Aircraft design changes are radical with each decade, and what applied years sian "West Wind"), was born of ago is not practical today from a competitive standpoint.

However, in boat design, the opposite is often times true. Take the case of the "Tokerau" for example, and the story of Myles Connolly, Connolly, commodore of the

ave., Torrance. signed and built a 32-foot outrigger, adapting it to a cen-turies-old design. It is believed to be the only ocean-racing outrigger in existence in the United

necessity and fathered by a de-

sire for practicability.

## **OPENS IN**

ONLY 5 MILES FROM TORRANCE GRAND OPENING OFFER!

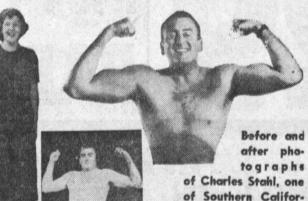
**AVERAGES** 

est Vic Tanny Gym 3 times per week, it costs only 55c per visit, on a regular

SUMMER RATES WILL REMAIN IN EFFECT FOR A FEW MORE DAYS

changed my whole life

There are hundreds of cases where members have lost 40 to 50 lbs. and in special cases as much as 95 Ibs.



of Southern California's best known TV

announcers. In five and one-half weeks he lost 17 lbs. while considerably increasing biceps and shoulders. His total time in the Gyms averaged 45 minutes three days per week.



American's Foremost Physical Culture Expertthe man responsible for the health and happiness of countless thousands of satisfied club members.



AGES 8 TO 80 Gyms for Mon Gyms for Women



COMPLETE FREE TRIAL

\* SPECIAL COURSES FOR NEW MOTHERS.

TRAINING PROGRAM is recommended

according to needs. Each exercise and

the use of each piece of specialized

equipment is coordinated to the new

member's particular physical charac-

- \* GENERAL BUST DEVELOPMENT.
- \* REDUCING OR WEIGHT GAINING.



TRAINING PROCEDURE: Each individual is a special case. Gym Manager evaluates weight, height, age, condition and desires of new mem-



PERIODIC PROGRESS CHECK bimonthly, each member is weighed and measured. Progress is analyzed, and new training programs



On the far left is a photograph of the woman shows above when she weighed over 250 lbs. In the second photograph notice she holds the dress she formerly wore a size 241/2. In the third photograph you see her as she looks today after losing nearly 100 lbs. going to Vic

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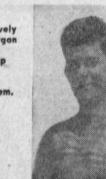
EAST LOS ANGELES

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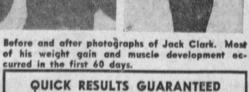


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for WOMEN

NORTH HOLLWOOD

5215 Lankershim Blvd



AGES 8 to 80 GYMS FOR MEN GYMS FOR WOMEN Phone FRontier 4-0444

OPEN EVERY NIGHT 'TIL 10 P.M. Vic Tanny Gyms for Men and Vic Tanny Gyms for Women are located in the following communities in the greater L. A. Area:

SANTA MONICA, Men

1415 Second St. EX 4-9892

SAN BERNARDINO LOS ANGELES 85th & Vermont PL 3-9507 555 Fourth St. MIRACLE MILE 5364 Wilshire Blvd. WE 6-9403

4th & Broadway EX 5-9293 VAN NUYS

S. MONICA, Women

6469 Van Nuys Blvd. ST 6-8800



The Tokerau" was built in

the garage of a friend in Ven-

ice, and took six months from

The trio has proven the de-

sign of the "Tokerau", and con-

trary to popular belief, they are

able to take the craft on long

jaunts as well as off-shore sail-

ings from Malibu. It's been in

the Ensenada race, and numer-

islands. It races with a crew of

four, and has reached speeds of

The 32-foot Tokerau has a

seaman's wife and the sail po-

tential adds up to a total of 1000

Popularity of the outrigger

is given to Seaman.

Malibu Yacht club, and his surf-launched without swamp friends were faced with the ing. problem of boating in an area where there is no harbor. They decided to adapt the outrigger design until she was ready to design to a sailing craft because hit the water. of the lack of a harbor at Mali- Aiding Connolly in the design ou, where boats have to be and building of the unusual aunched through the surf. Be. craft were Warren Seaman, Santa Monica building contractor and boat enthusiast, and Duane Sams, a merchant sailor and rigger design is ideal, Connolly graduate of the U. S. Maritime points out, and the craft can be Academy. Major design credit

## **HJC Offers** Field Course In Sanitation

A new two-year Sanitary ous trips have been made to Technician curriculum will be Santa Catalina and the Channel added to the curricular offerings at Harbor college effective 15 knots. with the fall semester beginning on September 17, an 44-foot tall mast, without rignounced William N. Kepley, Jr., ging. The sails were made by Dean of Curriculum.

The purpose of the new train- square feet. ng program, which was developed with the assistance of lay design is increasing in yachting experts in the field of sanita-tion, is to provide promotional, in promotion in pr up-grading training for persons in promoting it. already employed in the field and to train persons for positions now open in the sanitation, sewerage, and industrial wastes field.

Major courses to be offered in the two-year training program include fundamentals of Sewer Plant Operation, Pressure Systems Hydraulics, Pumps and Plant Equipment, Sewage Systems Management and Industrial Waste Control, Water Works Operation, Water and Sewage Chemistry, and Microbiology of Water and Sew-

The first of the series of courses, Fundamentals of Sewer Plant Operation, will be offered during the fall semester on Tuesday evenings from 6:30 to 9:30 p.m. Instructor of the course will be Mr. Jack M. Betz, engineer at the Hyperion Treatment plant of the Bureau of Sanitation of the city of Los Angeles.

The Fundamentals of Sewer Plant Operation course is designed to give a general introduction to the problem of sewage plant operation. The composition of sewage with its chemistry and biology will be studied. The waste disposal needs of a community and the consequent public health significance will be presented. The types of processes now used will be outlined and process control methods will be studied. Equipment available and maintenance problems common to plant operation will be given.

"The members of the Sanitary Technician Advisory Committee have indicated a high placement opportunity for graduates of the new training program which will be offered entirely in the Extended Day program of the College in order to meet the in-service training needs of the persons already in the field who wish to prepare for promotional positions," Kepley said.

## Edison Installs Safety Pennants

Look closely the next time you drive past a Southern California Edison Company installation. It may be sporting one of the company's new safety pennants.

Approximately eighty-five Edison facilities were initially qualified to fly the green and white flags when they were distributed for the first time this week, it was announced by Mr. G. L. Blanchard, district mana-

## PTA PLANNING COMMITTEE MEET

The Program Planning Committee of the Torrance Elementary PTA held their meeting at 2603 Apple avenue, Torrance.

Mrs. Ludwig is the program chairman. Those serving on her committee and present at your ad. the meeting were: Mrs. J. D. Kirks, principal; Mr. A. B. Montgomery.

NEED MONEY? Need buyers? Need partners? Whatever you need, I'm the guy who can get it for you quickly. I'm O. Howie Hustles, the want adthe home of Mrs. E. G. Ludwig, and in a few lines of type, I'll solve your problems, pronte! Just call FA. 8-2345 to place

Dutton, president; Mr. D. B. Chandler and Mrs. William



Now! Bacon and Eggs in 31/2 minutes when you cook electrically!

TODAY, NOTHING COOKS PASTER then a modern electric range. Bacon and eggs in 346 minutes. Instant coffee in 60 seconds. Hot somp in 68 seconds. Fry, bake, broil or roast - electricity does

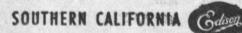
THERE'S MORE! your kitchen is as much as 16" cooler. And cleaner. Pots and pans stay mirrorbright. Kitchen walls look fresh and new twice as

SOMEDAY YOU'LL COOK on a modern electric range. It's almost inevitable. But why postpone it? Edison rates are among the lowest in the country, What's more, Edison services your range free as long as you own it. (The only charge is for parts, when needed.)

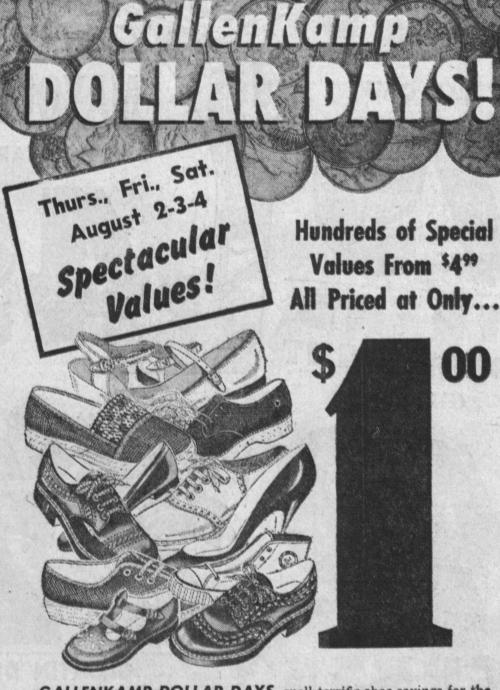
IF YOU'RE STEEL COOKING the old way, it's simply because you haven't seen the new '56 electric-ranges at your appliance dealer's.

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