



REALTY FAMILY . . . David Dawes Realty, Inc. is a family affair, as shown here during opening of the new Dawes Professional Building at 2430 Torrance Blvd. Seated is Mrs. Dawes and behind her (from the left) are David Sr., Mrs. Ted Dawes, Ted, Mrs. David Dawes Jr., and David Dawes Jr.



WIN SCHOLARSHIPS . . . William Waterman (second from left) and Joyce Weekly were named winners of the National Supply Management Club's annual scholarship awards this week by club president A. D. Davis (left). Waterman will graduate at Torrance High tonight, while Miss Weekly will get her diploma at North High. Pictured with them is L. S. Hecht, chairman of the club's scholarship committee.

Breathing Not Always An Automatic Process

By K. H. SUTHERLAND, M.D.
County Health Officer

Though breathing is normally an automatic, unnoticed act, it is a matter of constant concern to the victims of such respiratory disorders as asthma and pulmonary emphysema. And yet despite available medical skills, the number of people afflicted with these and other respiratory conditions has steadily increased in the past few years.

Research workers have attempted to find the reasons for the increase and some theories on possible causes have recently been published. Chief among them is the fact that a change has apparently taken place in the nature of the infective agents that are attacking man in ever-larger numbers, particularly in the all too familiar staphylococcus and the seemingly ever-growing family of viruses.

Then, too, life expectancy has increased and the death rate has lowered, but the consequences of these changes, whatever they may be, have not been adequately examined.

IT IS POINTED out that owing to the wide use of antimicrobial agents (antibiotics, etc.), exposure to such diseases was lessened in years past and the active immunity normally acquired through constant exposures was considerably decreased. In so far as the respiratory diseases are concerned, this loss of active immunity has apparently increased the general susceptibility to these infections.

That the population is highly vulnerable to respiratory diseases was revealed through a study recently completed by the Los Angeles County Tuberculosis and Health Association. It seems that an estimated 460,000 individuals in Los Angeles County are afflicted with asthma, hay fever, or bronchitis, while deaths from all respiratory

disorders have increased about 30 per cent during the past decade.

Deaths from emphysema, a disease that causes a loss of elasticity in lung tissue and subsequent enlargement of the lungs, have risen as much as 225 per cent. Some of this increase no doubt reflects improved diagnostic techniques and reporting but, even when taking these things into consideration, this rise over the last 10-year period is nevertheless formidable.

NOR IS THE younger generation being spared. Because of the common cold and other respiratory disorders including tonsillitis and influenza-like illnesses, some 2,500,000 school days were lost in Los Angeles County during 1963. This simply reaffirms the fact that acute respiratory disease is the leading cause of school absences.

Respiratory illnesses also result in a substantial economic loss to this community. During a recent one-year period, the conservatively estimated sum of nearly \$33 million was lost in wages because of work absenteeism caused by just four respiratory disorders, namely, asthma, hay fever, chronic bronchitis and chronic sinusitis.

National studies reveal that such respiratory diseases as the common cold, influenza, asthma, pneumonia, emphysema, pneumoconiosis and lung cancer cause 50 per cent of all industrial absenteeism and 30 per cent of all days lost in industry.

CONTINUING an established annual program, the Los Angeles Tuberculosis and Health Association is presently conducting a "symptom alert" campaign, to inform people about the signs of acute and chronic respiratory disease and to emphasize the importance of obtaining early medical assistance in certain cases.

Chronic cough and short-

ness of breath are the most important symptoms to watch for, and these may occur singly or together. The coughing paroxysm is easily noted, but the less obtrusive need to clear the throat frequently or a mild persistent cough are conditions that should be brought to the attention of a physician.

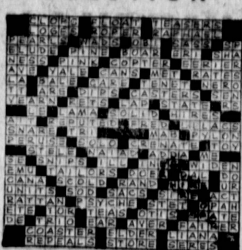
Shortness of breath, though customary after a certain amount of exertion, is not normal after very slight activity or while at rest. In these instances, it may indicate some chest or heart condition that needs prompt medical attention.

When the cough or shortness of breath is accompanied by other symptoms such as wheezing, fatigue, or chest pain, the condition may be already advanced and the need for medical attention already critical.

ACUTE respiratory disease continues to be man's most common illness. While many of these diseases cannot yet be prevented, neglect may cause an acute respiratory condition to progress into one that is chronic. All persons should be alert to this possibility. It is also well to keep in mind that chronic disease often becomes more firmly established and hence more difficult to treat as time goes on.

Booklets on any of the conditions mentioned above may be obtained from the Los Angeles Tuberculosis and Health Assn., 1670 Beverly Blvd., Los Angeles, California 90026.

SOLUTION



20TH YEAR . . . Mrs. Mary E. Westerman, 3110 Merrill Drive, is observing her 20th anniversary as an employe of Security First National Bank. She is assigned to the head office trust department in the capacity of tax accountant.



HENRY OTA
College Graduate

Youth Gets BA Degree

A Dartmouth College senior from Torrance was among the some 700 members of the senior class to participate in commencement exercises held here recently in Dartmouth's 195th year.

Henry Y. Ota, son of Mr. and Mrs. Harry T. Ota of 1632 W. 208th St., received a bachelor of arts degree from President John Sloan Dickey, Jean Lesage, prime minister of the Canadian province of Quebec, delivered the commencement address.

At Dartmouth, Ota majored in history and was a brother of the Delta Upsilon fraternity. He was also active in intercollegiate baseball and Sphinx, one of three senior honor societies. He is a graduate of the Gardena High School.

Public Notice

TH-2446
FICTITIOUS NAME
The undersigned do certify they are conducting a business at 1956 Beckworth, Torrance, California, under the fictitious firm name of TORRANCE HEATING AND AIR CONDITIONING and that said firm is composed of the following persons, whose names in full and places of residence are as follows:
DON KROLL, 1868 Beckworth, Torrance, California
TERRY LYNN, 1801 Beckworth, Torrance, California
Dated May 21, 1964.

Don Kroll
Terry Lynn
State of California, Los Angeles County:
On May 21, 1964, before me, a Notary Public in and for said State, personally appeared Don Kroll and Terry Lynn known to me to be the persons whose names are subscribed to the within instrument and acknowledged they executed the same.
Irving M. Lessin,
Notary Public
My Commission Expires April 11, 1968.

LESSIN & FOLEY
1608 Craven Avenue
Torrance, California
8-May 21, June 7, 14, 21, 1964.

TH-2462
NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST
NOTICE IS HEREBY GIVEN THAT, on Wednesday, the 24th day of July, 1964, at the hour of 10 a.m. on said day, at the East entrance of the Hall of Justice, 211 West Temple Street in the City of Los Angeles, County of Los Angeles, State of California, the undersigned, FIRST WESTERN BANK AND TRUST COMPANY, a California banking corporation, as Trustee, under the Deed of Trust executed by SAMUEL A. LOCICERO and PHILomena A. LOCICERO, husband and wife, as Trustors, and recorded August 7, 1961, in Instrument No. 825 in Book T1932, Page 392 of Official Records of Los Angeles County, California, given to secure an indebtedness in favor of CHARLES J. McCREARY and FAYE P. McCREARY, husband and wife, as Beneficiaries, by reason of the breach of certain obligations secured thereby, notice of which was recorded March 3, 1964, as Instrument No. 971 in Book M1466 at Page 241 of said Official Records, FIRST WESTERN BANK AND TRUST COMPANY, California banking corporation, will sell, at public auction to the highest bidder for cash, payable in lawful money of the United States at the time of sale, without warranty as to title, possession or encumbrances, the interest conveyed to and now owned by said Trustors under said Deed of Trust, in and to the following described property, to wit:

Lot 20 of Tract No. 19120 in the city of Torrance, county of Los Angeles, state of California, as per map recorded in book 451 pages 24 and 25 of Maps, in the office of the county recorder of said county.
for the purpose of paying obligations secured by said deed, including fees, charges and expenses of the Trustee, advances, if any, under the terms of said Deed, interest thereon, unpaid principal of the note secured by said Deed, with interest thereon as in said note and by law provided.
Dated June 3, 1964.
FIRST WESTERN BANK AND TRUST COMPANY
a California banking corporation, Trustee
By B. H. Hastings,
Assistant Trust Officer
8-June 7, 14, 21, 1964.

Teachers Preparing Booklets

Torrance history will be written in the vocabulary of a third grader in a series of booklets being prepared by a team of district teachers.

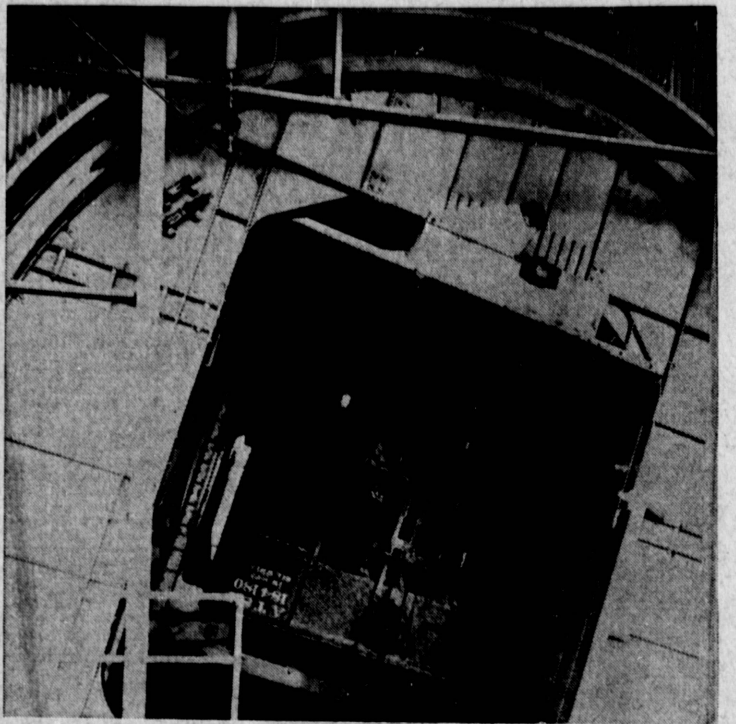
The purpose of the project is to prepare texts to be used this fall by third-grade students studying the city's growth. Preparing the pamphlets will be Mrs. Bernadine Schrank, Mrs. Ada Belle Myers, and Mrs. Constance Reeves.

Using terminology towards nine-year old readers, the teachers will re-write material gathered last summer by the district and compiled with the cooperation of the Torrance League of Women Voters.

SEVEN BOOKLETS will be ready in early fall to accompany the teacher resource book currently in the printing. Purpose of the separate pamphlets is to encourage growth of research skills at an early age.

Photographs taken by early citizens of Torrance will be used to illustrate the text. Supplementing the booklets in the classroom will be sets of study prints developed by district audio-visual personnel and a study trip based on historical aspects of Torrance.

INCLUDED IN the trip itin-



TURNABOUT . . . One of 224 Santa Fe freight cars carrying raw petroleum coke from the Great Lakes Carbon Co. Torrance plants is turned bodily upside down to unload its contents at the Port of Long Beach. The coke was emptied onto a conveyor belt after being dumped from the freight car and loaded onto a freighter (ocean type) for shipment to Japan.

ery will be visits to sites of early homes, early industries, schools, roads, libraries, churches and landmarks. Titles of the booklets being developed are: "Rancho San Pedro," "A City is Born—Its early homes, early industries, schools, roads, libraries, churches and landmarks." "Founding Fathers," "Ranching Business and Industry," "Transportation, Roads and Communication," "Education Becomes Big Business," "Recreation and Leisure Time Activities." Directing the project is Mrs. Gertrude Aldershof, curriculum consultant.

JEFF COBB

By Fred Herman



RED RYDER

By PETE HOFFMAN

