

# Weekend Retreat

Yesterday 80 men from San Pedro and Torrance traveled to the hills of Sierra Madre for fifty hours of retreat from the world. The men are staying at the Monastery of the Passionis Fathers during the 22nd annual retreat, which is the last of a series of retreats of the Star of the Sea, Holy Trinity, and Nativity.

Peter Di Carol is vice-president, Captains are John Jerkovich, John Prizmitich, Allen A. Dunne, Donald Grant, Edward Barina, Otto Batch and Bob Wertz.

No one is denied the privilege of the retreat, announces James Visceglia, vice-president of the Harbor Area. Non Catholics are welcome to the conferences. Last year out of 4000 men over 600 were not of the Catholic faith.

# Lesson-Sermon

"Christ Jesus" will be the subject of the Lesson-Sermon wherever congregations of the Church of Christ, Scientist, meet Sunday. The sermon will point Jesus' admonitions and counsel to his followers as well as to his inspiring life example.

A verse from John, the beloved disciple, keynotes the sermon as its Golden Text, "God so loved the world that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life" (3:16).

# New State Sparks Interest in Exotic South Pacific Cookery

Admission of Hawaii as a state has caused a tremendous impact upon the American way of life, what with millions of mainlanders now responding to an unprecedented influence in the area of fashion, travel and its culinary art.



PORK LAU LAU—Fastening strings after the Ti leaves have been wrapped over the pork lau lau, a compact bundle is formed and is then ready for steam cooking. Viola Flores gives the native food an exotic touch as she prepares it at the Polynesian.

Today the demand for South Pacific menus is spreading throughout the nation, opening up a new approach to home cookery and dinner entertainment in the U.S.

American housewives find such foods creating a pleasure that is more than gustatory. For island fare intrigues the palate, delights the eye and satisfies the appetite. Homemakers have also discovered that the exotic touch can be accomplished quite easily.

That viands of far-off isles are not linked with the mystery of strangeness is attested at The Polynesian, a tropical restaurant in Torrance, whose chefs authentically prepare exotic dishes out of simple native foods.

The dining establishment is rich in atmosphere and enchantment. With its coconut fronds and "lauhala" thatching, the peek-roofed Polynesian Restaurant is a true reproduction of a South Pacific "long-hut." Its waterfalls, sleepy lagoons, Samoan tikis, Tahitian huts and Fijian tapa provide a paradise setting for its exotic foods.

Recipes for three truly authentic dishes, as prepared at The Polynesian, will affirm the fact that island foods are as tantalizing as the inescapable lure of the South Seas itself. Recipes shown here serve six persons:

## PORK LAU LAU

12 Ti Leaves or Corn Husks  
3 1/2 lbs. Pork (or, if handy, Wild Boar)

3/4 lb. Spinach or Taro Leaves  
3/4 lb. Butterfish or Halibut or Salmon

3/4 lb. Boned Chicken  
Plain Salt or Seaweed Salt

Prepare Ti Leaves, removing stiff rib from underside or leaf by cutting partially through the rib and stripping it from the leaf. Wash leaves. Corn Husks make good substitute. Crisscross two leaves for each lau lau. Divide pork, fish, chicken, and spinach (or taro) into six equal portions. Place portions in center of crisscrossed leaves. Season to taste. Wrap leaves over and tie at top with string. Set the six lau laus in pressure cooker and heat for 35 minutes.

## BULA MAKA

3 lbs. Top Sirloin or Top Round Steak (one-inch cut thickness)  
36 six-inch Bamboo Skewer Spears

Marinade:  
1 qt. Soy Sauce  
3 Tbsp. Crushed Fresh Ginger  
1/2 Cup Sugar

1 Tbsp. Sesame Seed Oil  
2 Garlic Cloves, crushed

Diagonally slice steaks thin into a series of 2-inch long strips and thread three of these strips on a bamboo skewer. Soak in marinade sauce for four to six hours (marinating can be done in advance, drained and stored in refrigerator until time to barbecue). Broil over charcoal until done.

BULA MAKA—Strips of beef, swathed in a spicy ginger sauce, are impaled on a bamboo spear before they are succulently charcoal broiled. A platter of bula maka, nestling on a bed of rice and ringed with fresh orchid petals, is displayed by exotic Pearl Clark at the Polynesian tropical restaurant in Torrance.

CHICKEN AND LONG RICE  
Large Stewing Chicken  
Butter  
4 Tbsp. of Soy Sauce  
1 pkg. Long Rice  
1 pkg. Chinese Peas  
2 cups Strained broth from chicken

1 Large Onion  
1/2 cup Mushrooms  
1 cup Chunks of fresh tomato  
Cut chicken for trying, dip in flour and brown.  
Add two cups of water and cook until tender.

Salt to taste.  
Remove meat from bones.  
Cut long rice in 2-inch lengths unless you wish to eat it like spaghetti, then soak in water while chicken is cooking.

Melt butter, add an onion and cook until soft, add mushrooms and cook five minutes.  
Drain long rice and add with strained broth, soy sauce and Chinese peas.  
Cook about ten minutes, add chicken and simmer ten minutes longer.

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# Birthday Celebrated by Women of Moose

Wednesday's birthday party at Moose Hall typified growth of clubs and organizations here.

Honoring 24 years of activity, over 100 members of the Torrance Women of the Moose and friends gathered during the evening to hear speeches by charter members and share the chapter's birthday cake.

The chapter, which has grown from 50 members during the first year to over 150 today, welcomed three new members during the celebration. They are Gertrude Swartz, Ilene Coats and Carolyn Copeland, sponsored by Boots Walker and Lucile Myers.

Speeches were made by Ruth Kidd, first senior regent; the San Pedro senior regent, and George Clay, Governor of the Torrance Lodge.

Elsie Smith Sr. regent, presented Clay with a check for the men's regalia and Leona Pierce, president of the new Youth Club was introduced.

Charter members present for the occasion were: Ann Wilkins, Ruth Kidd and Elsie Smith.

Members of the San Pedro chapter and four college of regents of the chapter along with four fellowship members also attended.

College of regent members

were Ruth Gibb, Ann Wilkins, Joyce Clay and Leona Shiffer. Fellowship members were Jim Evens, Danny Hutchin, Tom Wilks and Clay.

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# Torrance Teens Vote in Chairmen at First Meeting

Torrance Teens elected committee chairmen at its first meeting held Sunday at the Moose Lodge, 1744 W. Carson.

Elected were: Calista Beard, by laws; Leona Pierce, ways and means; Ernest Warner and Barbara Adams, sports; Chuck Morrill, dance; Bill Licht, membership; Poppy Kolter, welfare and Leo Olson, publicity.

Sponsored by the Torrance Moose Lodge the newly formed teen club will meet the first and third Sunday of each month at 7:30 p.m. with the exception of September when meetings will be held on the second and third Sundays.

A halloween dance is planned by the club, according to Leona Pierce, president.

# Menorah Sisterhood Reveals Donor Events

A review of the current best seller Exodus by Leon Uris will be given by Rabbi Henri E. Front as the second donor event of Temple Menorah Sisterhood this year.

Mrs. Gene Kaufman of 4708 Paseo de las Tortugas will act as hostess for the evening affair starting at 8:30 p.m.

Donation will be one dollar per person. Refreshments will be served following the review.

The Sisterhoods first donor event was a beach party held recently at Playa del Rey. Hostesses were Mrs. David Brandwein, Mrs. Albert Carmona and Mrs. Melvi Schumacher.

Music and singing, drinks and dessert made the occasion fun for everyone.

Donor is an individual contribution made to Sisterhood. All members earning \$15 or more are honored in the spring at a luncheon. A program is always planned in conjunction with the event.

The donor program will be expanded this year since the Sisterhood has taken on a greater financial responsibility to the Temple. Plans are made to double the amount raised last year.

There are many ways a woman can raise her donor. Card and bridge parties, luncheons, baby-sitting to name only a few.

Two or more women may pool their talents and have a larger affair so that each makes her donor. They may choose to hostess a square dance, a Sisterhood luncheon, a bake sale or any other project their ingenuity can devise.

Mrs. David Brandwein is in charge of individual donors. Group donors are under the direction of Mrs. Bernard Rivo. Theatre party chairman is Mrs. Paul Sochat. Mrs. Stanley Lieber, donor co-ordinator may be contacted at FR 5-6891 by anyone interested in the program.

## 'Bakeless' Cake Sale Slated

A "bakeless" bake sale will be held by the McMaster's Park Mothers club Sept. 9 from 10 a.m. to 2 p.m. at McMaster's Park with an open house following.

Coffee and cookies will be served at the affair with baby sitting provided.

Bakeless sales take the form of club donations for the price of a cake or pie, according to a club spokesman.

Along with the open house and refreshments those attending will have the opportunity to sign up for the coming slim, trim and square dance classes slated at the park.

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