breay, April 17, 1958

Harbor City PTA Hears Counselor Dr. Brumfield

chool counselor, presented an therm portion of the county by the area to hold activities. The authorizing the acquisition of 22 acres of property at the north-the April PTA meeting of the Harbor City Elementary School. She very aptly described the va-

Harbor City Elementary School. She very aptly described the various feelings of the child and ation "Acquisition of the park prophow closely they parallel those

of the adult. In summing up, she stated that the feelings of children are shown through be children are shown through be. al facilities to the people of a havior because of the inability large region, including Torrance, South Los Angeles, Gardena, the for words. The meeting was opened with south bay area, Victoria Park,

Pledge of Allegiance led by and adjacent communities," de-Girl Scout Troop 643. The combined kindergarten classes, in Easter hats and bun-

ny ears, which they had made, sang "Peter Cottontail." Current business was discussed and after Mrs. Dingilian's talk, Mrs. James Alexander,

president, adjourned the meet-Pre-meeting cake and coffee

were served by the second grade for mothers, who carried out the pink and white Easter theme



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The Dentist Says: ERNEST J. TARR, D.D.S.

Return to

Dentist

For Reline

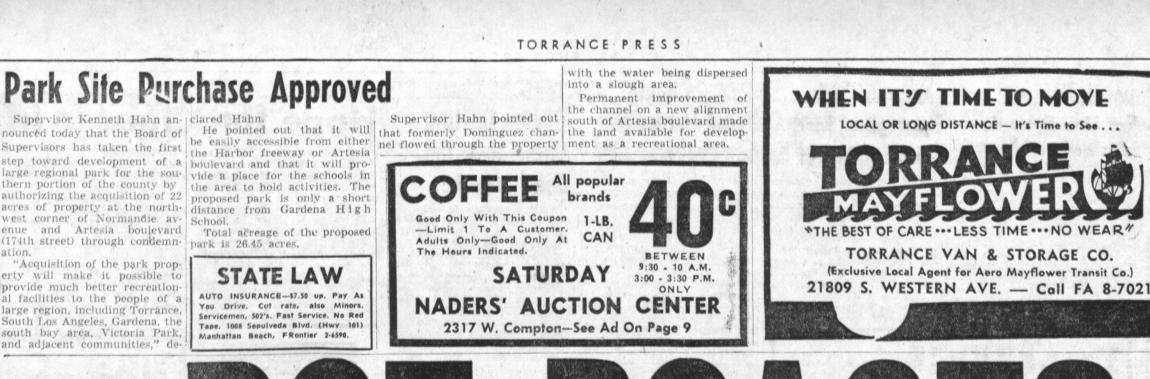
"Should I buy one of the temporary reline materials sold in thug stores and reline my den-tore myself?" . . . asks Mrs. A. B. of Manhattan Beach. After extraction of the natural teeth, it is normal for the gums to shrink. This shrinkage continues to some extent through-

Park Site Purchase Approved Supervisor, Kenneth Hahn an- | clared Hahn.

Mrs. Louis Dingilian, area large regional park for the sou-vide a place for the schools in hool counselor, presented an thern portion of the county by the area to hold activities. The

STATE LAW

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Page Three

"Home of

the individual

vault

storage"

out life. Since your dentist made your plate to fit the contours of your gums at a given time, when tissue ahrinkage occurs, your plate may start to loosen. When this happens, return to your ntist for re-adaptation of your nate as he thinks best.

Only your dentist has the skill and "know-how" to refit or re-base dental plates, should it be-come necessary. Don't attempt a homemade job with so-called reining materials. These materials harden after application and may seriously interfere with the carefully designed contours and delicate measurements which your dentist constructed in your denplates to insure a good fit. In my office I am equipped to reline any denture in two hours. This is a permanent reline with the same type plastic that you now have in your denture. Phone ne for the exact fee.

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Proper Health "What is the best way for me

to take care of my teeth now that I have had them all fixed Home care of the teeth has three objectives: (1) Reduce markedly the intake of all sweets such as candy, cake, cokes, etc.; (2) cleansing of the teeth; (3) massaging of the gums. The lat-ter is more important than many

people realize. Beautiful and sound teeth are dependent upon firm and healthy gums; Your daily massage can help improve local blood circulation, thereby increasing resist-ince to gum disease such as gingivitis, pyorrhea, and trench mouth. Normal gums should be pale pink; if they are deep-red, bluish-red or bleading, chances are that gums and teeth are not receiving a sufficient blood supply.

Only with correct brushing technique can you take care of both objectives at the same time. Since preservation of teeth is my main concern, I give full instruc-tons to my patients on the proper toothbrushing technique, demonstrating on them with the proper type brush.

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