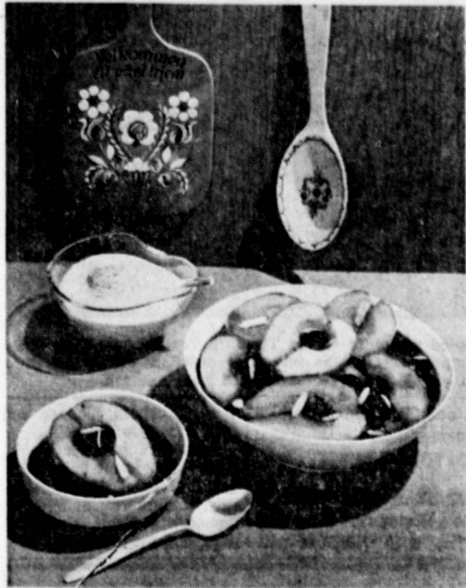


MARY WISE Menu Planners AND SHOPPING SUGGESTIONS



### Scandinavian Pears Become International

Fresh pears acquire a new international flavor when baked in the Scandinavian manner.

Take this fruit of world renown, bake it with red tart cherries for an intriguing color accent, serve it with slivers of toasted almonds for texture and give it a finish of smooth sour cream with a dash of nutmeg.

It is an intriguing dessert that will receive the acclaim of your family and guests.

Anjou pears continue to be in the market for your enjoyment. They are picked at the proper stage of maturity and are ripened according to market demands.

Ripeness of winter pears is not determined by color. The true test for ripeness is when they yield to gentle pressure.

Pears of today have a quality which far surpasses their European counterparts of past years. The ancient Greeks and Romans considered them a real delicacy but they would make a poor showing today.

Seedlings and cuttings brought to this country by early emigrants and developed by pioneers when they came westward flourished in the volcanic soil of the western slope.

Pears used for baking as in the following recipe need not be as ripe as may be desired for fresh eating.

- BAKED PEARS**  
 4 fresh Anjou pears  
 2 tbs. lemon juice  
 1 can (1-lb.) red tart cherries  
 1 tbs. cornstarch  
 1/4 tsp. cinnamon  
 Few drops red coloring  
 Dairy sour cream  
 Toasted slivered almonds  
 Nutmeg

BAKED PEARS take on international flavor when combined with red cherries, almonds and a hint of nutmeg. It is interesting dessert that will receive acclaim from family and guests.

### Lenten Menu Features Swordfish

Whether cooked simply or prepared with an elaborate sauce, home-cooked fish and shellfish have an indescribable flavor when correctly handled. During the period of Lent, seafoods play a prominent role in dinner menus.

Swordfish, one of the Seafoods of the Month as chosen by Southern California Fisheries Association, is one of 160 varieties of seafoods available in markets during this period.

How you prepare them depends primarily on whether they are of oily flesh or not. Swordfish tends to have an oily flesh, so it is best broiled or pan-fried.

Sometimes referred to as a "broodtail," swordfish is caught in most coastal waters around the world. It is an excellent game fish so is sought by anglers.

An unusual and temptingly good way to prepare swordfish is to broil it with an olive-oil butter.

- SWORDFISH STEAKS**  
 2 lbs. swordfish steaks, 1-in. thick  
 1 tsp. salt  
 1/4 tsp. pepper  
 1/8 tsp. paprika  
 1/2 tsp. thyme  
 3 oz. butter  
 8 green olives, chopped  
 Parsley

Wipe swordfish steaks with damp cloth. Blend salt, pepper, paprika and thyme. Rub fish lightly on both sides with this mixture and spread 1 oz. butter over top of fish.

Place fish under preheated broiler, 2 to 3 inches from source of heat. Broil for 3 minutes on one side, turn and dot with 1 oz. butter.

Broil 4 minutes or until lightly browned. Melt other ounce of butter; add chopped olives and stir well.

Arrange fish on preheated platter, spread olive butter over top and garnish with parsley.

### HOW TO SAUTE

To saute is to cook on a heavy griddle or skillet with sufficient surface to place mushrooms so they do not touch each other. Use only enough butter or oil combination to prevent sticking.

The skillet should be hot but not searing hot. As soon as edges of mushroom begin to brown and the centers have a cooked appearance, turn each one. Lightly brown on other side.

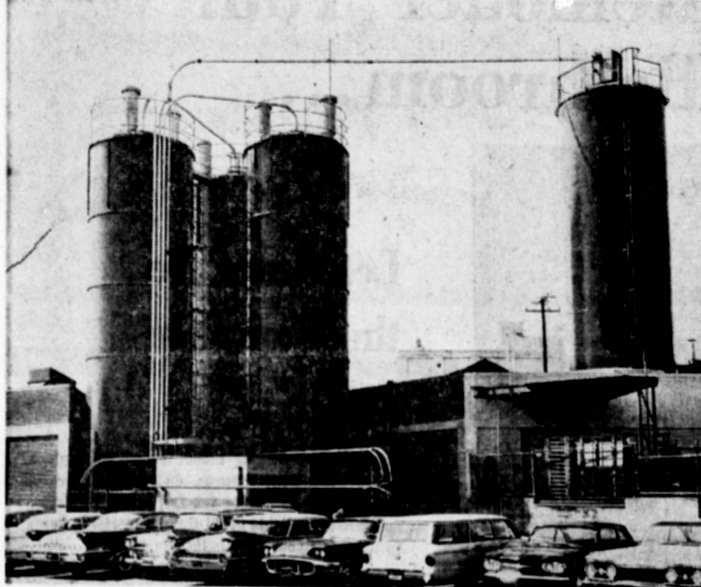
Remove from skillet, salt slightly and use as desired.

### Avocado Interest

Top an open-faced egg or ham sandwich with thin slices of avocado sprinkled with lemon juice and salt. The flavor and color will arouse new interest in sandwiches.

### Pork Loin Roast

Loin roast is a popular pork buy. End-cut loin roasts are more economical than center cut yet the end-cut roasts have the same good flavor and high quality proteins as the fancier roasts.



STORAGE TANKS HOLD BREAD INGREDIENT

These storage tanks for flour at Continental Baking Co. in Beverly Hills together hold 900,000 pounds of the white stuff which reaches them through piped-in process. Automation being the hallmark of making of Wonder Bread, all ingredients go through all processes without the touch of human hands. For this bakery which produces more than one and one-quarter million loaves of bread weekly, the "larder" must contain 700,000 pounds flour, 62,000 pounds sugar, 28,000 pounds shortening and 23,000 pounds yeast. These are astounding amounts for the homemaker to comprehend.

## MAKE THE TRIPLE TEST between WONDER and any other bread



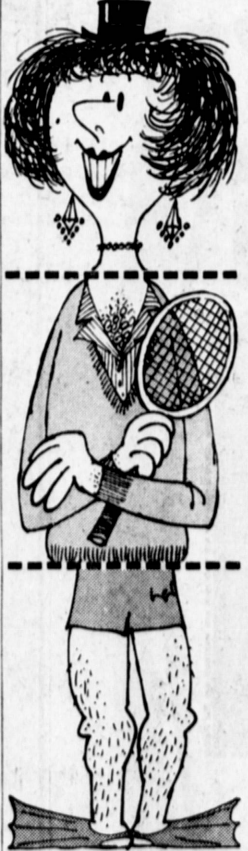
SEE the difference      FEEL the difference      TASTE the difference

## New WONDER "Soft Whirled" Has No Holes-Perfect Texture

Prove it to yourself. Serve your family the bread that has a difference you can see... a difference you can feel... and a difference you can taste. Wonder "Soft Whirled" has perfect texture—has no holes. And every slice has that famous flavor that has made Wonder a favorite all over the country. Get new Wonder "Soft Whirled" Bread today and make the triple test yourself.



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### Choir Will Sing Sunday At Services

The Torrance First Methodist Church participated with nearby Methodist churches in collecting four tons of goods to be shipped to Hong Kong. The shipment, including clothing, toys, blankets, and food supplements, will be picked up in Hong Kong by the Rev. and Mrs. Kenneth McIntosh and distributed to hundreds of refugees and needy people in the densely-populated British crown colony.

John W. Petersen's Easter cantata "The Glory of Easter" will be presented by the Central Evangelical United Brethren Church choir at Palm Sunday services this Sunday at 11 a.m.

The Rev. Walter M. Stanton, pastor of the church, will supply the scripture narration with passages from the Gospels of Matthew, Luke, and John.

Soloists will include Winifred Ruppel, Carol Fair, Carl Pisel, Glenn Briney, and Zwinglio Fraustro. Irene Hoy and Carol Fair will sing the duet.

The choir will be under the baton of Mrs. Irene Hoy, and Mrs. Hilda Findley will be at the organ.

The choir will wear its new robes, a gift of the Women's Guild, for the first time. "The Palms" will be sung by Mrs. Joan Huber prior to the cantata.

Sunday evening services will begin at 7:30 with Dr. Ira McBride, former missionary to Africa, the speaker at the evening service.

Vacation church school at the church will begin Monday and continue through Good Friday. Registration information will be available after services Sunday.

### Noon Service Slated for Good Friday

Good Friday services at the First Baptist Church, 2118 Carson St., will be held from noon to 1 p.m., according to the Rev. Robert H. Coburn, pastor of the church.

The Rev. Coburn will speak on "Divine Appointment" at the services. The Jubilaires, under the direction of Mrs. Joan Hardin, will provide the music. Mrs. Pat Ouwendijk will be the organist.

The Rev. Robert Dehn will assist at the services, to which all members of the community have been invited.

### Collects For Hong Kong Poor

The Torrance First Methodist Church participated with nearby Methodist churches in collecting four tons of goods to be shipped to Hong Kong. The shipment, including clothing, toys, blankets, and food supplements, will be picked up in Hong Kong by the Rev. and Mrs. Kenneth McIntosh and distributed to hundreds of refugees and needy people in the densely-populated British crown colony.

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Support Your Church

CHURCH CALENDAR

Torrance Lomita Harbor City

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**NATIVITY CATHOLIC CHURCH**  
 1447 Eucalypta Ave., Torrance  
 Phone: FA 2-2776  
 Rev. John P. Cremine, Pastor  
**MASS SCHEDULE**  
 Sundays: 6:30, 8:00, 9:30, 11:00 A.M. and 12:15 P.M.  
 St. Joseph's at 8:30 A.M.  
**SATURDAY CONFESSIONS**  
 10:30 to 11:30 A.M.; 4 to 6 P.M.; 7:30 to 9 P.M.  
 St. Joseph's at 7:15 P.M.  
**BAPTISMS**  
 Every Sunday at 1:45 P.M.

**CHRIST THE KING LUTHERAN CHURCH**  
 3706 W. 152nd St., Torrance  
 Maynard V. Midthun, Pastor  
 Phone: Davis 3-6221  
 Res. Davis 2-2465  
 Divine Worship, 8:30 a.m.  
 Sunday School, 9:45 a.m.  
 Divine Worship, 11:00 a.m.  
 Nursery care provided at both services.

**FIRST CHURCH OF CHRIST, SCIENTIST**  
 2118 St. and Manuel Ave., Torrance Calif.  
 Church Services—11 a.m.  
 Wednesday Eve Meetings—8 p.m.  
 Sunday School—10:30 a.m.  
 9:15 a.m. and 11:00 a.m. Children under 10 years of age must be accompanied by parent or guardian for enrollment.  
 Reading Room—1408 Cravens  
 Open 10 a.m. to 5 p.m. daily except Sunday and Holidays. Also 7 to 9 Monday and Friday evenings.  
 All are welcome to attend our services and to use our Reading Room.

**DEL AMO SOUTHERN BAPTIST CHURCH**  
 2915 W. 228th St., Torrance  
 Sunday School—9:45 A.M.  
 Training Union—6 P.M.  
 Worship Services—11 A.M.—7 P.M.  
 Wednesday—Midweek Services—G. A. & R. A. Auxiliaries—Teachers 7 P.M.  
 Prayer Service—7:45 P.M.  
 Choir Rehearsal—8:30 P.M.  
 Pastor—Daniel B. Weaver Jr.  
 Ft. 1440 FT. 1-2925  
**MORNING WORSHIP SERVICE**  
 Broadcast direct from church at 11:00 A.M. over KATV, F.M. 92.5 on the dial.

**SOUTH BAY BAPTIST CHURCH**  
 4545 Sharynne Lane, Torrance, Calif.  
 Pastor, Dr. J. C. Brumfield  
 Frontier 5-3433  
 Sunday School ..... 9:30 A.M.  
 Morning Worship ..... 10:45 A.M.  
 Junior and Primary Church  
 Baptist Training Union 6:00 P.M.  
 Evening Worship ..... 7:00 P.M.  
 Wednesday Prayer Service ..... 7:30 P.M.  
 Nursery and toddler care—All Services. Bus transportation service.  
 Morning Worship Service broadcast Sunday 3:30 P.M. over KBBI-FM.

**FOURSQUARE GOSPEL CHURCH**  
 Corner Arlington and Sepulveda  
 Tel. DA 5-2672  
 Rev. and Mrs. Jas. P. Lowen  
**SUNDAY:** Sunday school 9:30 a.m., Morning Worship 10:45 a.m.  
 (Group Services 6:30 p.m. N.Y.P. Cadets, Defenders)  
**MIDWEEK** Wednesday—Bible Study at 7:30 p.m.  
**PUBLIC INVITED**

**HOPE CHURCH EVANGELICAL UNITED BRETHREN**  
 2543 Artesia (W. 174th St.)  
 Rev. Motrad Bergesen  
 Res. DA 9-5542  
 9:30 a.m.—Sunday School  
 11:00 a.m.—Morning Worship  
 6:30 p.m.—Youth Fellowship  
 7:00 p.m.—Evening Worship  
 Bible Study and Prayer Meeting Wednesday 7:30  
 Nursery care provided for the morning services.  
 DA 5-1012

**UNITY CHURCH OF CHRISTIANITY**  
 (Church House)  
 2256 Torrance Blvd., Torrance  
 Tel. 320-4571  
 Emma M. Muffley, Minister  
 Weekday classes at Church House  
 Sunday Service: Walteria Park Recreation House, 3855 W. 242nd Street in Torrance  
 Affiliated with Unity School of Christianity

**DEL AMO CHRISTIAN CHURCH**  
 4915 Emerald St. (Corner of Emerald and Victor)  
 Phone 371-8414  
 Leslie C. Ashford, Minister  
 9 a.m. Sunday School  
 10 a.m. Morning Worship  
 11 a.m. Sunday School  
 5:30 p.m. Jet Cadets  
 6:30 p.m. Christian Youth Fellowship

**ASSEMBLY OF GOD CHURCH**  
 2440 Hawthorne Blvd., Torrance  
 Rev. O. W. Fish, Pastor  
 Frontier 5-7748  
 Sunday School—10:45 a.m.  
 Morning Worship—11:00 a.m.  
 Children's Church—11:00 a.m.  
 Evangelistic Service—7:30 p.m.  
 Tues. Prayer Meeting—7:30 p.m.  
 Thurs. Young Peoples—7:30 p.m.  
 Evening at 7 o'clock.

**GREYFRIARS MEMORIAL PRESBYTERIAN (Orthodox)**  
 22511 South Figueroa, Torrance  
 Worship hours 11 a.m. and 7:30 p.m. Every Sunday  
 Sunday School at 9:30 a.m.  
 Young People's Fellowship 6 p.m.  
 Prayer Meeting every Wednesday Evening at 7 o'clock.  
 Rev. William J. Bomer, Pastor  
 Mr. Richard Gorom  
 Supt. of Sunday School  
 Thomas Millard  
 Director of Choir

**FIRST METHODIST CHURCH**  
 Carson at 28th Prado  
 Phone: FA 4-3243  
 Rev. Arthur Nagel  
 Res. Phone: FA 2-6231  
 Rev. Edward D. Goodell  
 2 Sessions of Morning Worship and church school at 9:30 and 11:00 a.m. Nursery provided.  
 6:30 p.m.—Methodist Youth Fellowship Meetings

**FIRST BAPTIST CHURCH**  
 at Carson & Manuel St., Torrance, Calif.  
 Phone: FA 4-5000  
 Rev. Robert Coburn, Pastor  
**SUNDAY**—2 Morning Services—9:15 A.M.—10:45 A.M.  
 Sunday School 9:15 for Nursery thru Juniors, College and Adults  
 10:45—Jr. High and High School  
 Fellowship Training—6:15 P.M.  
 Evangelistic Services—7:30 p.m.  
**WEDNESDAY**—Bible Study—7:30 P.M.  
 Community Service and Prayer Services—7:30 P.M.  
 Nursery provided for all services. Also sound proof mothers' room.  
**ALL WELCOME**

**ST. ANDREW'S EPISCOPAL CHURCH**  
 1432 Eucalypta, FA 8-3751  
 Rev. Hugh B. Percy, R. A. B.D., Rector  
 7:30 a.m. Holy Communion  
 8:15 a.m. Family Worship Service followed by Church School and Coffee Hour  
 11:00 a.m. Morning Worship (Choral Eucharist on 1st and 3rd Sundays)  
 (Child care and Nursery provided at 9:15 and 11 a.m. services)  
 Weekdays: Holy Communion at 11 a.m. Thursdays and 6:30 a.m. on All Saint's Days.