

# More and More Schools Provide Special Help for Handicapped Children

More and more American schools are taking the responsibility of helping the school child to adjust socially and psychologically to the world around him.

This fall will find thousands of schools throughout the country equipped to give special attention to maladjusted children, handicapped children, children with particular health, economic and home environment problems.

Many schools now have counselors who discuss social and scholastic problems with students and their parents.

Elementary schools have started such counseling service so that maladjusted children will be discovered as early as possible, and a remedial program provided immediately. In unusual cases provision has been made for clinical studies to assist in this program.

Many schools employ a clinical psychologist to interview students or to train teachers how to observe and find maladjusted children.

Teachers are being trained specially to conduct classes for these children.

In an increasing number of schools, definite programs have been established for the training of children with speech and hearing difficulties, cerebral palsy and other physical handicaps.

These many and diversified programs in our schools help not only the student, but the parent also. Parents of children with a particu-

lar problem are urged to consult the school principal or counselor before the new term begins so that the child can get off to a good start.

Parents are also urged to participate actively in Parent Teacher Associations to further these programs in their local schools.

A much closer relationship has been established between parent, teacher, and student through such counseling programs.

## First Day of School, Problem To Youngsters

The first day of school is a momentous occasion for both the child and the parents. It is a frightening and bewildering one for the child and usually an emotional one for the parents.

It isn't easy for the child to take that first big step into the world of schoolrooms and long halls filled with noisy strangers of all ages. Nor is it easy for parents to release the child, who still seems so tiny and helpless, to this new school world.

To make it easier for your children, a visit to the school should be arranged in advance of opening day. This will remove some of the strangeness and lost feeling of the first day.

## NEED DIET CHANGE FOR SCHOOL DAYS

Change of diet is as important for children when cold weather comes as the change to warmer clothes. On brisk Fall days and into icy, winter weather, children need extra amounts of heat and energy-producing carbohydrates.

Mothers can easily give those by increasing the consumption of natural sugars which are easily digested and assimilated. Most children like these natural sugars—molasses, honey and maple syrup and they can be worked into the daily diet simply and economically.

Some good food buys for the autumn months—reasonably priced and containing many of energy foods children need for cold weather are the following:

- Sweet and White Potatoes . . .
- Cabbage . . . Nuts . . . Apples . . .
- Cranberries . . . Dried Prunes . . .
- Peanut Butter . . . Fruit Preserves . . .
- Cheeses . . . Pork Products . . .
- Chickens and Turkeys.

These offer a wide variety of tasty, economical and energy-packed meals.

## TIPS ON WOOLEN CARE HELP TO GIVE EXTRA WEAR

With the beginning of the Fall term and checking of school wardrobes, mother will find that a large percentage of the school-going clothes are woolen.

In order to keep these woollens neat in appearance and long wearing there are certain very simple rules to follow:

1. Brush all woolen fabrics after each wearing.
2. Use either wood or padded hangers (not wire) . . . Hangers for suits and coats should be wide enough to extend across shoulders to both sleeve arms.
3. Skirts should be suspended by waistband; trousers by cuff.
4. Remove spots from woollens immediately before they "set."
5. Wools which have been out in the rain should be hung to dry away from heat.
6. Sweaters should be hung loosely over chair after wearing so that any undetectable moisture may evaporate.
7. The same woolen garment should not be worn steadily as fibers need a chance to rest in order to return to normal length and shape.

## Comic Books Now Evaluated by a Special Committee

That comic books are here to stay is a fact most parents view with alarm. Though it may seem impossible to keep children from reading them, parents can, to some degree, weed out the bad.

An organization set up for the purpose of evaluating comic books makes this a very simple matter. Simply write to: The Committee on Evaluation of Comic Books, Lock Box 1468, Cincinnati 1, Ohio.

Enclose ten cents in stamps with your request.

This organization checks all available comic books and rates them according to their desirability for children's reading. They have four rating classifications: no objection and some objection (these are considered suitable for young people). Objectionable, and very objectionable, the other classifications—are definitely not good reading.

Parents need not forbid their children to read comic books entirely, but with the aid of this committee and more interest, they can see that they read the best of them.



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