nge Eighteen

TORRANCE PRESS

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FROM FACTORY TO YOU! FACTORY SAVINGS WITH VALUABLE COUPON REGULAR \$1.98 ROLLER AND TRAY Given *FREE with the purchase of one gallon or more of regular OLD QUAKER PAINTS (Limit-1 to a customer) *FREE Roller and Tray also with **These Specials** ASPHALT ROOF COATING 100% Pure **Asbestos Fiber** Asphalt Asphalt proofs and protects year oof and will add many lifer Will not crack ar idest weather or run in t. REG. 90c, 20 sallons The finest that money can buyl Asbestos fibres add extra scrength and prevent cracking. Complete protection for your paper roofs. REG. 954 8 quarts water 1 hambone GALLON GALLON 10 cloves garlie, minced In S-Gallon Cans Im S-Gallon Cans 1 to 2 cups oil salt to taste **ROOFING PAPER** 1/2 teaspoon pepper vinegar 90-Hb. Mineral 45-lb. Plain SURFACE 108 sq. ft. \$279 \$929 Regular \$2.98 All Colors Per roll Per Roll

International Dishes Will Add Interest to Budget-Minded Menus Through Year Even the most efficient of budget dish. Here is a variation nousewives, is apt to run into of a popular recipe. occasional budget difficulties Welsh Rarebit that spell immediate economy in 2 lbs. American cheese

a big way. No need to panic, 1 tabblespoon butter budget dishes can be fun when 1/2 teaspoon salt given an international flavor. ½ teaspoon paprika The following recipes are both 1 teaspoon dry mustard economical and easy to prepare. few grains cayenne Here is a popular Turkish rish. 1 cup beer toast

Serves 8.

Adm. Eddie R. Sanders

Admiral Joins

Division Here

Ryan Electronic

TURLU 2 medium onions 1/4 lb. butter ¾ lb. lamb 3/4 lb. string beans 3 medium tomatoes 2 big zucchini squash medium eggplants

4 lb. okra large green peppers salt and pepper

Using a large saucepan, fry the onion in the butter until light brown. Add the diced meat and half a cup of water and simmer until nearly tender. Prepare the vegetables, string the beans, peel and slice the tomatoes and zucchini, peel and cut the eggplants into two-inch pieces. Trim okra and elean and dice the bell pepper. When the meat is nearly tender add one cup of water, salt and pepper and then vegetables. Cover tightly and cook until the vegetables are done, about half an hour. Add water if necessary. Serves 4.

Meat rolls are delightful budget dishes that look like lots of work but are really simple to prepare. Italian Veal Rolls

1½ lbs. veal cutlet, cut thin butter % cup bread crumbs

3 tablespoons grated parmesan cheese

salt and pepper long experience in command Pound the veal and cut in duty, has joined the Ryan Aeropleces about two by four nautical Company's Electronics inches. Spread with softened Division as executive advisor to butter. Sprinkle with a mixture Owen Olds. Director of Engineerof the erumbs, cheese, salt and ing and Customer Relations, on pepper. Roll and tie with string matters pertaining to military and fasten with toothpicks. relations it was announced today Place in a shallow pan. Spread by company officials. with butter and sprinkle with Sanders studied electrical en-

flour. Bake in a hot oven for gineering at the University of Ilabout one-half hour or until linois, and graduated from the brown. Serves four. U. S. Naval Academy in 1930. He Lentils are both economical attended the Naval War College

and satisfying for winter and completed flight training at meals. Here is a Greek version the Pensacola Naval Air Station. Frakais His wide variety of aviation 2 lbs. dried lentils

and shipboard experience includedcommand of the escort carrier Cape Esperance and the attack carrier Hancock, duty as Chief of Staff, Operational Development Force, Atlantic Fleet, Deputy Director, Air Warfare Divi-

sion, Office of Chief of Naval Op-Pick over the lentils removing all foreign matter, Wash erations, and Commanding Offiwell and soak overnight, Drain cer of Grosse Isle, Michigan, and add fresh water, ham bone Naval Air Station.

and garlie. Eimmer uncovered His early military experience six hours, adding more water included command of Bombing only if necessary. Add salt and Squadron 137, Pacific Fleet, and pepper to taste with a dash flight test pilot at the Anacostia.







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