

## TO YOUR HEALTH!

Take a gourmet approach to special menus! Magic Chef's new Health-and-Diet Department is chock-full of goodfor-you foods that look and taste tempting, all conveniently grouped for your easier selection. If you are on a special diet, you can still enjoy a world of delicious foods from the complete line of special health and diet items that you will find at Magic Chef. Helpful health-hints, cook books, recipes and menus are also available for your healthier living!



Saf-flower oil and yeast have been added to this time-saving and health-giving Gluten Mix. You can quickly and easily make the most delicious bread, pancakes, and sesame thin crackers. Use for breading, too.

GUARANTEED MEATS

HASH BROWN

FRESH SEVEN RIB PORTION

TENDERLOIN PORTION

PORK LOIN ROAST



49

PURE CANE

C& H SUGAR

sisun-ripe flavor, vitamin filled. 46-ox. can

29c

wonderful for sandwiches. 22-oz. bottle KKLES

rereamy milk. Delicious & nutritious. fall can 2 for 276

k sauce is a must for best steaks. 6 oz. can

3 for 29¢

PORK CHOPS LARGE RIB

PORK CHOPS LARGE LOIN

**PORK CHOPS** CENTER CUT RIBS

U.S.D.A. "CHOICE" STEER BEEF

RIB STEAM

U.S.D.A. "CHOICE" STEER BEEF

FAMILY STEAM



U.S.D.A. "CHOICE" STEER BEEF

U.S.D.A. "CHOICE" STEER BEEF

BAR-B-O STEAK

U.S.D.A. "CHOICE" STEER BEEF

NEW YORK OF SPENCER STEAK

R'RAINED - ASSORTED INUT BABY FOOD 3 4 oz. 29c



OL' SMOKEY SLICED BACON 59°

CAMPS is a tasty quick-to-fix meal anytime. 12 oz. pkg. **BUTTERED BEEF STEAKS** 59c Easy to prepare and simply wonderful. I lb. pkg. **GOL-PAK VEAL CUTLETS** 79c

JERGEN'S LOTION WITH FREE MOISTURE CREAM - \$1.18 VALUE



EXTRA, EXTRA, SPECIAL!

COOKIES reg. 39c 3 dozen 69c



ASSORTED JELLY ROLLS reg. 59c ea. 491

VIENNA BREAD 31' a loaf



GOURME GALLEY

KOKSHER STYLE SLICED . . . 99



MAGIC CHEF



## News Of Servicemen

22701 Enola Ave., Torrance, former Marsha Hunt, resides recently participated with at 724 Pine Drive, Torrance, other personnel from the 8th is being assigned to the

The test, which pitted the ists at Amarillo AFB, Tex. 505th against an "aggressor" bat conditions, included a tary training here, was se series of tactical maneuvers lected for the advanced tions, reconnaissance, secur-terests and aptitudes. ity, tactical movement and air, guerilla, nuclear and uate of Torrance High maintain a constant state of His parents are Mr. and Mrs to a modern Army deployed Maria Linda St., Torrance. to maintain the defense of the free world.

Martin, an automatic rifle- Carstens, son of Mr. and man in Company B of the Mrs. Herald C. Carstens, infantry in Mainz, entered 2727 Cabrillo, Torrance, rethe Army in February y960 ceived congratulations and a and arrived overseas in certificate from Mr. Warren March 1961.

Va., April 6.

course Sealls received in- erations and logistics, perstruction in cooking, baking, form organizational mained to operate a field kitchen. serve as unit armorer. The

The son of Mr. and Mrs. Albert Sealls, 1914 W. 252nd School in 1961. ed by United California Bank in that city, before Morris Jr., whose father lives at 438 E. 224 St., Wil-

2831 Danaha St., Torrance, completed the food service course at The Quartermaster School, Fort Lee, Va., April

course Carstens received in- aptitudes. struction in cooking, baking. meat cutting and was train-High School. ed to operate a field kitchen. He entered the Army last September and completed of Mr. and Mrs. Amando B. basic training at Fort Ord, Tapia, 3511 W. 226th St.,

South High School and was marksman by qualifying for employed by Arlington Auto the expert marksmanship Body before entering the badge during range firing

Norman M. (Jack) Campbell, son of Mrs. Jessie M-1 rifle, carbine, Brown-Campbell, 24225 Walnut St., ing automatic rifle and M-3 Lomita, has been promoted Submachinegun. It packs to lieutenant colonel in the the fire power of a light ma-

signed here as project officer matically and fires the stanfor Space Systems Division. dard 7.62-millimeter NATO The colonel, who received cartridge. his B.S. degree from the University of Illinois, Ur- Artillery's Headquarters-bana, is married to the for- Battery in Mainz, entered

residing in Lomita.

States Air Force technical lege. training course for refrigeration specialists here.

A graduate of Banning Sergeant Whiteley, assign-High School, the airman en-tered the service in August

Bend, Ore., is being reas-in June 1960. Whiteley is igned to Mather AFB, Whiteley is a 1947 gradu-ion from the United States School, Caldwell, N. J. \ir Force Squadron Officer

Captain Smith, a graduate of North Bend High School and Willamette University, Salem entered the Salem, entered the service Plans and specifications ter, Cheryl.

The Squadron Officer to County Supervisor Burton School, a part of the profes- W. Chace. sional officer education system of the Air University, struction of nearly a mile prepares young oficers for of streets in addition to side command and staff positions walks. drainage structures at squadron and wing levels, and curbs tand gutters at a Captain Smith was selected cost of \$80,000. because of his growth and Complettion of the proi development potential as a ect will provide access to 7 eader in the aerospace new homes.

quick results. DA 5-1515. DA 5-1515

Pfc. Glenn J. Martin Jr., Son of Mrs. Alma Mora, Pfingston, whose wife, the Division's 505th Infantry in United States Air Force a week-long annual Army technical training course for Training Test in Germany, aircraft maintenance special-

Airman Pfingston, who force under simulated com- has completed his basic miliwhich stressed communica- course on the basis of his in-

The airman is a 1958 gradchemical defense. Tests of School and a former student his nature are designed to at El Camino Junior College. combat readiness essential William O. Pfington of 5648

D. Ferguson, an instructor at the Quartermaster Army Pyt. Arthur Sealls, School, after being named 23, whose wife, Barbara, honor graduate of the gener-lives at 2311 W. 237th St., al supply specialist course Torrance, completed the food at the school at Fort Lee, service course at The Quar- Va. During the course, Cartermaster School, Fort Lee, stens was trained to perform general unit supply duties, During the eight-week assist in general supply opmeat cutting and was train- tenance of small arms and to He entered the Army last 19-year-old soldier entered September and completed the Army in September 1961 basic training at Fort Ord, and completed basic training at Fort Ord, Calif. He was graduated from South High

Airman Basic Elvin L Army Pvt. Charles G. Car- to the United States Air mington, is being assigned stens, 19, son of Mr. and Force Technical training Mrs. Harold C. Carstens, course for supply specialists at Amarillo AFB, Tex.

Airman Morris, who has completed his basic military training here, was selected for the advanced course on During the eight - week the basis of his interests and

He attended Lawndale

Pvt. Robert A. Tapia, son Torrance, recently achieved He is a 1961 graduate of recognition as a top Army with the Army's new M-14

rifle in Germany. The M-14 will replace the United States Air Force.
Colonel Campbell is as-

Tapia, a driver in the 84th mer Mary P. Chaffin of Los the Army in September The colonel, his wife, and ing at Fort Ord, Calif., and four children are presently arrived overseas last Feb-

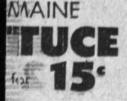
Airman Second Class Albert J. McKenna, son of Mrs. Inez McKenna of 1066 Mc-Farland Ave., Wilmington, Camino College. He attend-has completed the United

Army Sergeant First Class
Airman McKenna received
Instruction in refrigeration whose father lives at 8931 nd air conditioning as they California Ave., South Gate, apply to Air Force equip-ment. He will remain at in the rifle and pistol matchsheppard for advanced es held at Fort Buckner, Okinawa.

tered the service in August Group's 96th Ordnance Detachment on Okinawa, entered the Army in 1948, was Captain Theodore A. last stationed at Fort Niamith, son of Mr. and Mrs. gara, N. Y., and arrived on heodore R. Smith of North Okinawa on this tour of duty

n March 1956. He and his for construction of streets in wife, the former Barbara J. a new subdivision tract west Cracknell of 25607 Lucille Ave., Lomita, have a daugh-Hawthorne Blvd. were approved yesterday, according

Tise Poer als lifted ads to Use classified ads for buy, per smeel Phone



RIGE RIPE

ALL GREEN

RAGUS