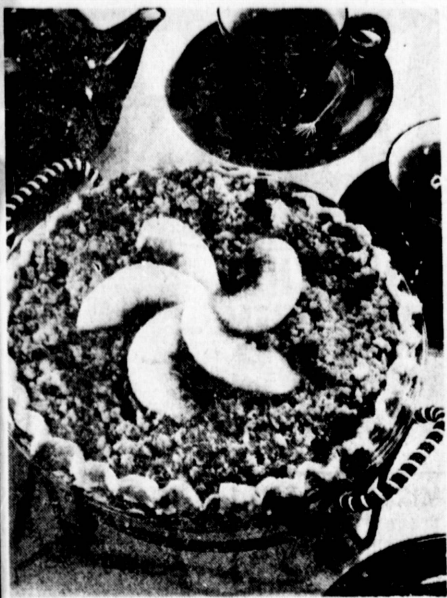


MARY WISE Menu Planners AND SHOPPING SUGGESTIONS



SUMMER FRUITS are fare for every meal of the day. In this crumb topped pie, peaches come to the dinner table in elegant fashion for all the family.

### Catch a Man's Fancy with Fresh Peach Pie

Your family will love this one—fresh juicy peaches in a flaky pie shell, topped with a rich crumb mixture and baked until golden brown. Serve while still slightly warm with fluffy whipped cream and a dash of nutmeg, or with a scoop of vanilla ice cream.

Spiced tea, served hot or iced, makes a nice accompaniment with an alternate choice of milk for the young set.

#### FRESH PEACH PIE

- 1/2 cup soft butter
- 1 cup corn flakes crumbs
- 1 tsp. cinnamon
- 1/4 tsp. nutmeg
- 1/2 cup brown sugar
- 4 cups sliced fresh peaches
- 1/2 cup sugar
- 1/4 tsp. salt
- 1 tbs. lemon juice
- 3 tbs. tapioca
- Crust for 9-inch pie, unbaked

#### CHILL SALADS FOR TASTE REWARD

Make up this summer salad well in advance of the outdoors (east to allow for proper chilling and blending of flavors).

There are taste rewards aplenty in this hearty mélange of rice, ripe olives, bacon, celery and salad dressing enlivened with mustard, onion and pimiento.

#### SUMMER PICNIC SALAD

- 1/2 cup ripe olives
- 4 slices bacon
- 1/2 cup salad dressing
- 1/2 tsp. prepared mustard
- 2 tbs. chopped onion
- 2 tbs. chopped pimiento
- 2 cups hot cooked rice
- 1 cup thinly sliced celery
- 1/2 tsp. salt
- Pepper

Cut olives into large wedges. Fry bacon until crisp; drain and crumble.

Combine salad dressing, mustard, onion and pimiento. Toss rice and olives together, then place half in 1 1/2-quart casserole.

Sprinkle half the celery, bacon and salt over rice; add dash of pepper. Spread with half the salad dressing mixture.

Repeat layers; do not stir. Cover and refrigerate several hours. Before serving, stir carefully; add salt if needed. Makes six servings.

Prepare pastry and fit into pie plate with ruffled edge. Blend butter, crumbs, spices and sugar and set aside.

Peel and slice peaches; combine with sugar, salt, lemon juice and tapioca. Turn peaches into pie shell.

Sprinkle with crumb topping which has been prepared. Cover the pie with loose sheet aluminum foil and bake at 425 degrees for 20 minutes.

Remove foil; bake 20 minutes longer or until fruit is tender and topping is golden brown.

#### PEACH GINGER PIE

- 2 cups sliced peaches
- 1/2 cup flour
- 1/2 cup brown sugar
- 1/4 tsp. ginger
- Pastry for 2-crust pie
- 1 tbs. butter

#### Honey Sundae

Flavor California's light amber-colored honey with a few drops of peppermint extract. Warm slightly. Spoon over vanilla ice cream. Decorate top of sundae with chocolate sprinkles.

Try your six-pack and see if you don't want Metri-Cola on your permanent shopping list.

Beat vanilla ice cream into cranberry juice cocktail until pink and frothy for a delightful frappe.

### Enters Antioch

Timothy I. Murray has begun his college career during the summer quarter at Antioch College, Yellow Springs, Ohio.

Murray, son of Mrs. Keith L. Stone of 22904 A Nadine Circle, is a June graduate of Mira Costa High. He was active in school affairs and in Junior Achievement.

### New Tract Gets

#### Approval Here

Plans for the subdivision of a five-acre parcel at Carson and Perry Streets in the Watson Zoned District has been approved by the Regional Planning Commission.

Don Freeburg, Inc., owner of the property, plans 30 single-family lots in the tract.

### Theme Committee Name For Fishermen's Fiesta

A committee composed of members of the board of directors of the Fishermen's Cooperative Association has been appointed to select a theme for the 1964 Fishermen's Fiesta, according to Roy Katnic, chairman of the committee.

Members include Mike Trama, John Resich, Libby DiBernardo, Tony Mihovich, Toni DiLeva, Frank Iacona, John Pisano, John Evich, and Anthony DiLeva.

The fiesta will be held at the Port of Los Angeles Oct. 23 through 25.

Katnic said dozens of ideas have already been submitted by the public. They include such names as "The Space Age," "World's Fair of the Sea," and "Roaring 20s."

Judges will select the theme on the basis of the spirit of the fiesta. The theme must lend itself to easy interpretation in floral and animated decoration of the fishing fleet. The winning theme will be displayed by all boats in the sea parade which will climax the Parade of Boats at noon Oct. 25.

The person submitting the winning theme will be awarded a \$100 U. S. Savings Bond. Entries must be submitted by Aug. 1 to the Theme Contest, Fishermen's Fiesta, Inc., Box 1390, San Pedro.

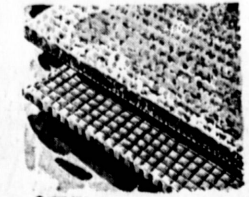
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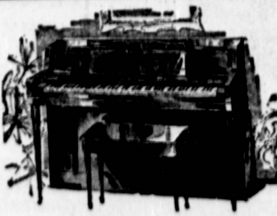
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### Metri-Cola Sparkles

Children of all ages, from the young to the old, are avid for thirst quenchers when the weather is hot.

Diet colas have become the fad since emphasis has been placed on calorie counting. Sugar-free drinks are popular with all.

### SOUP ON ROCKS

When the weather's sizzling, keep a supply of condensed beef broth in the refrigerator for the sporting members of the family.

New Metri-Cola is being introduced in Southern California markets with a special offer price-wise to acquaint all with its tangy cola taste.

Soup on the rocks, literally born of a golf course ten years ago, has become a classic refresher with all sportsmen.

Sugar-free Metri-Cola with less than one calorie per bottle has a bright, clean taste with just the right amount of zest for enjoyment. It sparkles with tingling goodness.

After a game of tennis or a rigorous swim, try this tangy tinkling restorative. Fill a roomy glass with ice cubes.

Try your six-pack and see if you don't want Metri-Cola on your permanent shopping list.

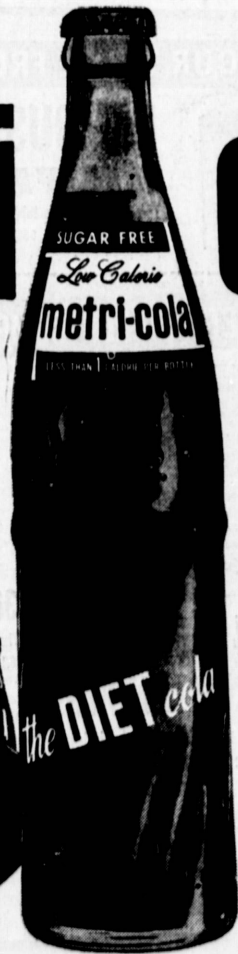
Pour condensed beef broth right out of the can over cubes. Serve with lemon or lime.

Beat vanilla ice cream into cranberry juice cocktail until pink and frothy for a delightful frappe.

One can makes 2 to 3 servings. Caution: Be sure to use beef broth, not consommé. Consommé contains gelatin which thickens on ice.

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