

A Project for Summer: Keep the Kids Healthy

by K. H. SUTHERLAND, M.D., County Health Officer

The problem of keeping children healthy, happy and busy, and out of mischief during the summer holidays is one that parents of school-age children must soon face if they haven't already done so. The possibility of sending the youngsters to a summer camp for a couple of weeks or more should be considered, for

they provide excellent supervision and a complete and delightful change of environment.

Summer camps are steadily growing in popularity. Back in 1952, when organized camping was first started in Southern California and the local Camp Bureau was formed, there were only a few children's camps in this area. Now there are more than

175, some in the mountains, in the desert or near the sea.

THE COST varies considerably. Fees are usually very modest, but a few "deluxe" camps are quite expensive. Those parents who cannot afford summer camps for their children may apply to the Camp Bureau for "camperships," and a number of these are still available. The ex-

pense is underwritten by certain organizations and by various church, civic, and youth groups.

There are also special camps for handicapped children. Some of these take blind or diabetic children or those with a cardiac condition or other physical handicap, while certain facilities are available for the mentally retarded. There is also one camp for emotionally disturbed boys. Some of these camps are free; others charge a small amount, and a few camperships are available as well. All handicapped children are kept under close medical supervision.

CAMPS HAVE the same sanitation problems that a small community does, so all resident children's camps within the jurisdiction of the Los Angeles County Health Department are under health department supervision. All camp permits must be approved by health officials, and this means that all facilities are thoroughly inspected before the camp operators are permitted to open for business. Throughout the entire summer camping season, which generally runs from around June 1 to the first or second week in September, all camp facilities are routinely inspected by sanitarians from

the Mountain and Rural Section of the Bureau of Sanitation.

Parents can be assured that clean and wholesome food will be served on clean dishes; that the children will be supplied with safe drinking water; that clean sleeping quarters will be provided; that swimming pools and swimming areas will be inspected; and that all camp wastes will be disposed of properly. In short, the camp environment will be a safe and healthful one.

THE SKILLS of out-of-door camping are taught in the camps, and creative recrea-

tion rather than competitive sports is emphasized. All forms of activity and matters pertaining to health habits including food, rest and sleep, are under the direction and guidance of experts. In short, parents can be assured that their children are in good hands, and that they are having a wonderful time.

A free Camp Directory

which contains detailed information on all of the approved camps in Southern California may be obtained from the Camp Bureau. If interested, send a 5 cent stamp with your request to the Camp Bureau, Welfare Planning Council, 731 S. Hope St., Los Angeles, Calif. 90017, (MADison 2-1231).

BIRTHS

SOUTH BAY HOSPITAL

CANNO—Mr. and Mrs. Thomas, 2734 Dalemead, a girl, Danette Rose, June 1.

MANDISH—Mr. and Mrs. Michael, 20927 Amie St., a girl, Michele Ann, June 2.

HOWELL—Mr. and Mrs. John, 559 1/2 E. 23rd St., a girl, Janet Diane, June 3.

HAYES—Mr. and Mrs. Jerry, 22809 Anza Ave., a girl, Paul Rae, June 5.

MABRY—Mr. and Mrs. Gene, 21723 Dewey Ave., a girl, Melissa, June 7.

REIDIN—Mr. and Mrs. William, 3620 W. 27th Place, a boy, Timothy Alan, June 7.

ELIOT—Mr. and Mrs. John G., 16425 Taylor Court, a boy, Michael Kent, May 19.

MOLDENHAUER—Mr. and Mrs. Roger, 22101 S. Figueroa, a girl, Tammy, May 19.

COFFMAN—Mr. and Mrs. Daniel, 25230 Leytan St., a boy, Daniel Andrew, May 22.

KAY—Mr. and Mrs. Arnold, 23835 Susana Ave., a boy, Ross Andrew, May 27.

DEAROUTIN—Mr. and Mrs. Marcel, 1714 255th St., a girl, Machele Lynne, May 28.

MODY—Mr. and Mrs. Keith, 4204 W. 231st St., a boy, Brian Keith, May 28.

BILES—Mr. and Mrs. David, 20903 Amie St., a girl, Cheryl Sue, May 29.

LEDESMA—Mr. and Mrs. Emilio, 23858 Hawthorne Ave., a girl, Kimberly Lynn, May 30.

CORRICK—Mr. and Mrs. Lawrence, 5214 Carmelyst St., a boy, David Lawrence, May 31.

TORRANCE MEMORIAL HOSPITAL

WILSON—Andrew and Phyllis, 1628 W. 203rd St., a boy, Andrew Stuart Jr., June 18.

SCOTT—Mr. and Mrs. B. B., 18115 Bailey Dr., a boy, Brian Richard, June 18.

TRAYLOR—Mr. and Mrs. Lonnisa A., 3219 W. 154th St., a girl, a boy, Timothy Alfred, June 17.

COMPTON—Mr. and Mrs. Paul, 913 Diamond, a girl, Deborah Mae, June 18.

SWEET—James and Joan, 1010 W. 22nd St., a girl, Jane Lynn, June 18.

WEAVER—Mr. and Mrs. William R., 120 4th Pl., a girl, Cindy Jeanne, June 15.

QUIGLEY—Mr. and Mrs. Larry J., 1641 W. 219th St., a boy, James Michael, June 18.

LOTTA—Mr. and Mrs. Joseph G., 1410 W. Sanderson St., a girl, Teresa Louise, June 12.

COLE—Mr. and Mrs. James R., 919 Ridgewood Pl., a girl, Julia Ann, June 14.

AMLING—Mr. and Mrs. Norman, 223 S. Mar, Redondo Beach, a boy, Edward Arthur, June 10.

NAPHERAL—Daniel and Judith, 1648 Plaza Del Amo, a boy, Daniel Stanley, June 8.

HILL—Mr. and Mrs. Lee O., 24332 Oak A., a boy, Richard, D'Voe, June 9.

MASTROLUCA—Joseph Douglas and Christine, 114 E. 213th St., a boy, Scott Anthony, June 12.

REINHOLD—John Ralph and Betty, 2443 Border Ave., a girl, Sherry Jean, June 10.

DOUGLAS—Lee and Mimi, a boy, Gerald Lee, June 9.

SULLIVAN—Mr. and Mrs. Barry Lee, 10427 Margarita Ave., a boy, Devin, a boy, Randy Scott, June 8.

DICKENS—Mr. and Mrs. Phil, 1336 W. 205th St., a boy, Dennis, June 9.

ADAMS—Mr. and Mrs. George L., 28015 Eshelman Ave., a girl, Julia Rose, June 7.

MEDINA—Mr. and Mrs. Joseph, 221 W. Fiat St., a girl, Rhonda Jean, June 2.

MULLIN—R. L. and Isabel, 1434 W. 224th St., a boy, Barry James, June 5.

HENDRICKS—Richard Boyd and Karen E., 444 Pio Blvd., a girl, Santa Monica, a boy, Wallace R., June 2.

WATSON—Mr. and Mrs. Alonzo F., 15903 Anza, a girl, Michele Joy, June 1.

BURKE—Mr. and Mrs. Robert Joe, 304 Whiting St., a boy, El Segundo, a boy, David Joseph, May 3.

RICHARDS—Mr. and Mrs. W. H., Richards, 11803 S. Crenshaw Blvd., a boy, Jeffrey John, May 3.

DAVIS—Mr. and Mrs. Vernon D., 2311 Androp St., a boy, Steven Drew, May 21.

POITRAS—Mr. and Mrs. Robert S., 25403 Oak St., a girl, Lomita, a girl, Rebecca Simon, June 2.

PALK—Lewis A. and Jo, 2935 W. 27th St., a boy, Donald Patrick, June 2.

CHEERNIK—Dr. and Mrs. Sibert A., 340 1/2 Calle Miramar, Redondo Beach, a girl, Renee Leslie, June 2.

HOSEN—Mr. and Mrs. James, 24813 Eshelman Ave., Lomita, a boy, James Eric, June 6.

CHAPMAN—Mr. and Mrs. Derris E., 3504 Garnet St., a boy, Craig Mason, June 3.

WOLVERTON—Mr. and Mrs. Richard A., 2930 Opal St., a boy, Gary Robert, June 5.

KOURY—Mr. and Mrs. Joseph Koury, 16808 Korblum St., a girl, June 4.

JENCOVICH—Mr. and Mrs. Edward, 3410 Broadway, Huntington Beach, a girl, Paige Ann, June 3.

RAHN—Mr. and Mrs. Robert L., 22510 Kathryn Ave., a boy, Steven Dean, June 8.

SUBES—Mr. and Mrs. Dixie Lee, 928 W. 7th St., San Pedro, a girl, Verly Marie, June 8.

BRANCH—Mr. and Mrs. Thomas, 623 N. Eucalyptus Hawthorne, a girl, Stacy Ann, June 5.

FOSTER—Stephen and Judy, 1611 Greenwood Ave., a boy, Todd Charles, June 12.

GASPAROVIC—Mr. and Mrs. Anthony, 2103 Speyer Lane, a boy, Anthony Dennis Reid, June 8.

KRISH—Mr. and Mrs. George, 4680 California Ave., a girl, Kimberly Joyce, May 25.

VOLPI—Mr. and Mrs. Rocel, 1602 Spreckles Lane, a girl, Ruth Ann, May 25.

KING—Mr. and Mrs. Daniel, 2228 Curtis, a girl, Schelly Lynn, May 24.

JOHNSON—Mr. and Mrs. Charles, 1524 W. 227th St., a boy, Kerry Raymond, May 26.

PIKE—Mr. and Mrs. Gilbert, 22922 Cabrillo Ave., a boy, Joseph Ronald, May 26.

HILLTON—Mr. and Mrs. Anthony, 5254 Delores Drive, a girl, Yvette Renee, May 27.

MARTINEZ—Mr. and Mrs. Ted, 1631 W. 228th St., a girl, Jolleen Sur, May 28.

GLAGOVICH—Mr. and Mrs. Louis, 1618 W. 251st St., a girl, Cecilia Jo, May 28.

THOMAS—Mr. and Mrs. Jonny, 1307 W. 218th St., a girl, Teri Ann, May 28.

WOOLLEY—Mr. and Mrs. Boris, 1529 Paseo Del Sol, a boy, William Rodney, May 29.

EDWARDS—Mr. and Mrs. Larry, 15333 Elgar Ave., a girl, Catherine Dulary, May 19.

KONDEBS—Mr. and Mrs. Anthony, 26316 S. Western Ave., a girl, Cheryl Ann, May 17.

BARRROWS—Mr. and Mrs. Everett, 214 W. 223rd St., a boy, John Roy, May 18.

PELLE—Mr. and Mrs. Tom, 2252 W. 247th St., a boy, Timothy Dale, May 20.

DALDOSS—Mr. and Mrs. Lee, 318 Levin St., a boy, Ronald Lee, May 21.

BURNS—Mr. and Mrs. Joseph, 6876 Eddinghill Dr., a boy, Michael Andrews, May 21.

McGILL—Mr. and Mrs. Wallace, 141 E. 214th St., a boy, Leonard Edward, May 21.

RADFORD—Mr. and Mrs. Robin, 26030 Oak St., a girl, Kimberly Leigh, May 21.

CHAMMAN—Mr. and Mrs. Hugh, 1504 Engracia Ave., a girl, Louise Ann, May 21.

ARRUCKLE—Mr. and Mrs. David, 1332 W. 218th St., a girl, Kristine Lynn, May 22.

PALMER—Mr. and Mrs. Edward, 1645 Beech Ave., a girl, Natalie Marie, May 23.

BROWN—Mr. and Mrs. Charles, 22712 Enola, a girl, Dana Marie, May 24.



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Lamb Chops
BLADE CUT

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43¢

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49¢ lb



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Washington, D.C. 20548

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