



ASSORTED COLORS & STRIPES

PATIO PILLOWS

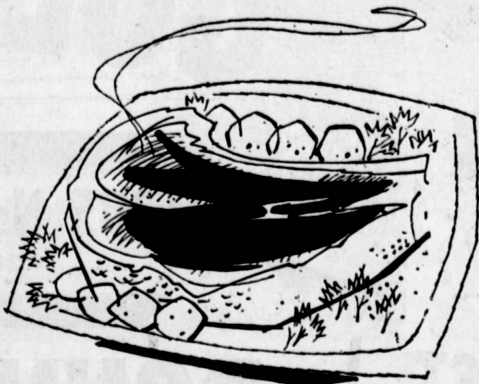
\$1.98 each

Perky patio pillows, bright with color, to add a gay touch to your outdoor lounging area! Bouncy foam rubber, covered with practical vinyl in a choice of colors and stripes! Each pillow is 18 inches square, 2 1/2 inches deep, with piped edges.



GOLDEN CREME IMITATION ICE MILK

half gallon **25¢** save 14c



U.S.D.A. "CHOICE" BEEF

T-BONE STEAK
87¢ lb.

U.S.D.A. "Choice" Beef. Tender and juicy from grain-fed cattle. Always a family favorite!

BONELESS BEEF ROAST 79¢

U.S.D.A. "Choice" Beef. Show off with a butter tender steak... cut just right for broiling.
BONELESS TOP SIRLOIN STEAK \$1.27

U.S.D.A. "CHOICE" BEEF

SIRLOIN TIP OR PORTERHOUSE CLUB STEAK 87¢ lb. **STEAK 98¢** lb.



U.S.D.A. "Choice" Beef. Rich, red, tender, juicy meat, hand-selected — guaranteed to please.

CHUCK STEAK 37¢

U.S.D.A. "Choice" Beef. For a different and economical roast, season well and simmer slowly.

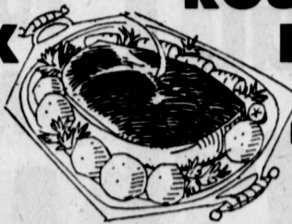
BONELESS BRISKET ROAST 79¢

Start your day with the sugar-cured flavor of sizzling crisp bacon. Sliced 1 pound package

FARMER JOHN SLICED BACON 49¢

U.S.D.A. "CHOICE" BEEF

BONELESS ROUND STEAK 79¢ lb. **ROUND BONE ROAST 49¢** lb.



Round. A seafood favorite on Friday. Ready to fry for lunch or dinner. Frozen 1 lb. pkg.

BOOTH BREADED SHRIMP 89¢

Heat and serve with your favorite seafood sauce to delight any gourmet. Frozen 7 ounce pkg.

BOOTH HEAT & EAT SCALLOPS 49¢

GOURMET SEAFOOD

Fresh Pacific Whitefish Fillets 59¢.

Frozen Skinless Sand Dabs 69¢.

Parfait Cakes 59¢
Ripe Olives 29¢
Pickle Sticks 33¢
Mash Potatoes 29¢



VINE RIPENED SWEET ANTALOUPES 10¢ lb.

CILERY 10¢
1-lb. cello 5¢
10¢

DEL AMO SHOPPING CENTER CORNER OF HAWTHORNE & SEPULVEDA

MAGIC CHEF



MARY WISE Menu Planners



THIS meatless casserole of milk and honey limas is substantial inexpensive fare. It is a high protein dish with ginger and honey adding a spicy tang to beans.

MILK AND HONEY

Lima Casserole Leads for Meatless Dinner

In many homes throughout the year the spotlight swings to meatless casseroles for occasional one-night stands.

Today's recipe relies on the good protein of beans for that nutritive value. When beans are cooked with or accompanied by dairy foods, their protein is what nutritionists call "whole."

The smooth cream sauce used here is flavored with honey and ginger to give a sweet, spicy tang to the beans. This casserole is tops in nutrition and flavor and aids the budget because of low cost.

LIMA CASSEROLE

- 2 1/4 cups dried lima beans
- 3 quarts cold water
- 1/4 cup butter
- 1/4 cup flour
- 1/2 tsp. ginger
- 1 1/2 tsp. salt
- 2 cups milk
- 1/2 cup honey
- 1 cup soft bread crumbs
- 1 tbs. melted butter
- 1 tbs. chopped parsley

Soak beans overnight in the cold water. Drain and cook as package directs until tender. Drain well.

Pour them in 2-quart casserole. Melt butter in small saucepan. Stir in flour, ginger, salt. Add milk slowly, stirring constantly until sauce is smooth and thickened.

Remove from heat and blend in honey. Pour over lima beans. Toss together

Honey sweetened jams are superb. Use commercial fruit pectin, following directions explicitly. Use same amount of honey as other sweeteners.

Bake Bridgford Bread

WHITE OR HONEY WHEAT

3 one lb. loaves 49¢
Frozen - It's Easy!

SO LEE SAY:

WHENEVER YOU WANT MOST DELICIOUS SOY SAUCE FOR COOKING, GET REPUTATION AS MASTER CHEF!



RECIPE OF WEEK!

Beachcomber Cantonese Spare ribs
2 sides pork spare ribs 1 cup sugar
2 cups SOY SAUCE 2 tsp. salt
SOY SAUCE 2 tbs. catsup
Trim the ribs and marinate for an hour in SOY SAUCE, sugar, salt and catsup. Roasting time will vary with the thickness of the ribs. Bake at least three times during cooking. Serve with SOY SAUCE RIB SAUCE.



to please any cat...



- all tuna
- liver 'n meat
- chicken
- fish
- meaty mix
- kidney 'n meat

6 Dr. Ross' CAT FOODS



More kinds of more people listen most to **KMPC** dial 710