

Health Officers Gives Warning About Tumbles

Falling is one of the commonest and most unnecessary types of accidents. Every year, however, many thousands of people of all ages are injured from falls, and such accidents are naturally more critical as the individual begins to age. In fact, after age 65, more people die from falls and the ensuing complications than from automobile accidents, Roy O. Gilbert, M.D., County Health Officer, said.

Both medical and safety authorities on the subject continue to study means by which the number of these accidents may be reduced, particularly in older people who do not have the recuperative powers of the young.

As people age, their balance-recovery machinery begins to fail, according to an article in Today's Health. When a young person starts to fall certain muscles in his body instantly go into action to keep him on his feet, while in the older individual the muscles or reflexes do not function as rapidly and the hazard of falling is therefore much greater, he mentioned.

Moreover, as muscles and ligaments tend to become less lively or elastic in the mature adult, it seems that the feet are not lifted as high as in earlier years. Rug corners, doormats, thresholds, straggling electric cords, and a variety of objects including toys left lying where they may be stepped on are all considered dangerous. Youngsters, it seems, are not the only one who should "pick up their feet," the officer said.

Layman to Preach

Russell Bennet, a member of the Morningside Church, Inglewood, will be guest speaker Sunday at Seaside Community Church, 22902 Ocean Ave.

Grammar Students Study European Customs, Habits

Two globe-trotting teachers at Hamilton Elementary School, Torrance, are teaching their summer-school students about foreign countries by studying the customs of children of other lands.

Misses Leah Jordan and Susan Mathews, who visited Europe a year ago, are teaching their first, second, and third graders about foreign countries through a study of children of their own ages in these lands.

So far, youngsters have been introduced to England, France, Italy, Norway, Greece, and Mexico and their children. The two teachers have brought many items from their trips in Europe to study during class, and the children have brought many items from home.

The students are making notebooks about their "travels," gathering information from storybooks, magazines, and other sources. They study locations of European countries. They learn short poems and sing songs of the other lands.

The children even learn some foreign phrases.

Main topics of discussion include habits of foreign children—what they eat, how they dress, where they live, where they go to school, and what customs they observe.

Board Declares Cash Dividends

Regular quarterly dividends of .25 a share was declared recently by the board of directors of Western Air Lines, Inc. at a meeting at Minneapolis.

The cash dividend, third voted this year, is payable Aug. 5 to shareholders of record July 15, it was announced by J. Judson Taylor, Western's vice president and treasurer.

Previous cash dividends were paid March 4 and May 18, and a 5% stock dividend was distributed March 23, he said. This dividend action was taken on the basis of 1,430,730 shares outstanding.

Taylor reported to the WAL board that estimated figures for the month of May indicate the airline topped the breakeven point with a small profit. Western was one of the few airlines in the nation to earn a profit in the first quarter of 1960, and the company showed earnings of \$176,000 in April.

The WAL treasurer said passenger reaction to Boeing 707 jet service introduced to major Pacific Coast markets on June 1 has been excellent.

In addition, Taylor noted that airline fares will be raised 2.5%, plus \$1 per ticket, on July 1 in line with Civil Aeronautics Board action earlier this month.

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