at ion al Broadcasting Co. has gon a Broadcasting Co. has gon agrieven us "Mingo," a half breed who has been educated at Oxford. I consider this arget attempt to even up the sides. If he studied hard with the English, this NBC Indian sate ratempt to even up the sides. If he studied hard with the English, this NBC Indian has learned enough dirty diplomacy to give the Cherrokees a fighting chance even against the Screen A ctors. Guil.
Must admit I suffered a fing is possible in low at the frontier locale and life as convincing as possible in low and Indian wars.
Boone has also been blesse dwith a wife named Rebeer.
Doctor Speaks Out

Doctor Speaks Out

Health Food Quackery \$500 Million Business

"Many of our people are rance District, and is avail-"Many of our people are spending their hard earned money on food supplements' tions and groups in planning and unnecessary foods," Dr. Earl W. Kendrick, M.D., de-laned this week. He con-tinued, "Most of these prod-ucts are bought because the people do not know the basic moter spent by misinformed nutrition facts." Dr. Kendrick explained that the Food and Drug Ad-some foods rather than a ministration estimated that the cost of vitamins and so called health food quackery many food spent and the spent spent and the food money management. Mrs. Mittelstadt shares Dr. Kendrick's concern a bout more spent by misinformed individuals. "It is easier and more enjoyable to eat whole-that the Food and Drug Ad-some foods rather than a poor diet accompanied by food supplements."

the cost of vitamins and so called health food quackery alone is at least \$500 million a year. Misleading claims and conflicting information about foods and food supplements mend ed combination of is one major reason for this spending. In addition to the expense, there exists the danger that agents which help the body there exists the danger that agents which help the body really ill persons may rely use foods. All nutrients on these products and thus needed by normal individuals may delay in generation. in getting proper tention. $\Rightarrow \Rightarrow \Rightarrow$ are supplied in an adequate diet consisting of foods from each of the basic four food

* ☆ ☆ each of the basic four food There is no mystery about the foods recommended for adequate daily intake. The cereal. Los Angeles County Health Department employs nutri-tionists and other personnel more reliable information to the public, this information to the public, topics would do well to read Mrs. Shirterstand to great

Mrs. Sharon Mittelstadt is one the book, "Eating for Good of these nutritionists who Health," by Frederick J. spends part time in the Tor-Stare, M.D.

FRYING

CHICKENS

\$1.37

3-lb. Can

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BEEF

HAN

Dear Mrs. Hansen. I was help settle a dollar bet be-ite charity. On second repeat the performance they enjoys them very much. I there too. When I talked to tween my cousin and me. I thought, send two bucks. Lucy, she was complaining about a wicked headache. Does former husband of Lana Tur- that help?

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And but is not but it is all not ROUND BONE-IN GROUND RUMP C STEAK Ib ROAST DUBUQUE-5-lb. Can CUBE CANNED 79 STEAK MORRELL'S CORN KING ALL MEAT **G** BACON Ib BOLOGNA COUNTRY STYLE OSCAR MAYER PORK WIENERS SAUSAGE В lb CHICKEN PARTS LEGS and THIGHS q BREASTS Giant Size 3-lb. Can . . . \$2.05 BACKS and NECKS

2-lb. Can . . . HILLS BROS. INSTANT - 10-oz. Jar \$1.69 = PRODUCE SPECIALS = DI CARLOS 4 § \$1 BREAD CENTRAL AMERICAN 29 LARGE BANANAS GRADE AA GREEN ONIONS 51 or RADISHES VAN CAMP HORMEL'S PORK CHILI SCHOOLBOY DELICIOUS 10[°]n APPLES . . . BEANS & BEANS No. 21/2 Cans 15-oz. Cans SWEET RED 25 for \$100 for \$100 YAMS ¢ Doz BROWN 'N SERVE Shortening SPRY ROLLS 59° 35° BITS O' HONEY BITS O' HONEY FOREMOST CORN PEAS ¢ 67^f_b BUTTER No. 303 Can Grade AA .. 6 tor \$100 ICE CREAM 1/2 Gallon 59¢ for \$1 00 4 Roll ICE CREAM Family Style 69e Pak NABISCO - 1-LB. BOX ICE CREAM V/2 Gallon 79¢ **Premium Crackers** BIUE LIBBY'S



