

## Picnic Meals Call for Foods That Don't Spoil

By BEA WEBB, Southern Calif. Gas Co. Home Economist

There's nothing so much fun as a picnic on a perfect summer day. And there's nothing like picnic activities to develop hearty appetites. There are several rules which should be carefully followed when planning food for a picnic. Hot summer days mean fast food spoilage, so be sure to take only those foods which need no refrigeration or can be kept cold until time to eat. Package all foods in non-breakable containers that can be tightly covered to prevent spilling.

**POTATO SALAD**  
Do make it ahead of time and chill well. If possible, freeze cans of juices and pack them around the salad to keep cold. The juice of course, will be thawed in time for drinking at the picnic.

To make the salad:  
4 potatoes  
Salt and pepper  
1/4 C. french dressing  
1 C. shredded raw carrots  
1/2 C. thinly sliced celery  
2 Tbsp. minced onion  
1/3 C. pickle relish  
2 hard cooked eggs, diced  
mayonnaise or salad dressing

Wash potatoes and cook in their jackets until just tender. (Automatic top burner at 210° for about 30 minutes.) Drain, cool slightly and peel. Coarsely dice potatoes while they are still warm. Sprinkle with salt and pepper, pour on french dressing and toss lightly to mix. When potatoes are cool, mix in remaining ingredients, using mayonnaise or salad dressing to moisten and more salt and pepper if needed. Chill several hours before serving.

**Baked Beans With Ham**  
Have either homemade or "Mock" homemade hot in a heavy bean pot or casserole when you start from home. Pack the covered container in many thickness of paper and the beans will stay at a fine eating temperature for several hours. To make "Mock" homemade beans add 1 C. whole cranberry sauce and 1 or 2 sliced onions to 4 C. canned baked beans and simmer 1/2 hour at 210° on the automatic top burner before wrapping casserole in heavy paper to take on picnic.

**STUFFED PICNIC BUNS**  
6" hamburger buns  
1 1/2 C. ground meat, cooked  
1/2 C. grated American cheese  
1/4 C. minced olives  
1/2 C. chopped sweet pickles  
1 Tbsp. minced onion  
2 hard cooked eggs, chopped



BEA WEBB

2 Tbsp. prepared mustard  
3 Tbsp. chili sauce  
2 Tbsp. melted butter  
mayonnaise  
Salt and pepper  
Cut a small "lid" from top of buns. Scoop out center of each bun, leaving a shell to hold filling. Mix about 3/4 of the crumbs (dry the rest for a casserole topping) with all the other ingredients, using enough mayonnaise to moisten and salt and pepper to taste. Pile filling into buns and replace "lids". Wrap each bun in heavy waxed paper or aluminum foil. Refrigerate. If the picnic area has cooking facilities, foil wrapped buns may be heated before serving.

## College President To Address Demos

Dr. Leo Cain, president of the new state college slated for this area, will speak Saturday night at a meeting of the Torrance-Hollywood Riviera Democratic club.

The meeting, open to the public, will be at 8 p.m. at the home of Irving Lessen, 4806 Via El Sereno. Coffee will be served. A discussion period after Dr. Cain's speech will be followed by dancing and cocktails. There will be a donation to cover liquor costs.

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## Student Speaker Bookings Opened By AFS Chapter

Organizations, clubs, churches, and P.T.A. groups interested in having the Torrance chapter American Field Service students speak at one of their meetings next winter, should make their requests now, according to Mrs. Joseph Dock, chapter president.

The students will be a girl from Norway and boys from Brazil and South Africa. They will be members of the senior classes at West, South, and Torrance high schools while living in the Torrance community.

The students are allowed to have speaking engagements from December to May as long as they don't conflict with school activities, states Mrs. Jack Hughes, speech chairman. Clubs and organizations interested in scheduling the students are requested to call Mrs. Hughes at FRontier 5-4797.

## Lt. Thomas Shupe Goes to Vietnam

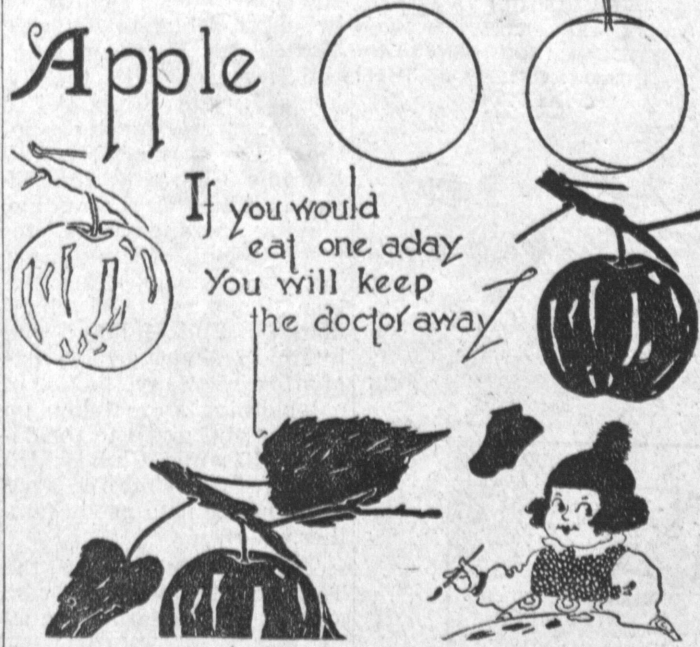
Army 1st Lt. Thomas R. Shupe, whose wife Irene, lives at 1525 W. 221st St., has been assigned to the Army element of the Military Assistance Advisory Group (MAAG) in Vietnam. MAAG, Vietnam, is an Army-Navy-Marine-Air Force organization which advises the armed forces of the Republic of Vietnam on training, use of equipment and tactical operations.



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