## \* CHURCH DIRECTORY \*

THE FIRST METHODIST CHURCH-El Prado at Manuel Avenue. Rev. Clarence E. Miller, Minister, 1620 Manuel Avenue. Church School for all ages, 9:30 A.M. Morning Worship Service, 10:50 A.M. Youth Fellowship, 7:00 P.M. Women's Society meets 2nd Thursday of each month at 11:00 A.M. Men's Club meets at the church last Wednesday at 6:30 P.M. at the church for dinner.

ASSEMBLY OF GOD CHURCH-24404 Hawthorne Blvd., Walteria. Rev. and Mrs. Fred Martin. Phote Frontier 5-2977.

Sunday School, 9:45 A.M. Morning worship, 11::00 A.M. Children's Church, 11:00 A.M. Evangelistic Service, 7:30 P.M. Morning Prayer meeting Wednesday, 10:00 A.M. Mid-week Service Wednesday evening, 7:30 P.M. Young Peoples' Service Friday, 7:30 P.M.

FOUR SQUARE GOSPEL CHURCH-1207 El Prado. Phone Tor. 1153. Arthur P. Pedersen, Pastor. Sunday School, 9:30 A.M. Sunday Service, 10:45. Young Peoples Service, 6:15 P.M. Evangelistic Service, 7:30 P.M. Wednesday and Friday evening service 7:30. Children's hour, Saturday, 2:30 P.M.

CHRISTIAN CHURCH—1415 Engracia, Rev. Cecil England, Pastor. Sunday School, 9:30 A.M. Morning Worship, 10:50 A.M. Young Peoples, 6:30 P.M.

FIRST BAPTIST CHURCH-Carson at Manuel, Rev. C. Miles Northrup, Pastor, Rev. J. Russell Killman, Ass't Pastor. Church Phone 3084, Northrup 148, Killman 3573-W, Bible School 9:30 A.M. Story Hour and Children Church, 10:30 A.M. Nursery for every service. Morning worship 10:50 A.M. Training Unions

6:30 P.M. Evangelistic Service 7:30 P.M. FIRST MEXICAN BAPTIST CHURCH, 925 West 223rd Street Manuel J. Zamorano, Minister, LUcas 6751. Sunday School, 9:45 A.M. Morning Worship 11:00 A.M. Young Peoples Service 6:45 P.M. (every other Sunday). Evening Service 7:30 P.M. Prayer Meeting and Bible Study, Tuesday 7:30 P.M. Missionary Circle. Friday 7:30 (every other week).

KEYSTONE BAPTIST CHURCH, 435 West 220th Street, Torrance. Rev. W. I. Lowe. Phone TErminal 4-8874. Associate Pastor, Leroy Hux, 153½ W. Carson Street, Torrance. Sunday School 9:45 A.M.; Morning Worship 11:00 A.M.; Training Union 6:30 P.M. Evening Worship 7:30 P.M.; Mid-Week Service, Wednesday 7:30 P.M. Cooperating with Southern Baptist convention.

NARBONNE AVENUE BAPTIST CHURCH, (Cooperating with the Southern Baptist Convention), 24730 Narbonne Ave., Lomita. Bob Wells, pastor. Phone Lomita, 2238J. Sunday School 9:45 A.M., Training Union 6:30 P.M. Worship Services 11:00 A.M. & 7:30 P.M. Praper Service Wednesday 7:45 P.M.

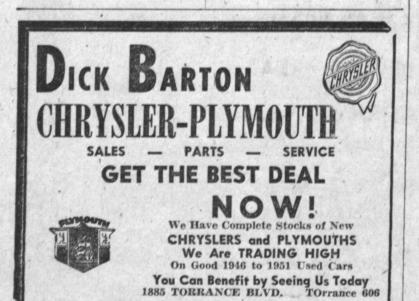
THURCH OF THE NAZARENE-1501 West Carson Street. Rev. Freeman A. Brunson, Pastor.
Sunday School, 9:45 A.M. Morning worship, 11:00 A.M. Youth
Groups, 6:30 P.M. Evening Service, 7:30 P.M. People's Meeting Wednesday, 7:30 P.M.

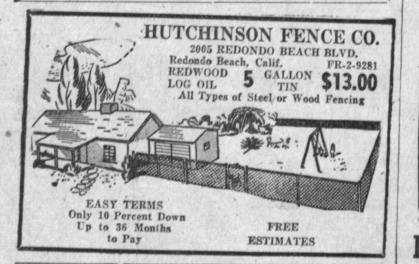
TORRANCE ASSEMBLY OF GOD CHURCH—1317 Cravens Avenue, Across from Library. Henry and Ida W. Sande. Pastors, Phone 1725-M. Sunday School 9:45 A.M. Morning 11:00 A.M. Christ Ambassador Service 7:00 P.M. Evangelistic Service 7:30 P.M. Mid-Week Service Thursday evening 7:30 P.M.

FIRST LUTHERAN CHURCH-Located on Acacia and Sonoma in Torrance, Rev. Paul Wenske, Pastor, Res.: 2550 El Dorado. Phone 3397-W. Church Office: 1610 Acacia. Phone 591. Sunday School 9:30 A.M. Morning Worship Service 10:45 A.M.

CHURCH OF RELIGIOUS SCIENCE-503 So, Catalina Avenue (Masonic Temple) Redondo Beach, California. Rev. Earl D. Barnum, Pastor. Phone FR. 4-8331. Sunday Morning Service, 11::00 A.M. Children's Church, 11:00 A.M. Wednesday Meditation Hour, 1:00 P.M. Friday evening service, 8:00 P.M.

FIRST CHURCH OF CHRIST SCIENTIST, 218th Street at Manuel Avenue. Sunday School, 9:30 A.M. Sunday Service, 11:00 A.M. Wednesday Evening Meeting, 8:00 P.M. Reading Room, 1223 El Prado. Open 10 a.m. to 5 p.m. Daily except Sundays and holidays. Monday and Friday evening 7:00 to 9:00 P.M.









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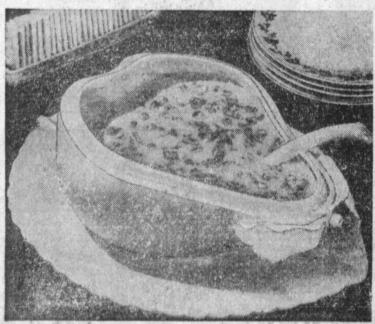
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### Soup's On! Cheese Vegetable Chowder Today



WINTRY WEATHER is the time to have a pot of hearty homemade soup for the family. It Cheese Vegetable Chowder sticks to the ribs and is satisfying

when the weather is cold. Cream type soups are especially nutritious, and here's a speedup method of preparation. Use
economical nonfat dry milk and
you won't need to make a roux,
cooked butter and flour mixture,
to thicken the soup. To illustrate
this quick method we have a
recipe for Cheese Vegetable
Chowder, especially delicious for
school day luncheons, for the
youngsters on a cold day.

But a word about nonfat dry
milk first. It is milk with only the
fat and water removed and it can
be used for cooking, baking, ly nutritious, and here's a speed-

be used for cooking, baking, drinking, with cereals—and it will even whip. Nonfat dry milk is an extremely valuable source of protein, calcium, riboflavin and lactose. It is a very economical food term to the control of the control item, too, for a one-pound package, available at the grocer's, will make five quarts of nonfat milk at only about eight cents a quart.

And now for Cheese Vegetable

(Makes 6 servings)

1/2 cup finely chopped onion 1/4 cup finely chopped green pepper 3 tablespoons butter, melted 4 cups water 1 cup Starlac (nonfat dry milk) 1/4 lb. process American cheese food shredded

34 cup cooked whole kernel corn 34 cup diced, cooked carrots or

turnips
34 cup finely shredded cooked
cabbage
10 cup diced cooked potate
14 teaspoons salt
15 teaspoon pepper

Cook onion and green pepper in melted butter in small frying pan until tender and light golden brown. Pour lukewarm water into soup kettle. Sprinkle Starlac (nonfat dry milk) over surface; beat until just blended. Add shred-ded cheese, cooked onion-pepper mixture and the remaining ingredients. Cover kettle and heat to boiling over low heat, stirring often. Serve at once; if desired, garnish each serving with chop-



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