

with FRAN

Shakespeare's "Tempest" has a two-line passage that couches every woman. In it Ferdinand whispers to Miranda, "Here's my hand." To which she tenderly replies, "And mine, with my heart in it." Oh, how often have we come to our menfolk with our hearts in our hands. What memories do men carry deep .

her conversation. Expressing her pecially in winter, before going her make-up, her ensemble.

relaxed and graceful in her lap, or on a rich skin cream or hand moves them with expressive vi- cream before donning the gloves tality as she draws people to her to add additional protection. If as surely as with her smile. How several pairs of gloves are kept, much they contribute to her per- the creamy insides of one can be sonality depends on how much washed out with the other pair in care she gives them.

Women know only too well how yet, hand care, despite the many stains. a relatively simple process.

Certainly, today's chores take a skin. heavy toll on soft, dainty hands. Wash hands in luke warm Heusework, business, marketing, water. Dry thoroughly, Apply loetc. all contribute to roughen and tion religiously in the following dry otherwise tender skin.

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by Fran Colman

within them. The gentle fondling Try to keep the hands out of of a wise and patient mother. The very hot water. Use moderately soft caresses of his beloved. Soft warm water where possible. Try hands, dear hands. Hands with a mops and dish mops and rubber gloves to replace scrubbing brush-Look about you. See how the es and dishclothes. Mild soaps are beauty-wise wom an uses her preferable to harsh ones. Rememhands. They are as animated as ber to dry hands thoroughly, es-

personality every bit as fully as outside. Work gloves come in handy when rough work is indi-Note the way she rests them, cated. It is a good idea to smooth service.

For hand stains acquired by much ugly, unkempt hands detract housework, gardening, office work from their grace—not only be- or smoking, keep half a lemon on cause of their unattractive appear- sink or wash basin and rub on ance but from self-consciousness hands when washing. Peroxide will on the part of their owners. And help remove ink and vegetable

hardships placed upon hands, is To help keep the hands from that dry parched look there is Care of hands, as in practically an excellent hand lotion and cream all beauty care, is based primarily on the market. This cream is parupon prevention, rather than cure. ticularly satisfactory for dry thin

> manner. Rub hands to work lotion into the skin. Stroke from fingertips to the wrist as you do in drawing on a glove. Close one hand about the other arm and work up and down the forearm with deep pressing and wringing movements. Use thumb and fingers to massage deeply with rotary movements on the joints at the base of each finger, to relax the fingers. Massage the elbows with deep rotary motions, first with arm straight then bent.

Write me in care of this newspaper for further information.

Sport is a form of physical education of the body and the mind combined. The winner is not only he who comes out ahead, but also he who loses a "good" game. It's hard to be a winner, but noble to e a good loser.



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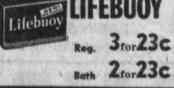
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