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You will find exactly what you're looking for in Magic Chef's Health and Diet Department! Our tremendous assortment of nutritious healthful foods will add new zest to living. You will find sugar-free, salt-free, low-calorie or high-protein foods; foods rich in natural vitamins and minerals; foods high in poly-unsaturates or low in starch content; the unusual or hard to find; wonderful organic grown fruits and vegetables and many delicious foods that are so good and so good for you!

INSTANT
TIGER'S MILK

reg. \$1.19 **98¢** 8-ounce box



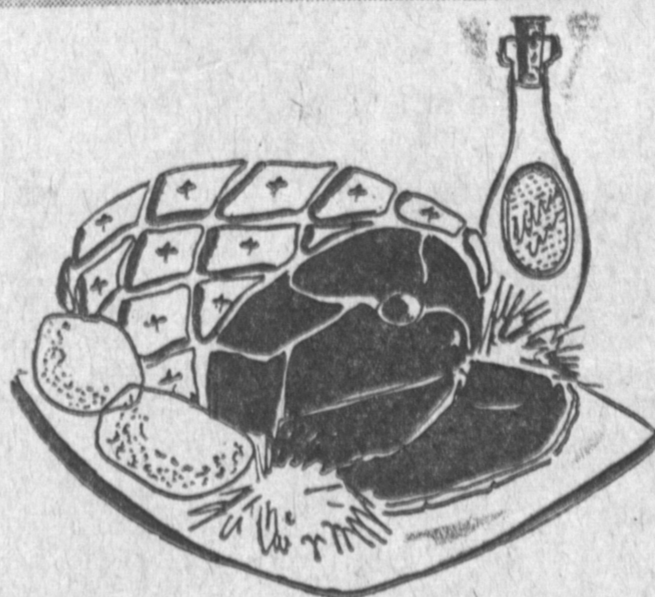
OLD FASHIONED DELICATESSEN

...E KERNEL OR CREAM STYLE
DEL MONTE CORN

6 tall 303 cans **\$1**

EASTERN QUALITY
FARMER JOHN AND LUER HAMS

SHANK HALF **39¢ lb.**



BUTT PORTION OR WHOLE HAM

49¢ lb.

CENTER SLICES

98¢ lb.

RIPE RED BEAUTIES
MA PERKINS TOMATOES

7 no. 2 1/2 cans **\$1**

U.S.D.A. "CHOICE"
SWISS STEAK

69¢ lb.

U.S.D.A. "CHOICE"
ROUND STEAK

full cut **79¢ lb.**

U.S.D.A. "CHOICE"
RUMP ROAST

bone in **79¢ lb.**

U.S.D.A. "Choice"—so tender and juicy... a favorite family treat!

Boneless Round Steak 89¢ lb.

U.S.D.A. "Choice"—beautiful roast from the finest grain-fed beef.

Boneless Rump Roast 89¢ lb.

U.S.D.A. "Choice"—make super sandwiches... for tender moments.

Delicious Cube Steak 98¢ lb.

Ground fresh hourly, from the finest, lean beef... versatile buy!

Fresh Ground Round 69¢ lb.

Hickory smoked and sugar cured. 1 lb. pkg., sliced.
LUER IOWA FARM BACON 49¢

Sea Pak—economical... 10 oz. pkg., frozen.
BREADED SCALLOPS 59¢

Icelandic—flavorful... 8 oz. pkg., frozen.
FISH STICKS 3 pkgs. \$1



U.S.D.A. GRADE "A" FLASH FROZEN CALIFORNIA GROWN

TOM TURKEYS

18 TO 22 LBS. AVG.

33¢ lb.

GOLDEN RIPE
CENTRAL AMERICAN
BANANAS

12¢ lb.



2 for **25¢**

2 1 lb. cellos **15¢**

DEL AMO SHOPPING CENTER CORNER OF HAWTHORNE & SEPULVEDA

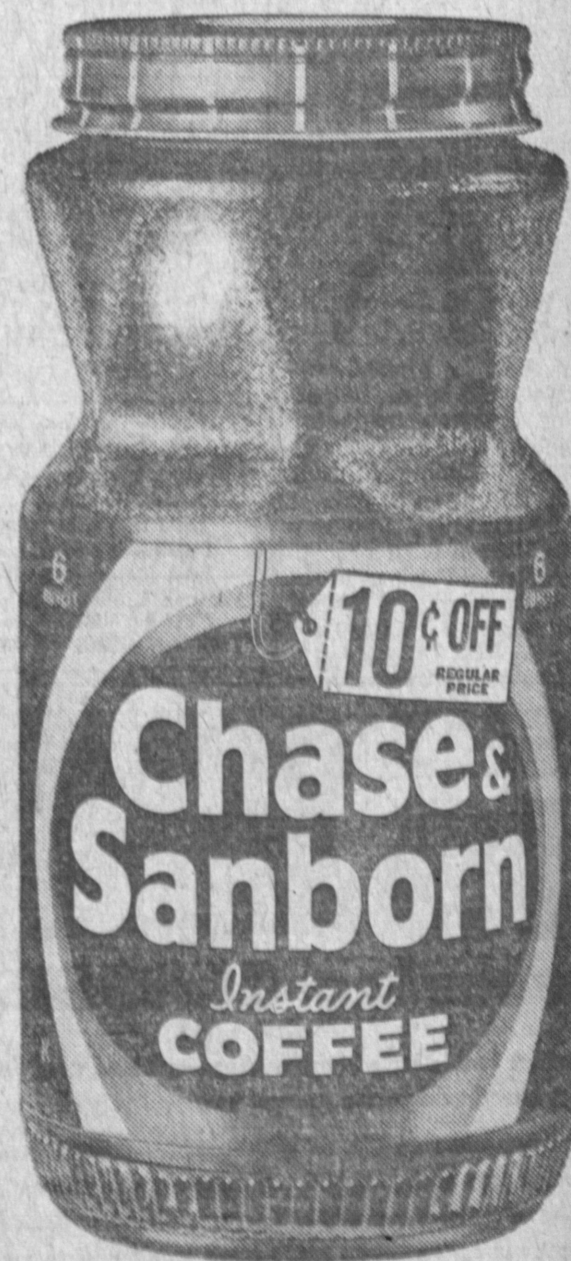
MAGIC CHEF



Save **10¢**



on the big 6-oz. jar of the rich new "instant" with the pure coffee nectar!



New *finger-grip* jar

FINE COFFEE FOR NEARLY 100 YEARS

Use Classified Ads—Phone DA 5-1515