

A Housewife's Report . . .

IS IT REALLY, REALLY ME?

By HANNAH SAMPSON
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It's that time of the year again — you know — spring. Soon my carpets will be moth-proofed, my garden will be planted, and the new joyful buds of spring will be bursting out of the dry branches.

It is that time of the year when I always get a feeling that I'd better burst out, too, and do something about me.

There's weeding to be done, and overhauling the house, but — let's face it — the biggest overhauling job to be done is ME.

And so, tied down without a car, and with the babysitter on vacation, I found a way to erase the callouses of winter and it didn't cost me an extra nickel.

With a few of the necessities that we use for a nourishing breakfast, I've found we housewives can make ourselves feel younger than springtime right in our own homes.

For instance, a face mask. For this, I use a half-cup of uncooked oatmeal, enough cold milk to make a thick paste, plus a few drops of my favorite toilet water.

Before applying my facial mask, I brush or comb my hair back away from my face (ugh!) and ears and tie a pretty ribbon in my hair to hold it away (and look glamorous in case the phone rings, 'cause the speedy way things are moving lately we may have phon-a-vision any day now).

Then, I pin a large bath towel around my shoulders to catch any crumbs of oatmeal that may fall (and they always do).

Next, I pat the oatmeal pack on my face and neck, not forgetting the eyelids

and around my nose. I even rub a little into my elbows. While the pack dries, I lie down on the floor, put my feet up on a low chair or a pile of magazines.

Then, I think of ocean waves, or slow smoke curling up from a smoldering fireplace, or sable coats, or a captain's table on an ocean liner.

I think lovely expensive thoughts because they don't cost any more, really, than drab, cheap thoughts, and they're so much more fun.

Twenty minutes to a half

an hour of this is enough for me (although sometimes it's so much fun that I luxuriate longer).

By that time, my pack is dry. My face feels tight. If I had to yell at the kids my mouth might not be able to make it, and that's good.

It's good for me not to yell, good for the kids, and it means that the pack is just right and has done its work.

Now, I wash the pack off with a good washcloth and warm water. No soap. I remember to cleanse my neck and eyelids, and the back of my ears.

When I think I've got it all off, then I go over my face again with handfuls of cold, stimulating water. A

soft towel pats me dry. Golly! Is it really me in that mirror?

A skin with a creamy glow, and soft to the touch.

I put makeup on the new me.

I look again and feel so wonderful because I actually love what I see.

Do let us know what it does for you.

PLEASURE
Pleasure, when it is a man's chief purpose, disappoints itself.
—Sir Richard Steele

FEAR
A man who causes fear cannot be free from fear.
—Epicurus

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Civic Center
Roses Planted

The City of Torrance has planted 100 experimental bare root roses on the Torrance Civic Center.

The roses were contributed by Jackson and Perkins Roses of California.

Donald Walker, a member of the South Bay Botanical Garden Assn. and of the Torrance Beautiful Commission, made arrangements for the contribution of the roses.

They were planted by Casper Clemmer, Torrance park superintendent.

Mrs. Frank Sciarrotta, member of the Torrance Beautiful Commission, said the bare root roses were not yet licensed and would not have an official registered name.

The city, said Mrs. Sciarrotta, will keep a record of the roses in order that the developers are advised of the progress of the growth.

Mrs. Victor E. Benstead, also a member of the Torrance Beautiful Commission, said the roses will be transplanted into the proposed sunken gardens, under design by the Gardena Valley Garden Assn.

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