

Men's Trends

(Continued from Page 18) ed, are a must for dressy formal weddings, job hunting, etc. Choose outerwear that matches the style and degree of formality of the suit. . . hat, shoes, socks, gloves should create a complete and completely coordinated outfit. One of the most important aspects to presenting a balanced, well-dressed look is the fit of the clothes.

• **FIT** — The following indications of a poor fit in a garment you are trying on should be noted, and marked for alteration:

- Wrinkles in the coat, front or back
 - Trouser sag in seat, knees or along the length of the leg
 - Too little or too much collar exposed— $\frac{1}{2}$ to $\frac{3}{4}$ inch is ideal; And the collar should hug the neck
 - Cuffs too long or too short (ideally they should just brush the shoe tops or, for natural-shoulder clothing, fall a bit shorter)
 - More or less than $\frac{3}{4}$ or $\frac{1}{2}$ inch of shirt cuff exposed
 - Improper suit coat length —which varies to some degree with the model; A good length should at least cover the seat
- Additional advice to the teen man — or any man — would include:
- Know your size in everything from underwear to hat band. This will save shopping time and assure the salesman that you are a knowledgeable shopper. Shoe size is determined by both width and length. Toes should be free enough to wiggle inside and shoes should feel comfortable on first wearing. A bit of snugness in new loafers is desirable, since soft, tieless leather will stretch to some extent.

• **STYLE** — A definition of the several clothing styles can be helpful to teen men and parents alike. However, the typical teen man combines style ideas from many sources by mixing units to form complete outfits. He may want belt loops and traditional brass-buckled leather belts, but he probably wants extremely slim lines and plain bottoms, something the older traditional purist definitely does not want; he may choose a fly-front outer coat with a traditional balmacaan collar, but he'd like the addition of a back belt or cuff tabs; he may also wear a traditional navy blazer with a middle-of-the-road spread-collar shirt, skinny dark tie and tight pleatless waistband slacks.

The three basic clothing styles are Traditional Natural Shoulder, Middle-of-the-Road and High Style. Each has its identifying silhouette, furnishings, accessories and frequently fabrics.

• **Traditional Natural Shoulder:** three-button sack coat with rounded soft shoulder construction, flap pockets, pleated cuffed trousers in flannels, oxford, tweeds, twills, shetlands, etc., button-down collars, striped repp and foulard ties, plain-toe or wing-tip oxfords, fly-front semichesterfield topcoat, center crease snap-brim hat.

• **Middle-of-the-Road:** favored by a majority of adult males, and rarely appealing to the teen man, it incorporates the basic American style features of conservative good taste.

• **High Style:** more extreme tailoring, colors, fabrics, accessories and furnishings; iridescent, hard-finish fabrics . . . all elements combining to produce a sharper fashion look, often confused by the younger teen man with Ivy League or Traditional clothing.

Today's teen man may take a certain amount of credit for being among the most fashion-conscious of males. He eagerly seeks out new and unusual styling ideas, and is still enough of an individual within his group to enjoy fashion. A certain amount of direction from authoritative sources will help to steer him away from the garish or the overly extreme, but hopefully encourage him to continue his delight and interest in how he dresses.

FIRST AID TIP



Contact with poisonous plants, such as poison ivy, oak and sumach can lead to unpleasant results, warns the Red Cross, which has been teaching first aid and accident prevention for 50 years. Learn to recognize the plants. If you are poisoned, the skin will become inflamed, a few small blisters will appear, and there will be itching. As soon after exposure as possible, wash the affected area with soap and water, then sponge with rubbing alcohol. After this cleaning, apply calamine lotion. If discomfort is not relieved, apply a wet compress, using Burrow's solution, diluted 1 part to about 25 parts of water, for 20-minute periods. The solution is cooling and usually gives relief.

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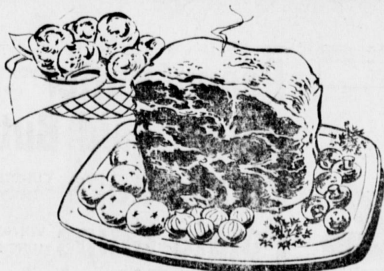
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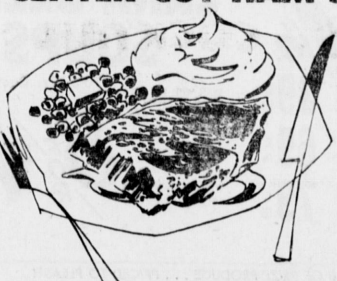
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