



PILLSBURY • 5 VARIETIES • SAVE 18c

CAKE MIX

- CHOC. FUDGE
- DUTCH DEVIL
- FOOD
- YELLOW
- WHITE
- SWISS CHOC.

25c

STARKIST • NO. 1/2 CAN • SAVE 10c • LIGHT MEAT

TUNA

CHUNK
STYLE

23c

BEST FOODS • 16 OUNCE JAR • SAVE 10c

MAYONNAISE

29c



PRICES EFFECTIVE JULY 15, 16, 17, 18, 19
WED., THURS., FRI., SAT. AND SUN.
ALL ITEMS LIMITED TO STOCK ON HAND

and 'POP'
'EM IN
YOUR
BAG!

REPEATED by
POPULAR
DEMAND!

12 OUNCE CANS
THIN LINE OR REGULAR • ALL FLAVORS

BALA CLUB POP

5c

SAVE
4c

CASE OF \$1.20



BETTER PRODUCE AT A BETTER PRICE

and you get
GREEN STAMPS, TOO!

IDAHO'S FINEST
SWEET
FRESH

GENUINE
SWEET AND JUICY

**THOMPSON
SEEDLESS**



**BING
CHERRIES**

GRAPES

FAVORITE
SUMMER
TREAT

29c

29c

SWEET • RED RIPE • LA RODA

PLUMS

ONIONS
SWEET & MILD
SPANISH **3 10c**

LEMONS
THIN SKIN
JUICY **3 10c**

**ARTICHOKE
HEARTS**
REGINA MIA • MARINATED
6 OUNCE JAR **29c**

LOCAL GROWN • CRISP • LARGE SIZE

CUCUMBERS

5c

LIQUID • REG. \$1.00 • INCL. 10c OFF
PRELL SHAMPOO 59c

LARGE SIZE • REGULAR 39c
CUTEX POLISH REMOVER 24c

7-OZ. BOTTLE • REGULAR \$1.03
VITALIS with V-7 73c

ALPHA BETA 'BY THE PIECE' • MILD
CHEDDAR CHEESE 59c

ALPHA BETA • 8 SLICES • SAVE 16c
PROCESSED AMERICAN
SLICED CHEESE 4 FOR \$1.00

ALPHA BETA • SLICED • 6 OZ. PKGS.
LUNCH MEAT 4 FOR \$1.00

SALAMI • SPICED • LARGE BOLOGNA AND ALL DEEF BOLOGNA

3 OUNCE SIZE • 10c OFF LABEL
LIPTON INSTANT TEA 79c

LIPTON TEA BAGS BOX OF 48 **69c**

HEAR THE
ANGELS
IN ACTION
KMPG-710
ON YOUR DIAL
SEE THE ANGELS IN ACTION
HOME GAMES THIS WEEK
JULY 18, DETROIT
DOUBLE HEADER

REGULAR
KOOL AID
ALL FLAVORS
SAVE 2c
3c

6-OZ. CAN • FROZEN • RED OR YELLOW
Hawaiian Punch 6 10c

IDAHO VALLEY • FROZEN • SAVE 6c
HASH BROWNS 19c

PACKAGE OF 6 • FROZEN • SAVE 10c
MORENO'S TACOS 39c

FROZEN • 26-OZ. • SAVE 20c
Ocoma COBBLERS 69c

REGULAR • DRIP OR FINE
HILLS COFFEE 1-LB. CAN 79c

CARNATION • 6-OUNCE JAR
COFFEE-MATE 39c

EVERYDAY AT ALPHA BETA... **BEEF PRICES GO DISCOUNT**
and you get GREEN STAMPS, TOO

ALPHA BETA Trimmed-Rite BEEF • BONE IN
SIRLOIN STEAK 89c

U.S.D.A. GRADE A • FRESH OR FRESH FROZEN
6 TO 8 LB. AVERAGE
Beltville TURKEY 39c

ALPHA BETA Trimmed-Rite BEEF • 26c lb. BELOW DISCOUNT
T-BONE STEAK 99c

ALPHA BETA Trimmed-Rite WESTERN BEEF
RUMP OR BOTTOM ROUND
BEEF ROAST NO BONE 79c

ALPHA BETA Trimmed-Rite BEEF • 20c lb. BELOW DISCOUNT
PORTERHOUSE 1 09c

CORN KING OR DUBUQUE • SMOKED
READY TO EAT
CANNED HAMS 5 36c

BUTTERED • 15 OUNCE PACKAGE
BEEF & VEAL STEAKS 69c

BREADED FISHSTICKS 39c

RATH BLACKHAWK • 1-LB. PACKAGE
SLICED BACON 49c

LUX LIQUID
12-OUNCE SIZE
35c

PRE-MOIST TOWELETTES
PKG. OF 22 **69c**

POISE ROLL-ON DEODORANT
\$1.25

CODE TEN LARGE TUBE
3 1/2-OZ. **79c**

KLEENEX
BOX OF 400 **25c**

QUART PLASTIC CONTAINER • SAVE 6c
Cold Water 'ALL' 69c

GOLDEN DAYS 303 CAN
SLICED BEETS 10c

AURORA BATHROOM TISSUE
ASSORTED COLORS
2 19c

ALPHA BETA Celeste COUPON
FREE ONE ONLY
Celeste PLATINUM BANDED
GLASS OF YOUR CHOICE!
WITH THIS COUPON AND MINIMUM \$10.00 PURCHASE
(EXCLUDING FLUID DAIRY PRODUCTS)
ADULTS ONLY
COUPON GOOD THROUGH TUES., JULY 21

THESE SALE PRICES EFFECTIVE IN ALL
110
ALPHA BETA MARKETS
TORRANCE
2720 Cabrillo Ave.
5130 190th St., at Anza
REDONDO
1880 S. Pacific Coast Highway
DOMINGUEZ HILLS
190th St. at Avalon