

AUGUST 19, 1964 PRESS-HERALD 19 COUNT MARCO SAYS-

Women--Stay **On** A **Pedestal**

in front of me with several male passengers passed a group of men engaged in road work. Each group apparently knew the other in a friendly sort of way

There was a great deal of banging on the truck as it drove by the road gang. In addition they threw dirt, rocks and other debris back and forth at each other. All the while they laughed and jumped up and down, pounding each other gleefully on the back.

"How like little boys" I thought. Children have that much fun when they play. Then I thought, "But I would never see or expect to see women doing that in fun. They throw only if they mean it." Women! Ah, how wonderful you are! But how

complex and misunderstood — by all but me. In riots and mob violence you usually are the most active of the agitators. The faces with big

open mouths one sees in mob pictures almost always are those of women.

Too, it's a historical fact that in the days when the Roman Colosseum was active and open for business, the female spectators were the ones thumbs down, screaming loudest for blood.

During the French Revolution it was the women who sat in the front rows knitting and cursing the aristocrats because the dropping of the blade caused them to drop their stitches.

You are contradictory. When you see a painting or photo of a baby nursing, you smile angelically, murmuring, "How nice."

But show a woman alone with a bit of cleavage in a photo or advertisement and you scream to high heaven, "Indecent! Immoral!"

You are compassionate. You work for practically nothing as nurses aiding some one back to health. In wars you brave shellfire and other horrors to succor a man and salve his wounds. You are brave. When disaster strikes, while

some men faint away, you remain calm and give help until needed.

You are in all things a woman and therefore unfathomable. You deserve your place on the highest pedestal. Then why step down and lower yourself to man's level?

Stay up there where you belong, supreme and above it all. But stoop to his level and he will hit back, as little boys do. It's that simple. Isn't it?

Casseroles Make Tasty, Easy Suppers in Summer

Tasty main-dish casseroles are year-'round favor ites. Such satisfying, easy to make supper dishes are especially fine when the weather is hot.

One hot and hearty main dish, a tempting crist salad, a cooling beverage and well-chilled melon for dessert makes a basic supper pattern for any summer day. Serve the meal indoors, or out, to suit your fancy. TUNA-NOODLE BAKE

1/2 lb. wide noodles	Salt and pepper
1 7-oz. can tuna	2 cup grated nippy
1 cup "commercial"	cheese
sour cream	

Cook noodles until lender in boiling, salted water Drain and put into oiled baking dish. Spread coarsely flaked tuna over noodles. Top with sour cream. Sprinkle with salt and pepper and grated cheese. Bake at 400 degrees about 20 minutes, or until bubbly hot and lightly browned. Makes 4 or 5 servings

	HAM AND POT	ATO	DES. DELUX	· m)
1	med. onion, finely		potatoes	5
	chopped	11/2	cup diced cooked	ham
1⁄4	cup finely chopped	1/4	cup flour	1.69
	green pepper	1	tsp. salt	12
2	Tbsp. butter	1/8	tsp. pepper	18.1
1	cup thinly sliced celery	1/2	tsp. dry mustard	
1	cup shredded cabbage	1/2	tsp. paprika	11

2 cups thinly sliced raw 2 cups milk

Cook onion and green pepper slowly in butter until onion is golden brown. Combine with celery and cabbage. Put 1/3 of the potatoes in bottom of oiled baking dish. Cover with 1/2 of the ham and 1/2 of the vegetable mixture. Mix flour, salt, pepper, mustard and paprika Sprinkle half over vegetable layer. Add another 1/3 of the potatoes, the rest of the ham and the remaining vegetable mixture. Top with the last of the poatoes and sprinkle on the rest of flour mixture. Pour milk over all. Bake tt 375 degrees for 1 hour, or until potatoes are tender. Makes six servings.

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Cinnamon Rolls 6 for 33c Fresh rolls. Reg. 57c doz. Butter, warm, serve! French Rolls dozen 49c

	CLAM	DAKE
4	eggs	1/4 cup minced onion
2	cups milk	2 Tbsp. finely chopped
3	cups coarse cracker	green pepper
	crumbs	1/2 tsp. Worcestershire
2	7-oz. cans minced clams	Salt and pepper to taste
1/4	cup melted butter	

Beat eggs slightly. Add remaining ingredients ir order given. Pour into an oiled baking pan. Bake at 3350 degrees for about 45 min., or until firm when tested with a knife. Cut in squares and serve hot. Makes siz or eight servings. BEEF-RICE CASSEROLE

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Cook onion and green pepper in shortening unti-onion is soft and yellow. Push vegetables to side o skillet and put in crumbled ground beef. Brown mea well. Add remaining ingredients and mix thoroughly Pour into oiled casserole. Cover and bake at 350-de grees for one hour. Makes six servings.