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RIPE OLIVES and eggs provide color and flavor appeal in this sandwich spread. Crabmeat takes to sandwiches, too, and recipe for Golden Crab Sandwich is included.

SANDWICH MONTH

Variety Breads and Spreads Combine for August Specials

wiches consumed in this coun- maining toast slices.

Variety breads and variety spreads are legion so sandwiches can be open or shut, plain or fancy, hearty or light, high or low.

Hard rolls take to freshfrom-the-oven roast beef or
sliced turkey while oatmeal
bread is complemented with
a date-nut filling, mashed avocado blended with lime juicethinned mayonnaise or pineapple cottage cheese.

Pumpeniskle bread calls

Cut olives into wedges. Cut
cheese into cubes. Beat eggs
with water and seasoned salt
until well blended but not
foamy.

Fold in onion, olives and
cheese. Heat butter in skillet

apple cottage cheese.

Pumpernickle bread calls for corned beef and Swiss cheese or liver sausage blended with chopped hard-cooked eggs, minced onion and salad dressing.

Or try fillings listed here.

OLIVE-EGG approximate the salad set. Ifting edges of cooked set.

•

- 1 cup ripe olives 1 cup mayonnaise or salad
- dressing
 14 tsp. dry mustard
 3 hard-cooked eggs, finely
 chopped

Cut olives into small pieces Blend mayonnaise and mus tard; stir in eggs and olives

Use as sandwich filling o as a spread for meat, poul-try, cheese or fish sandwich

CRAB SANDWICH

- 1 can (7½-oz.) Deming's King Crab ½ cup finely chopped cele 3 tbs. chili sauce
- 3 tbs. mayonnaise
- 14 tsp. dry mustard 12 slices buttered toast

Combine with celery, chili sauce, mayonnaise and mus-tard. Spread on 6 toast slices and

warm under broiler. Remove

Crowded Freezer?

If freezer space is at a premium, you might consider having large roasts boned and rolled so they will take up less space.

This will make for easter earving, too, when they're brought to the table.

Cooked, crumbled bacc baked potatoes with butter or sour cream.



so naturally it's better

Of the mountains of sand-from oven and top with re-imixture to allow liquid to flow to bottom and cook.

wiches consumed in this country each year, the overwhelming proportion is eaten during of each sandwich so toast is the summer months.

That's why August is Sandwich Month.

It's so easy to put together a sandwich and it can be just as filling and nutritious as you care to make it.

Variety breads and variety

Variety breads and variety breads

- 1/2 cup ripe olives 3 oz. cream cheese 6 eggs 2 tbs. water

- 1/2 tsp. seasoned salt
 2 tbs. finely chopped onion
 2 tbs. butter
 12 slices bread or toast



In crab salads



the difference is Deming's

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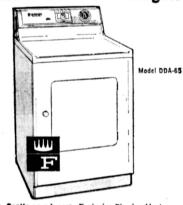
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