



Tenderly Yours - **BEST FOOD**

You'll find it a wonderful experience to walk through FOOD GIANT market for the first time. Such variety! So many famous brands! Such fresh produce! Such delicious meats. It's an education in food saving too when you visit FOOD GIANT. You'll be especially pleased with the hundreds of thrifty, money-saving foods that are available to tempt the appetite of your family.

SPECIAL SATURDAY

"HOW TO BE A BETTER COOK AND SAVE MONEY, TOO!"

BY *Mary Blake*
Home Service Director
Carnation Company

WHEN BUYING LEG OF LAMB

allow about 1/2 pound per person. Place lamb on rack in shallow roasting pan. Rub with salt and pepper, and garlic, if desired. Bake in slow oven (325° F.) about 30-35 minutes per pound for 6-7 pound leg of lamb (or until meat thermometer reaches 162° F.). Do not baste during roasting. Allow lamb to stand a few minutes before carving.

FREE! My latest recipe booklet. Send for your free copy to Mary Blake, Dept. GS-153, Carnation Company, Los Angeles 36.

U. S. GOV'T. GRADED CHOICE IMPERIAL VALLEY

Leg O' Lamb

SHANK BONE REMOVED

Put Dad to work carving up a juicy, tender leg of lamb — trimmed of excess fat and bone to save you even more money. Luscious lamb is brimming with energy, proteins and vitamins — the good food essentials you and your family need to keep healthy.

49 lb.

U. S. GOV'T. GRADED "CHOICE" AND "GOOD" STEER BEEF

CHUCK ROASTS

BEST CENTER CUTS — NONE PRICED HIGHER

Here is fine steer beef aged to eating perfection. You'll find these luscious roasts this week's outstanding meat buy. They are trimmed to Food Giant "Banquet-Perfect" standards which means all excess bone and fat is removed before weighing. Chuck Roasts should be slowly cooked in moist heat.

SELECTED BLADE CUTSlb. 27c

29 lb.



BONELESS CROSS RIB ROAST

These fine beef roasts are cut from the tenderest part of the shoulder. You'll find every ounce of this fine graded meat a joy to serve and so easy to carve. Of course, it's all U. S. Government graded "Choice" and "Good" steer beef.

55 lb.



Ground Beef

Ground beef is the pet of most man makers... and joy of joys. It is one of the most thrifty meat buys you can make and one that almost everybody likes. In fact Food Giant ground beef is hard to beat — tastewise, healthwise — it's the tops.

23 lb.

Van de Kamp's SPECIALS
March 8, 9, 10

Coconut MACAROONS 23¢ pkg. (Reg. 27c pkg.)

Cinnamon COFFEE LOAF 33¢ (39c Value)

2-Layer Fresh ORANGE CAKE 79¢ (89c Value) 41c half

SLICED BACON Best Val brand bacon from Iowa. A fine eastern hickory smoked bacon that is loaded with flavor and streaked with plenty of lean. 33 lb.	FROZEN PERCH FILLETS Certi-Fresh Brand Frozen Boneless and Skinless Perch. Pan fried this flavorful fish will send the family into a state of unbounded enthusiasm. 35 lb.
ROUND BONE ROAST U. S. Choice and Good Steer Beef. Round bone is a delicious and versatile roast that is sure to please the entire family. Food Giant's special method of trimming removes excess fat before weighing. 37 lb.	FLAKED BEEF STEAK Grand Duchess Brand flaked pattied frozen steaks. Four steaks in each package with the juices sealed in. 11 oz. package. 43 lb.
HADDOCK FILLETS Certi-Fresh Brand Frozen boneless and skinless haddock fillets. Cleaned and pan ready. Delicious Pan Fried, Baked or Newberg. Recipes are on the label. 39 lb.	SMOKED PORK LINKS Rath's Brand Ready to serve pork links. All you do is heat and eat. Serve for breakfast, lunch and dinner. 35 pkg.

FOR COOKING, BAKING, FRYING

SNOWDRIFT SHORTENING

3 LB. CAN **69**¢

FOOD GIANT YELLOW COLORED

OLEO

POUND IN CARTON **110**¢

DAIRY BELLE — CREAMED PASTEURIZED

COTTAGE CHEESE FULL PINT CARTON

FROZEN TUNA PIE — MADE WITH STARKIST TUNA — JUST BAKE AND SERVE

Starkist TUNA PIE

FULL POUND PACKAGE — SO MANY LENTEN DISHES CAN BE MADE WITH SPAGHETTI

WEBER SPAGHETTI

LAURA SCUDDER — HOMOGENIZED

PEANUT BUTTER LARGE 18-OZ. TUMBLER **4**

OSCAR MAYER'S

LUNCH MEAT LARGE 12 OZ. CANS **29**¢

DAILY DIET

DOG FOOD TALL CAN **5**¢

KRAFT BALLARD BISCUITS 15c

BOOK MATCHES 2 OHIO 50 BOOKS CARTON **25**¢

RIPE OLIVES HEMET SELECT TALL CAN **19**¢

APPLE JUICE MANN'S FULL QUART ROUND BOTTLE **23**¢

POTATO PATTIE ORE-IDA FROZEN **17**¢

BABY FOODS BEECH NUT STRAINED 3 JARS **29**¢

CLEARFIELD PROCESS

AMERICAN CHEESE 2 LB. LOAF **59**¢

Wines & Liqueurs

7 YEAR OLD CHARTER OAK STRAIGHT BOURBON
For a limited time you can save \$1.00 a fifth on this rare, rice, premium quality whiskey long aged in deeply charred selected oak casks.
FULL FIFTH **\$3.99**

FRESH BERRY FLAVORED BLACKBERRY JULEP
Sweet, full, rich black berry flavor and smooth mildness. It's a delightful refresher any time of day.
FULL FIFTH **69**¢

IMPORTED PETROGNANO RED CHIANTI
Was \$1.89, now 98¢ Rich, fruity, full bodied imported Chianti of excellent quality and character.
FULL QUART **98**¢

80 PROOF GRAND DUKE IMPORTED VODKA
A Vodka with a liquor character, yet no liquor taste or aroma.
FULL FIFTH **\$3.19**